



*Yul*

In memory of GM Trần Triệu Quân



**Special Guest**

**IDC**

**Special Guest**

**IDC**  
International  
Do Course  
**Special Guest**

**MARRIOTT HOTEL TERMINAL, YUL AIRPORT**  
**HOSTED BY ART MARTIAUX ÉLÉMENTS**  
**2 - 4 DÉCEMBRE 2022**  
[www.elements-ma.ca/yul.iic](http://www.elements-ma.ca/yul.iic)



GM Trần souvenir t-shirt



By Martial Arts Elements | Taekwon-Do ITF & Kickboxing

Association Régionale de Taekwon-Do Montréal inc. Est. 1987  
Taekwon-Do Longueuil Club inc. (1991) | Taekwon-Do Brossard Club inc.  
(1988)

Founded 1987 by Grand Master Trâm & Michel Morency, VI (Pioneer until 2004)  
Montréal region of Québec (South shore of Montreal Island)  
Principal Office: 260, rue de Gentilly Est, Longueuil, Québec, CA, J4H4A4

Dear Grand Masters, Masters, Instructors and Students,

**This IIC will be dedicated to the memory of Grand Master Trâm.** *In 2020, on the 10<sup>th</sup> anniversary of his passing, the pandemic prevented us from honouring him properly. Now is the time and now will be the place to do it. Allowing us to share a special moment in his honor. One of these moments will be at the Saturday evening Banquet.*

So, on behalf of the CTFI "Canadian Taekwon-Do Federation International", of our Association, our Clubs, my self, and my team, it is our deep pleasure to welcome all Taekwon-Do members, red belts Kup 2 & 1 as well as 1<sup>st</sup> to 9<sup>th</sup> Degree Black belts to the prestigious International Instructors Course (IIC) to be held and conducted at the Montreal Airport Marriott In-Terminal Hotel. The IIC will be held from Friday, December 2<sup>nd</sup>, to Sunday, December 4<sup>th</sup>, 2022, and will be conducted by members of the ITF Technical Committee:

- Grand Master Hector Marano, IX     Argentina, Chairman
- Grand Master Ung Kim Lan, IX     Germany
- Grand Master Pierre Laquerre, IX     Canada

Special Guests:

- Grand Master Paul Weiler, IX     Germany, ITF President
- Grand Master Clint Norman, IX     Canada, CTFI President and Senior Vice-President of ITF
- Master Dr. Janel Gauthier, VII     Canada, Chairman of the Do & Ethics Committee

The IIC course will cover Chon-Ji to Tong-Il. The Grand Masters will help us expand our knowledge and standardize technique. Subjects covered such as: Patterns, Self-Defense, Step Sparring and Theory of Power.

**There will be a special class for the Do, by Dr. Gauthier and Master Joliette Trâm as speakers.** **Why the DO part is relevant to you?** *Studying the Do is an essential component of learning Taekwon-Do. Without studying and promoting moral values, Taekwon-Do is merely a sport of combat, not a true martial art. Taekwon-Do should never be taught without teaching the way of life (i.e., the Do), which is the true nature and spirit of the martial arts.*

We recommend that you make BOTH your hotel booking and your IIC registration in advance so we can accommodate everyone wishing to attend. To help you stay focused on the IIC, meals service will be prepared for concerned participants and will follow the IIC training blocs. We encourage you to purchase the breakfast and lunch package in advance. Service will be in an adjacent room next to the main Dojang.

Finally, we encourage everyone to take advantage of the discounted room rates where the IIC will be held at the Montreal Airport Marriott In-Terminal Hotel.

Respectfully,

Jean-François Filion  
C-5-157, Chairman

Charles Boivin  
C-4-347, Co-Host

Simon Tremblay  
C-3-746, Co-Host

Margaret Vadnais  
A-3-1310, Co-Host

Aymane Alilou  
C-3-769, Co-host

## IIC-162 - In memory of Grand Master Trần Triều Quân

In 2020, on the 10<sup>th</sup> anniversary of his passing, the pandemic prevented us from honouring him properly. Now is the time and IIC-162 will be the place to do it. Allow us to share a special moment in his honor. One of these moments will be at the Saturday evening Banquet. Souvenir t-shirts are available. To commemorate the GM Trần, we are also pleased to announce GM Paul Weiler as a special guest.

For those who knew Gran Master Trần Triều Quân a little but less, here is some links of interest:

- ITF President's Messages, August 2009 : [Reflections-on-improving-our-itf-schools](#)
- ITF President's Messages, December 2007 : [Board of Directors in Democratically-operated Organizations](#)
- ITF President's Messages, September 2006 : [A Successful and Fulfilling Career in ITF Taekwon-Do](#)
- ITF President's Messages, March 2005 : [How can we become TRUE martial artists in the 21st century?](#)
- ITF website: [TO KNOW MORE](#)
- Trần Fusion website: [TO KNOW MORE](#)

5\$ on every t-shirt will be donated evenly between “[Entraide pour hommes](#)” and “[La traversée](#)”.

