

# Information Package

**MARCH 11<sup>TH</sup> & 12<sup>TH</sup>, 2022 – REGINA, SASKATCHEWAN**

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ITF CANADIAN NATIONAL  
**TAEKWON-DO**  
CHAMPIONSHIPS



**Hosted by:**

**Saskatchewan Taekwon-Do Federation International**

EMAIL: [CTFI@SASKTEL.NET](mailto:CTFI@SASKTEL.NET) | PHONE: 306-525-0005

Dear Masters and Instructors,

We are very excited to invite you to participate in the 2022 CTFI National Championships to be held in Regina on March 11<sup>th</sup> & 12<sup>th</sup>. All CTFI coloured belts, ages five and up, and black belts are invited to participate in this memorable event.

It is our goal to provide an amazing and memorable experience for all participants and their supporters. This will be a well-organized event with an excellent level of competition and sportsmanship, demonstrating the true spirit of the original ITF Taekwon-Do.

For the 2022 National Championships, we are also pleased to provide the following features to the tournament program:

- All competitors, upon registration at the event, will be provided with the ring locations and estimated time schedule for their events.
- All participants will be registered by Coaches/Instructors on-line via Sportdata.
- Pre-arranged, team pattern and sparring events.
- Power Breaking for Black Belts and Special Technique Breaking for Black and Colour Belts Blue Belt and higher age 12+.
- ITF Electronic Scoring System (ESS) will be used in several rings.

For more information on registration, rules, etc., we invite you to go on the [CTFI website](#), where information will be updated as it is available. All ITF/CTFI rules, as well as the Team Manual, can be found on the CTFI website under the "[Downloads and Resources](#)" page.

All instructors are highly encouraged to become familiar with all the most up to date rules as outlined by the ITF, and we stress the importance of relaying all important information to their club members.

We look forward to seeing you all at this exciting event!

Sincerely,

The Saskatchewan Taekwon-Do Federation Intl.  
Host of the 2021 CTFI Canadian National Championships

Grand Master Norman, IX Dan  
CTFI President & STFI Technical Director

Ms. Chelsea Stone, VI Dan  
CTFI & CTFI Administrative Assistant



2022 ITF TAEKWON-  
DO CANADIAN  
NATIONAL  
CHAMPIONSHIPS  
MAR 11<sup>TH</sup> & 12<sup>TH</sup>  
@ REGINA  
FIELDHOUSE/  
SPORTPLEX

## SCHEDULE OF EVENTS

**\*Please note these are tentative, the schedule is subject to change  
Once all registrations have been received\***

Fri., Mar 11 <sup>th</sup> (Host Hotel)	1pm-3pm	Black Belt weigh-ins, black belt card check and Coach Check-In (Banyon C Room)
Fri., Mar 11 <sup>th</sup> (Host Hotel)	2pm-4pm	CTFI Annual General Meeting (Banyon A/B Room)
Fri., Mar 11 <sup>th</sup> (Venue)	5:30-7:30 pm 6pm-9pm	Alternate Black belt weigh-in and check in All Black Belt Patterns, including team and Pre-Arranged
Sat., Mar 12 <sup>th</sup> (Venue)	7:30-8:30am	Last chance for Black Belt weigh-in/check-in/ coach registration
	8:30 am	Black Belt/Umpire Meeting
	9:00 am	Opening Ceremonies Competition Begins
	9:30 am	Colour Belt patterns competition begins
	11:00am	Colour Belt sparring competition begins
	10:00 am	Breaking begins for all Colour Belts and Black Belts
	1:00 pm	Black Belt sparring begins

### Entry Fees:

Coloured Belts (all) Patterns and/or Sparring.....	\$60
Super Sr. Black Belts (age 36+) Patterns and/or Sparring.....	\$60
Pre-Jr., Jr. & Sr. Black Belts (age 12-35) Patterns and/or Sparring.....	\$100
Prearranged Sparring (Pre-Jr., Jr. & Sr. Black Belts) .....	\$30/team
Team Patterns or Sparring (Pre-Jr., Jr. & Sr. Black Belts) .....	\$50/team
Coaches Pass (Head Coach-BB & CB, 1 per dojang).....	\$50
Specialty Breaking .....	\$20
Power Breaking.....	\$20
Coaches Pass (Black Belts, limit 1 per 4 BB competitors) .....	\$50
Coaches Pass (Colour Belts).....	\$30
Photographer Pass .....	\$50

