



Additional temporary rules for genders, only valid for CTFI National and Regional Championships held in calendar year 2023

Note: The following rules will be in effect until the International Taekwon-Do Federation confirms official permanent rules for international competition which will then replace these.

GENDER

1. Gender Identity

Any binary gender, transgender or gender diverse person is eligible to compete in official CTFI Taekwon-Do competitions.

1.1. In the context of the following rules, the term “Female” refers to an individual living as and identifying as female on a full-time basis.

1.2. In the context of the following rules, the term “Male’ refers to an individual living as and identifying as male on a full-time basis.

2. Gender Nomination

A competitor is required to nominate their gender identity (as either male or female) at the time of registration for competition, and must be able to demonstrate a commitment that their nominated gender identity is consistent across other aspects of everyday life.

3. Gender Transition

In the context of the following rules, the term “Transition(ing)” refers to the process of changing one's gender presentation or sex characteristics to accord with one's internal sense of gender identity. Specifically, relating to the physiological and/or hormonal stage of transition.

4. Gender Eligibility

When determining eligibility to compete in male or female competition categories:

4.1. Those who transition from male to female prior to the onset of puberty, or those who have not yet entered puberty will be eligible to compete in any female category without restriction.

4.2. Those who transition from female to male after the onset of puberty are eligible to compete in any male category without restriction.

4.3. Those who transition from male to female after the onset of puberty are eligible to compete only in following female categories:

4.3.1. Patterns, individual and/or team;

4.3.2. Pre-Arranged Sparring.



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- 4.4. Those who transition from male to female after the onset of puberty are not eligible to compete in any of the following female categories:
 - 4.4.1. Free Sparring, individual and/or team
 - 4.4.2. Special Technique Breaking
 - 4.4.3. Power Breaking
- 4.5. If not eligible for female competition under the above rules, a competitor shall be eligible to compete in male competition.

5. **Confidentiality and Protection**

The rights and confidentiality of ALL competitors, coaches, umpires and officials shall be protected, respected, and upheld at all ITF events. Every individual has the right to choose whether to be open about their gender identity. Disclosing an individual's gender identity/transition/status without permission is a form of bullying, harassment, and a criminal offence. Such actions shall not be condoned nor allowed at any CTFI event.

March 28, 2023

CTFI Tournament & IT Committee CTFI Umpire Committee