**Both non profit organisation come in the fight against violence toward women and children.**

- CLUB FIT SHORT SLEEVE T-SHIRT
- Made of breathable polyester Light V neck and completely sublimated.
- Order until Sunday October 16<sup>th</sup>, 2022.
- IIC participants: delivery at IIC check-in on Dec 2<sup>nd</sup>, 2022.
- NON IIC participant: shipping will be made from December 10<sup>th</sup>, 2022.
- <https://www.amilia.com/store/fr/artm/shop/products/12400388>



<https://entraidepourhommes.org>



<https://www.latraversee.qc.ca/>



### IIC @ Yul | Course Fees:

- Red belts: **US \$150** IIC Participation Fee + **CA\$100** Organization Fee
- 1<sup>st</sup> - 3<sup>rd</sup> Degree: **US \$150** IIC Participation Fee + **CA\$100** Organization Fee
- 4<sup>th</sup> - 6<sup>th</sup> Degree: **US \$200** IIC Participation Fee + **CA\$100** Organization Fee
- 7<sup>th</sup> - 8<sup>th</sup> Degree: **US \$100** IIC Participation Fee + **CA\$100** Organization Fee
- 9<sup>th</sup> Degree: **Free for Grand Masters**

The IIC will be held at the Montreal Airport Marriott In-Terminal Hotel, 800 Pl Leigh-Capreol, Montreal, Qc, Canada, H4Y 0A4. On Saturday evening we will have a banquet for everyone to enjoy the company of the Grand Masters, Masters, and all the TKD students and highlight the memory of Grand Master Trân.

### IIC @ Yul | Seminar Schedule:

#### Friday, December 2nd

11:00 Check-In  
13:45 Line-up Opal room  
14:00-18:00, bloc 1

#### Saturday, December 3<sup>rd</sup>

8:45 Line-up Opal room  
9:00-13:00, bloc 2  
13:00-14:00 Lunch Break  
14:00-16:00, bloc 3  
19:00 Banquet Opal room

#### Sunday, December 4<sup>th</sup>

8:30 Black Belt Testing  
8:30-13:30, bloc 4



## IIC @ Yul | ETIQUETTE DURING THE IIC

- All participants shall wear a clean and always ironed official ITF dobok.
- Before each new session participants will line up to welcome the Grand Masters
- Participants arriving late to any session will have to wait until the first break to join the session
- After each session participants remain until the Grand Masters leave the venue.
- Participants must act according to the official ITF Protocol
- Participants standing at ease must always assume a ready stance with their hands behind their back.
- Participants sitting on the floor at ease must always cross their legs.
- Participants are allowed to ask questions; the student shall stand and assume ready stance with their hands behind their back.

## IIC @ Yul | REGISTRATION INFORMATION

Spots are really limited.

All Participants must complete the registration online at:

<https://www.amilia.com/store/fr/artm/shop/programs/73021>

All Participants must complete banquet, meals packages, wood breaking boards and/or t-shirt at:

<https://www.amilia.com/store/fr/artm/shop/products>

- Payment Methods for registering to the event can be paid by major credit cards, electronic bank payment, checks (postdated checks accepted) and Interac Transfer. All payments are to be received by the latest by September 30th, 2022.
- Purchase of a Lunches & Breakfasts Meal Packages is highly recommended (both for Saturday & Sunday). In purchasing in advance, concerned participants will be provided their meals in a separate room following the exact blocs of the IIC schedule (no waiting line at hotel bijou restaurant or Illy bistro café).
- A service charge of 4% + 0,50\$ per Transaction is added to process all monies relating to participants registration, choices of meals, Saturday Banquet, official t-shirts (Short Sleeves, Long Sleeves) as well as for the wood breaking boards, etc.
- Payment option of installments is available upon registration: payment of 50% of the cost and the remaining is divided in 4 monthly installments. This option is possible only via credit card or an automatic payment from a bank account setup into the participant profile.