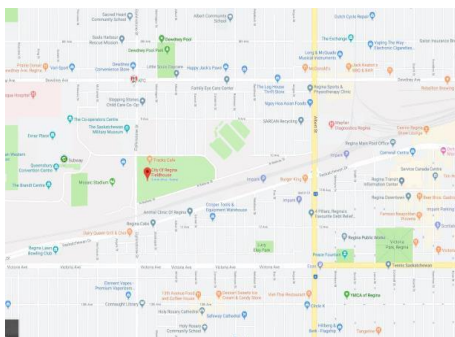
**Individual & Team Registration Deadline: February 24<sup>th</sup> 11pm PST**

### Event Link:

**[https://www.sportdata.org/taekwondo\\_itf/set-online/veranstaltung\\_info\\_main.php?active\\_menu=calendar&vern\\_r=297#a\\_eventheadend](https://www.sportdata.org/taekwondo_itf/set-online/veranstaltung_info_main.php?active_menu=calendar&vern_r=297#a_eventheadend)**

## VENUE LOCATION

Regina Fieldhouse/Sportplex: 1717 Elphinstone Street, Regina, Saskatchewan, S4N 0A1



## ACCOMMODATIONS

### Host Hotel

The official event host hotel is the SureStay Plus Hotel by Best Western Seven Oaks. Weigh-ins/Black Belt Check-in and coach's registration will all take place at this hotel Friday afternoon from 1-3 pm. Any Black Belts who have not checked in to show their ID card and weigh-in, and coaches who have not picked up their tournament packages by this time must do so from 6-8pm at the tournament venue or Saturday morning from 7:30-8:30 am.

### **SureStay Plus Hotel by Best Western Seven Oaks**

777 Albert Street  
Regina, SK., S4R 2P6

Room rates are \$129/night plus applicable taxes. The following options are available for room type:

- 53 - Two Queens Beds
- 56 - Two Double Beds

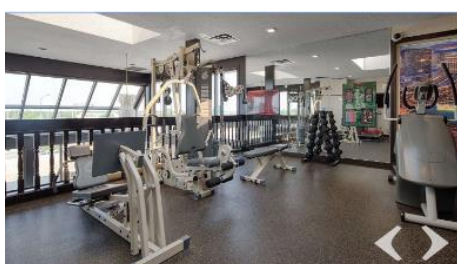
Rates include breakfast and pool access.

To book reservations:

- local phone number (306) 757-0121
- Check-in time is guaranteed at 3:00 pm, however early check-in can be accommodated, if possible, with previous requests. Please note though, this is not guaranteed. The sooner the notice and arrangements are made, the better. Check out time is 11:00 am.

**When booking a room, please use Group Name: Saskatchewan Taekwondo Tournament, and Group Confirmation Number: 5542**

**Rooms must be booked by 3PM February 11, 2022.**



# **Covid Protocol for the event**

## **Proof of Vaccination or Negative Test Requirement**

### **Proof of Vaccination \* Ages 12 and up. Under 12 years do not need proof of vaccination or negative test at this current time\***

The Government of Saskatchewan has established the following acceptable forms of proof of full vaccination:

- Wallet cards received at time of immunization
- A printed copy or screenshot of your vaccine certificate (with or without a QR code)
- A COVID-19 vaccine printout from Saskatchewan Health Authority Public Health
- A QR code/MySaskHealthRecord vaccine certificate uploaded to SK Vax Wallet app
- Canadian National COVID-19 Proof of Vaccination
- Official proof of vaccine documents from other provinces may be considered
- a type of proof, whether electronic or in writing, that is issued: a. by the government of Canada or a province or territory of Canada, or by any other government of another jurisdiction.

### **Proof of Negative Test**

Individuals who do not have proof of full vaccination have the option of providing proof of a negative COVID-19 rapid antigen or polymerase chain reaction (PCR) test result from within the last 72 hours. This test is to be done at the expense of the individual. Self-administered take-home rapid antigen tests (e.g. pictures of negative tests) will not be accepted.

### **ID Required**

In addition to the proof of vaccination or negative test, photo ID will be required from anyone 18 and older. Youth aged 12-17 will also need to show ID unless accompanied by an adult with proof of full vaccination and ID. Youth aged 12 to 17, visiting a City facility without an adult will be allowed to present photo ID, birth certificate or health services card.

### **Mask Requirements**

Masks must be worn at all times inside, with the exception of children under 2 years of age, persons who are medically exempt and individuals who cannot place or remove masks without assistance are not required to wear a mask.

Masks may be removed by the competitor during their competition round(s) only. This means that masks must remain covering the face while seated at the ring. When it is the competitors turn to compete and their name is called, their mask/face covering may be removed for the duration of that round. Once their round is completed and they are seated around the ring again, their mask must be placed back on.

\*Note: These requirements are according to the current public health order in Saskatchewan on January 12, 2022, as well as the City of Regina requirements for use of their facilities. It is recommended that all competitors and those accompanying them keep up to date on the current health order, as it could change after the release of this invitation package.

The most up to date information will be provided to coaches in the days prior to the event.

## INSURANCE

The Organizing Committee and CTFI are not responsible for any injuries. Participants must have full third-party liability insurance cover for any injuries they may cause to others. Instructors must provide proof of insurance to the Tournament Director and to CTFI (ctfi@sasktel.net) by **March 1<sup>st</sup> 2022**, or their competitors will not be allowed to participate.

## REGISTRATION

All competitors must be registered by their Coach directly through the SportData system. Do not use the ITF on-line system.

COACHES, please make it clear to your members that they must not try to make their own registration – if they do try it will be rejected.

If a coach already has a Club account in SportData that was used for a previous event, they can re-use that account.

See the additional document "COACHES – how to create Club Account and register competitors, coaches and umpires" for a tutorial showing how to create an account and how to register competitors and umpires. This document is found under the "Downloads" button on the SportData web page for the event or go to the link below:

[https://www.sportdata.org/taekwondo\\_itf/ausschreibungen/297/Coaches%20how%20to%20create%20Club%20account%20and%20register%20competitors,%20coaches%20and%20umpires.pdf](https://www.sportdata.org/taekwondo_itf/ausschreibungen/297/Coaches%20how%20to%20create%20Club%20account%20and%20register%20competitors,%20coaches%20and%20umpires.pdf)

**Registration Deadline for all Competitors, Coaches and Umpires is February 24, 2022**

### International ID Number

Registration will require an "International ID" number for all competitors.

*Colour Belts:* enter "N/A" as the International ID number.

*Black Belts:* enter the International ID number found on the Black Belt wallet card (see image below circled in red).



## Notes to Coaches:

1. Degree number (i.e. C-1-1234) is **NOT** acceptable
2. For competitors who have recently examined for 1<sup>st</sup> Dan Black Belt rank and have not yet received their new wallet card, please request the ID number from Ms. Stone at [ctfihq@gmail.com](mailto:ctfihq@gmail.com).
3. The International ID number does not change as a competitor moves up in rank. If their number is 123456 as a 1<sup>st</sup> Dan Black Belt, it will also be 123456 if they are promoted to 2<sup>nd</sup> Dan. Therefore, if they recently have tested and do not have their new card, they can obtain their number from their old wallet card.

## Instructor Check-in

All instructors or coaches must report to the tournament check-in and pick up the dobok stickers for their competitors. Instructors are responsible for making sure competitors have these stickers on their dobok as proof that they are registered competitors.

Instructor Check-in will be available on Friday March 11<sup>th</sup> at the host hotel from 1pm until 3pm and at the tournament venue on Friday March 12<sup>th</sup> from 5:30pm until 7:30 pm.

## Black Belt Card

All Black Belts, all ages, must be certified with ITF headquarters. When using the on-line registration process, there will be a space for providing the Black Belt ITF ID number (see above). Black Belts who were recently promoted may not have their certification cards yet. Their certification will be confirmed with CTFI Headquarters.

**All Black Belts must show their ITF Black Belt registration card at the Weight Check/Check-in (see below).** A photocopy of the Black Belt certificate showing name, rank and date information as well as the name of the ITF President is acceptable. Any Black Belt without appropriate proof of certification in the ITF will be disqualified with no refund of event fees.

in

Black Belts not competing in sparring MUST check-in and show ID to confirm Black Belt status. Failure to do so will result in disqualification.

## Declaration of Consent and Data Protection forms

Coaches will be responsible for downloading Declaration of Consent and Data Protection forms and having all competitors or their legal guardians sign them. Coaches are responsible for sending scanned or photographed images of these files to the Tournament Director.