Check to:

**A.R.T.M. inc.**

Mailing address:

*A.R.T.M. inc.*

*260, rue de Gentilly Est, CP 11*

*Longueuil, Qc, Canada, J4H4A4*

Interac Transfer to: [artm@e-ma.ca](mailto:artm@e-ma.ca)

Password: ELEMENTS

## IIC @ Yul | Participants wishing to test for promotion must:

- For masters' candidates, send the application and thesis through National/Allied Association at least three (3) months with a copy to the Chairman of the Instructions and Technical committee of the ITF before the promotion date to the ITF Administration HQ.
- For other candidates, send the application through the National/Allied Association at least one (1) month before the promotion date to the ITF Administration HQ.
- Purchase of breaking wood board from host at: <https://www.amilia.com/store/fr/artm/shop/products/2038039> OR
- Bring 5 wooden boards measured 30x30x2 cm. (please request with the link provided and purchase in advance).
- Pay their ITF degree certificate and grading fee the day prior to the grading to host.
- Test for degree promotion will be on Sunday Morning, at 8:30 am.
- No spectators are allowed during the degree promotion.
- His or Her Instructor may accompany the candidate.

## IIC @ Yul | [HOTEL](#)

Please make sure to book your room in advance due to limited availability. We would like to make sure everyone is in the same hotel.

[Book your group rate for Association Regionale De Taekwon Do IIC International Instructor Course](#)

**Rate is good until August 31st, 2022**

- Address: Montreal Airport Marriott In-Terminal Hotel, 800 Pl Leigh-Capreol, Montreal, Qc, H4Y 0A4
- Reservation Phone (please specify you are part of the International Instructors Course):
  - Phone: 1 514-636-6700
  - Toll-Free Reservation Center: 1 877-231-0748
  - International Marriott reservations in Canada: 1 888 236 2427
- Reservation: ASAP
- Hotel Room Rates: \$189.00 per night (plus taxes) Single/Double, no quadruple

## IIC @ Yul | MANDATORY | [SATURDAY BANQUET, 3 courses dinner](#)

We have a limited number of seats for the banquet on Saturday evening. To confirm your opportunity to attend and enjoy an evening with the Grand Masters, Masters, and friends, we ask that you submit your banquet request as soon as possible.

*Romaine and Kale lettuce, Asiago shavings, crispy capers, prosciutto chips, Caesar dressing OR  
Vegetarian/ Vegan/ Gluten free option*

*AND*

*AAA Angus sirloin, creamy potatoes, king mushrooms & red wine sauce OR  
Lightly seared Atlantic salmon, quinoa couscous, candied cherry tomatoes & italian parsley OR  
Vegetarian/ Vegan/ Gluten free option*

*AND*

*Dessert, coffee, tea*

Fees include: - TIPS (17%), - Goods & Services tax GST/TPS (5%) - Provincial sales tax TVQ (9,975%)

- Cash bar
- Participation: Mandatory (request absentee from your instructor for approval)
- Dress Code: Formal

## IIC @ Yul | RECOMMENDED

### Breakfast and lunch packages

#### HEALTHY breakfasts

Orange and grapefruit juice  
Morning mini smoothie  
Greek yogurt parfaits  
Local cheeses  
Fresh sliced fruits  
Assorted overnight oats  
two (2) types - Sliced healthy breads  
Assorted jams

#### 2 COLD EXPRESS PLATTERS

One salad option  
One starter option  
One sandwich option

*Fees include:*

*TIPS (17%)*

*Goods & Services tax GST (5%)*

*Provincial sales tax (9,975%)*

We encourage you to purchase the breakfast and lunch meals in advance for both Saturday and Sunday. Service will be in an adjacent room next to the main Dojang just for IIC participant and technical committee. Other restaurants and commodities are not close by and may take a few minutes to get to. It is a Hotel in the Montreal airport terminal. The hotel restaurant and Illy café are 1<sup>st</sup> come; 1<sup>st</sup> serve for all patrons of the Hotel. You do not want to wait in line at those. No food from outside is allowed in the main areas of the Hotel: lobby, foyer and training space.

## IIC @ Yul | OPTIONNAL | Friday night supper, 3 courses dinner

*Creamy leek and sweet potato, crispy candied duck soup OR*

*Vegetarian/ Vegan/ Gluten free option*

*AND*

*AAA Angus sirloin, creamy potatoes, king mushrooms & red wine sauce OR*  
*Oven roasted chicken supreme, mini winter vegetables & rosemary veal juice OR*

*Vegetarian/ Vegan/ Gluten free option*

*AND*

*Dessert, coffee, tea*

Fees include: - TIPS (17%), - Goods & Services tax GST/TPS (5%) - Provincial sales tax TVQ (9,975%)

## IIC @ Yul | PARKING

- <https://www.admtl.com/en/access/parking>
- On-site parking, fee: 30 CAD daily
- Valet parking, fee: 37 CAD daily
- Off-site parking, fee: 27 CAD daily
- Underground parking located directly below hotel

<https://elements-ma.ca/yul-iic>



**Arts Martiaux Elements**  
TAEKWON-DO ITF • KICKBOXING

[www.elements-ma.ca](http://www.elements-ma.ca)

2022