The forms are downloadable from here:

### **Français:**

[https://www.sportdata.org/taekwondo\\_itf/ausschreibungen/297/DECLARATION%20DE%20CONSENTEMENT.pdf](https://www.sportdata.org/taekwondo_itf/ausschreibungen/297/DECLARATION%20DE%20CONSENTEMENT.pdf)

### **English:**

[https://www.sportdata.org/taekwondo\\_itf/ausschreibungen/297/Declaration%20of%20Consent](https://www.sportdata.org/taekwondo_itf/ausschreibungen/297/Declaration%20of%20Consent)

Competitors who do not have valid forms submitted to the Tournament Director by the deadline will not be allowed to compete.

**Deadline for Declaration of Consent and Data Protection forms submitted to Tournament Director : February 24, 2022.**

## **Pre-Junior, Junior & Senior Black Belt Sparring Weight Divisions**

**NOTE: ITF is introducing new weight categories for each age division. These will be implemented for this event. See table below.**

The following are the modified ITF Black Belt weight categories for Individual Junior and Senior free sparring competition.

### **PRE-JUNIOR (AGE 12-14) WEIGHT CATEGORIES**

Male:

- (a) Up to 40 kg
- (b) 40.1 to 45 kg
- (c) 45.1 to 50 kg
- (d) 50.1 to 55 kg
- (e) 55.1 to 60 kg
- (f) 60.1 to 65 kg
- (g) Over 65 kg

Female:

- (a) Up to 40 kg
- (b) 40.1 to 44 kg
- (c) 44.1 to 48 kg
- (d) 48.1 to 52 kg
- (e) 52.1 to 56 kg
- (f) 56.1 to 60 kg
- (g) Over 60 kg

### **JUNIOR (AGE 15-17) WEIGHT CATEGORIES**

Male:

- (a) Up to 50 kg
- (b) 50.1 to 55 kg
- (c) 55.1 to 60 kg
- (d) 60.1 to 65 kg
- (e) 65.1 to 70 kg
- (f) 70.1 to 75 kg
- (g) Over 75 kg

Female:

- (a) Up to 45 kg
- (b) 45.1 to 49 kg
- (c) 49.1 to 53 kg
- (d) 53.1 to 57 kg
- (e) 57.1 to 61 kg
- (f) 61.1 to 65 kg
- (g) Over 65 kg

### **SENIOR (AGE 18+) WEIGHT CATEGORIES**

Male:

- (a) Up to 57 kg
- (b) 57.1 to 63 kg
- (c) 63.1 to 69 kg
- (d) 69.1 to 75 kg
- (e) 75.1 to 81 kg
- (f) 81.1 to 87 kg
- (g) Over 87 kg

Female:

- (a) Up to 50 kg
- (b) 50.1 to 55 kg
- (c) 55.1 to 60 kg
- (d) 60.1 to 65 kg
- (e) 65.1 to 70 kg
- (f) 70.1 to 75 kg
- (g) Over 75 kg



**COACHES: Please be careful to enter your Black Belt competitors' weight correctly in your club account in SportData so the correct category is offered when registering.**

## **Category Merging for Black Belts**

Any Black Belt sparring category, including the Pre-Jr., Junior and Senior categories, may be merged if there are 2 or less competitors, they will always be merged within the same age group. This is to ensure there are no competitors alone in their category and improve competition for the athletes. Seeding points will be awarded regardless of which category the athletes compete in. Refer to CTFI Team Manual for full details of Seeding point system.

## **Weight Verification**

All Black Belts (all ages) must have their weight category verified at the weigh-ins. Weigh-in procedure will follow ITF World Junior/Senior Championships rules. Black Belts must present their Black Belt certification card at the weight check.

Black Belts in Bantam (age U11/Cadet (age U12), Super Senior (age 36-45) and Veteran (age 46+) categories must be within +/- 3kg of their stated weight or they will be disqualified.

Pre-Junior, Junior and Senior Black Belts (age 12-35) in unmerged categories must fall within their registered weight categories or they will be disqualified.

Where categories for Pre-Junior, Junior or Senior Black Belts (age 12-35) have been merged the competitor must fall within the weight bounds of the merged category. These weight boundaries will respect the ITF category boundaries listed above.

### ***Examples:***

1. Sr. Male categories (a), (b) and (c) are merged. The weight boundaries for the new category will be "Up to 69kg"
2. Jr. Female categories (e) and (f) are merged. The weight boundaries for the new category will be "57.1 to 65kg".

Weight checks will be available on Friday March 11<sup>th</sup> at the host hotel from 1pm until 3pm and at the tournament venue from 5:30pm until 7:30pm.

## **Black Belt Age Categories:**

NOTE: ITF is introducing new age categories and a new age qualification requirement. These will be implemented for the 2022 Nationals.

### **Valid Age for Category**

The valid age for all competitors during the competition is the age at which they enter the year. To calculate this age, use the following formula:

*Year of competition - Year of birth - 1 = Competitors valid age during the competition*

Examples:

1. Year of event 2022 - Year of birth 2004 - 1 = 17  
This Competitor is only allowed to compete as a Junior
2. Year of event 2022 - Year of birth 2003 - 1 = 18  
This Competitor is only allowed to compete as a Senior
3. Year of event 2022 - Year of birth 2007 - 1 = 14  
This Competitor is only allowed to compete as a Pre-Junior

### **New Black Belt Age Categories**

Black Belt Age Categories are also changing slightly to allow a Pre-Junior category for ITF International competition. The 2022 Nationals will have the following Black Belt age categories for both patterns and sparring:

Cadet	age 10-11
Pre-Junior	age 12-14
Junior	age 15-17
Senior	Age 18+
Super Senior	Age 36+
Veteran	Age 46+

NOTE: Black Belts age 36+ may choose to enter the Senior Age 18+ category. This will result in a higher entry fee. Categories for Black Belts age 36+ may be merged if there are less than 3 competitors.

### **Black Belts Competing Up**

Exact circumstances under which "Competing Up" is allowed are detailed in the current CTFI Team Manual, which is available on the "Resources and Downloads" page of the CTFI web site (refer to Appendix A). Coaches must register competitors for their normal category then make an email request to the Tournament Director to compete up. Please note the new Age Qualification rules and categories listed above.

### **Colour Belt Age Categories**

Minimum age is 5 years old. As per CTFI competition rules, the appropriate age division for all competitors will be determined based on the age of the person on the first day of the Tournament – March 11, 2022. Please note that Colour Belt age divisions with less than 3 people may be merged with other groups. Best effort will be made to create categories that are close in rank and age.

## **TOURNAMENT RULES**

All events at this tournament will follow the Canadian Taekwon-Do Federation International (CTFI) Rules for Coloured Belt Competition and the International Taekwon-Do Federation (ITF) Combined Competition Rules and Regulations. Copies

of these rules are available on the CTFI website under the "[Downloads and Resources](#)" section.

**Special additions to the rules are as listed below.**

## **Patterns:**

### ***Coloured Belt Patterns***

Competitors may perform the pattern of their rank or the pattern immediately below their current rank to accommodate recently promoted students. Coloured Belts may not perform any pattern above that of their current rank.

### ***Individual Black Belt Patterns***

Black Belts Pre-Junior, Junior, Senior and Super Senior will compete 1 to 1 and will perform simultaneously two (2) Designated Patterns appropriate to their degree. The first designated pattern will be one of the last three patterns regarding the level of degree. The second designated pattern is from pattern Chon-Ji to the level of degree.

Black Belts Cadet and Veteran will compete 1 to 1 and will perform simultaneously one (1) Designated Pattern chosen randomly from one of the last three patterns regarding the level of degree.

Black Belts Super Senior and Veteran may have categories merged with a different rank. Patterns performed will be for the lower rank of the 2 competitors in the ring when their competition begins. (e.g. if a 3<sup>rd</sup> dan is matched with a 4<sup>th</sup> dan, only 3<sup>rd</sup> dan patterns will be used, but if a different match in the same category sees 2 4<sup>th</sup> dans competitors, 4<sup>th</sup> dan patterns will be used)

### ***Team Patterns***

Both teams shall perform one (1) optional and one (1) designated Pattern in the following order:

Team 1 – 1st optional pattern

Team 2 – 1st optional pattern

Team 1 – 2nd designated pattern

Team 2 – 2nd designated pattern

## **Free Sparring**

### **DURATION OF MATCHES**

Coloured Belts-----1 round of 2 minutes.  
Black Belts Cadet -----2 rounds of 1.5 minutes  
Black Belts Pre-Junior, Junior, Senior -----2 rounds of 2 minutes.  
Black Belts Super Senior, Veteran -----2 rounds of 1.5 minutes

Breaks between rounds will be 1 minute in all cases.

### **SAFETY EQUIPMENT**

Mandatory Safety equipment:

- Hand, Foot and Head guards of an approved type (see below);
- Mouth guard – must be transparent with no colours;
- Groin protection for all males (must be worn inside the trousers);

Optional Safety equipment:

- Shin protectors of an approved type (no hard materials);
- Groin protection or chest protection for females (must be worn inside the dobok)
- Approved soft frame, prescription sport glasses. Written approval must have been requested and granted from the CTFI Tournament and Umpire Committee prior to the event.

### **Approved types of sparring safety equipment:**

Black Belts competing in the Junior and Senior divisions must have hand, foot and head protectors approved by ITF for international competition. Full details of approved equipment are found in the ITF Combined Competition Rules and Regulations.

Pre-Junior, Junior and Senior Black Belts will be required to wear either red or blue hand/foot/head protectors depending on their position in the draws. Senior and Junior Black Belts must have sets of both colours available.

Coloured Belts, and Super Senior Black Belts (age 36+) may wear ITF approved gear or the standard foam safety gear such as Macho or Century. Any colour is allowed for this group, but we recommend red or blue (if you have it) to help the umpires.

No jewellery, piercings, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only. Hard materials (e.g. plastic, wood or metal) are not allowed.

**Students must compete with required safety equipment that is in good condition and covers the toes, fingers and heels properly. Students without required equipment may be disqualified. Competitors sharing properly sanitized equipment is acceptable.**

## **Power and Special Technique Breaking:**

All breaking competition will follow the ITF rules for World Cup competition:  
<https://itftkd.sport/wp-content/uploads/2021/04/COMBINED-RULES-FINAL-Apr-22-V6.1.pdf>      **Section IV and Section V**

**NOTE In all categories, competitors must successfully make at least 1 break to qualify for a medal.**

### **Power Breaking**

Power Breaking will be open only to Black Belts age 15+. Competitors will attempt 2 breaks – one hand technique of choice and one foot technique of choice from the allowed list below.

<b>HAND TECHNIQUES</b>	<b>FOOT TECHNIQUES</b>
Fore fist Front Punch (Ap Joomuk Jirugi)	Side kick (Yop Chagi) )
Knife hand strike (Sonkal Taerigi)	Back kick (Dwit Chagi)
Back fist strike (Dung Joomuk)	Turning kick (Dollyo Chagi)
Reverse knife hand strike (Sonkal Dung Taerigi)	Reverse turning kick (Bandae Dollyo Chagi)

### **Board counts**

<b>Age Category</b>	<b>MALE</b>		<b>FEMALE</b>	
	<b>BOARDS (hand)</b>	<b>BOARDS (foot)</b>	<b>BOARDS (hand)</b>	<b>BOARDS (foot)</b>
15 - 17 years	1	2	1	1
18 - 35 years	2	3	1	2
36 years +	1	2	1	2

All board counts are 1 board lower than ITF World Cup standard to a minimum of 1 board.

### **Special Technique Breaking**

Special Technique Breaking will be open to Blue Belts and above, age 12 and above. Competitors will attempt 2 techniques – Flying High Front Kick, Flying High Side Kick.

All board heights are 10cm lower than ITF World Cup standard.

<b>Board Heights</b>			
<b>Korean</b>	<b>English</b>	<b>Male</b>	<b>Female</b>
<b>Age 12 – 14</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	220 cm	190 cm
Twimyo Nopi Yop Cha Jirugi	Flying High Side Kick	110 cm	90 cm

<b>Age 15 – 17</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	240 cm	210 cm
Twimyo Nopi Yop Cha Jirugi	Flying High Side Kick	120 cm	100 cm
<b>Age 18 - 35 years</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	250 cm	220 cm
Twimyo Nopi Yop Cha Jirugi	Flying High Side Kick	130 cm	110 cm
<b>Age 36 years +</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	240 cm	210 cm
Twimyo Nopi Yop Cha Jirugi	Flying High Side Kick	110 cm	80 cm
<b>Age 46 years +</b>			
Twimyo Nopi Ap Cha Busigi	Flying High Front Kick	230 cm	190 cm
Twimyo Nopi Yop Cha Jirugi	Flying High Side Kick	100 cm	70 cm

## Competitor Dress Code

Competitors must wear the internationally approved ITF dobok from a recognized manufacturer. Old style doboks without the ITF Coloured Fist may not be worn.

Head / neck coverings may be worn by all competitors. Head / neck coverings MUST:

- a. Be constructed of a solid white colour,
- b. Be made of a soft and/or elastic material,
- c. NOT contain any hard materials, metal, grips or slides,
- d. Fit, and remain, fully within the confines of the safety headguard and the dobok jacket while the competitor is sparring.

Undergarments, of a soft or elastic nature ONLY, may be worn beneath the competitor's dobok (beneath the top and/or trousers). Undergarments (only those garments that are visible while competitor is competing) MUST:

- i. Be of a solid white colour,
- ii. Be made of a single layer of soft and/or elastic material,

Undergarments MUST NOT:

- i. Provide additional protection from impact,
- ii. Contain any hard materials, metal, grips or slides.
- iii. Extend past the distal portion of either the wrist or the ankle.

Tape/soft bandaging/soft strapping may be used for medical or first aid reasons, provided:

- a. That it is not used in an excessive manner,
- b. No hard plastic/metal fasteners, laces, studs or mechanical fasteners are to be used,
- c. No mechanical means of support are included in the bandaging/taping/strapping. (Including though not limited to: bracing/stays/splints, mechanical joints/articulations/hinges...)
- d. The Umpire Committee is satisfied that it's use does not give the competitor any undue advantage,
- e. All Tape/soft bandaging/soft strapping MUST be either white or skin-coloured if it is visible while competitor is competing. Any Tape/soft bandaging/soft used on areas not visible (i.e. knee) may be of any colour so long as the colour is not plainly visible through the material

of the dobok

Tape/soft banding/soft strapping may NOT be used in the following circumstances:

- i. Special Technique: NO tape/soft bandaging/soft strapping may be used on any joint of the competitor's lower extremities. (Knees, ankles, toes)
- ii. Power Test: NO tape/soft bandaging/soft strapping may be used on any part of the competitor's attacking tool or the joints associated with the break being performed. (Fingers, wrist, elbow, toes, ankle, knee).

Tape/soft bandaging/soft strapping may be used on parts of the body not directly involved in the breaking process

- a. Example 1: Breaking with right fore-fist and competitor has banding on left elbow due to injury in sparring
- b. Example 2: Breaking with left side piercing kick and competitor has a bandaid/plaster on left hand due to a laceration

Any and all competitor safety equipment, protective wear, taping/bandaging/strapping, clothing and/or accessories/adornments may be subject to inspection and approval or rejection by either the CTFI Tournament/Umpire Committees. Determination of the committee involved is final and binding.

### **Awards:**

Four medals will be awarded for each competition category: gold, silver and two bronzes.

Medals for all competitors and events will be presented immediately after completion of their events at an award podium set up at the competition venue. It will be arranged so that supporters can get close to take good photographs.

### **Protests:**

Only the Coach for a competitor in a Junior or Senior Black Belt match can present a protest when a decision or procedure seems to violate the rules. All protests must be written on the official Protest Form (provided at each ring) and must be presented to the Jury President of the ring within 5 minutes of the end of the match in question. The Umpire Director and Tournament Director will rule on all protests. The protest tax for this event is fixed at CN\$100.

## **Full Time Umpires**

**“It is our mission to provide a safe, fair, exciting and efficient competition for all students.”**

STFI and the CTFI are working very hard to produce a great event with a high calibre of competition that will be safe, fair and enjoyable for all participants. To have a successful event, it is critical that we have a strong team of full-time umpires and officials.

All Full-time umpires (not competing in any events) must be registered by their Instructor using their club account. Do not use the eReferee system that was used for the eTournament.

See the additional document “COACHES – how to create Club Account and register competitors and umpires” for a tutorial showing how to create an account and how to register competitors and umpires. This document is found under the “Downloads” button on the SportData web page for the event.

[https://www.sportdata.org/taekwondo\\_itf/ausschreibungen/297/Coaches%20how%20to%20create%20Club%20account%20and%20register%20competitors,%20coaches%20and%20umpires.pdf](https://www.sportdata.org/taekwondo_itf/ausschreibungen/297/Coaches%20how%20to%20create%20Club%20account%20and%20register%20competitors,%20coaches%20and%20umpires.pdf)

If you have any difficulties, please contact the Tournament Director via email (tournamentdirector@ctfi.org).

**Full Time Umpire registration Deadline: February 24, 2022 11pm PST.**

### **Competitor/Coach Umpires**

All Black Belts (age 16 +) are required to assist with the umpire duties at this tournament. In the event of an umpire shortage, Black Stripes age 16+ and Black Belts age 14+ may also be asked to assist with umpire duties for coloured belts.

All Umpires will receive a complimentary lunch on the day of competition.

All Umpires must attend the Black Belt meetings to be held at the beginning of the tournament at the time noted in the schedule above.

All Umpires must wear official ITF dress:

- White Shirt
- Blue Tie
- Blue Pants (no jeans)
- White athletic shoes

OR

- Full ITF Dobok (no track jackets)
- White athletic shoes

Casual or club clothing will not be permitted.

Black Belts who do not participate in umpiring as assigned will not be allowed to compete. Registration of Black Belts will be used to create the Umpires list.



## **Coaches and Club Photographers**

At this event, coaches will be allowed for both Coloured Belts and Black Belt competition.

All Coaches and Club Photographers must be registered using the SportData Club Account. See the additional document "COACHES – how to create Club Account and register competitors and umpires" for a tutorial showing how to create an account and how to register competitors and umpires. This document is found under the "Downloads" button on the SportData web page for the event.

[https://www.sportdata.org/taekwondo\\_itf/ausschreibungen/297/Coaches%20how%20to%20create%20Club%20account%20and%20register%20competitors,%20coaches%20and%20umpires.pdf](https://www.sportdata.org/taekwondo_itf/ausschreibungen/297/Coaches%20how%20to%20create%20Club%20account%20and%20register%20competitors,%20coaches%20and%20umpires.pdf)

### **Head Coach**

Each School will be allowed one senior Black Belt eligible to coach Colour Belts and/or Black Belts. This person is the designated "Head Coach" for each school. Please notethat Head Coaches with rank of 4<sup>th</sup> degree or higher will likely be asked to judge for the Black Belt patterns competition. Head Coaches will not be asked to officiate for Coloured Belt competition nor for Black Belt sparring competition. The fee for the "Head Coach" is \$50. Each Club/Dojang may have 1 Black Belt Coach (including head coach) and for each 4 Black Belts registeredfor competition.

### **Coloured Belt Coaches**

Coaches for Coloured Belts will help them have a more positive experience and ensure they get to the proper location on time. Coaches for Coloured Belts also offera safety factor during a sparring match.

Because all Black Belts age 16 and older may be required to officiate during the Coloured Belt competition, only other coloured belts or Black Belts aged 15 and under will be allowed to coach Coloured Belts. There is no limit to the number of this type of coaches. The fee for a Colour Belt coach is \$30.

**Instructors**, it is very important that any of your students acting as coaches must be aware of and follow the correct protocol for interaction with officials. Before the Championships, please instruct any of your members who will be coaching.

### **Black Belt Coach**

Black Belt Coaches may be any person regardless of rank. Please note that Black Belt Coaches may be asked to judge for Colour Belt competition or for Black Belt patterns, especially Black Belt Coaches with rank of 4<sup>th</sup> degree or higher. Black Belt Coaches will not be asked to judge for Black Belt Sparring. The fee for Black Belt coaches is \$50.

Each Club/Dojang may have 1 Black Belt Coach (including Head Coach) for each 4 Black Belts registered for competition.

## **Coaching Rules**

For individual or team competition there will be only one (1) Head Coach or Colour Belt Coach or Black Belt coach close to the square. During the tournament, coaches must wear an athletic training suit, gymnastic shoes, carry a towel and have medical exam gloves on their person.

Coaches will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. They are the only ones allowed to present an official protest.

Failure to abide by the above mentioned rules may render the coach liable to be disqualified from his/her advisory position.

## **Photographers**

Any school or club may apply for accreditation for photographers to have access to the competition floor to take photos of their participants.

For safety and efficiency, only competitors, officials, volunteers, accredited coaches and accredited photographers will be allowed to enter the competition floor. Accreditation passes will be required by all.

All Coaches and Photographers must register on-line using the SportData system via their club account

**Coach/Photographer Registration Deadline: February 24<sup>th</sup>, at 11pm PST**