

A letter of appreciation to my friends.

I want to take this opportunity to thank three very important Canadian Masters for their time and effort in helping me achieve my 7th Degree. Of course my thanks also go out to Grand Master Marano and Grand Master Lan for conducting the grading. Always a pleasure to be in their company.

First to my instructor and friend Master Pierre Laquerre who is tireless when teaching and sharing his knowledge of Taekwon-Do with me. He always finds time when I need him and I know how busy a life he leads. Having Master Laquerre in Norway made a huge difference.

To Master Scott Downey, my long time friend and fellow Maritimer. Thank you for your help also in my preparation. It meant a lot to me. Every time Jacqui and I visit Newfoundland its a real pleasure to be around you and Mrs. Downey and we look forward to your upcoming visit to Nova Scotia.

To Master Richard Lajeunesse. I thank him for his time and an invite to his home to help me prepare. We trained some together many years ago and it was great to reconnect with such an inspirational person and perfect gentleman.

Furthermore I want to let everyone know how proud I am to be part of such a great organization. The CTFI and ITF is the best place I could ever be. To now be a Master with this group is an honour and I look forward to many more years of working with such great people.

Our time in Norway was very special. The hospitality of the Norwegian delegation couldn't have been better. Special thanks to Master Per Andresen and also Mr. Gunner Rugsveen for all that they did for us. Rock and I were treated like Masters from the time we left the plane.

Congratulations to Master Rock Soucy who successfully Graded to 7th Degree with me that day. May we make the CTFI proud.

Master David Hiltz
Hiltz Taekwon-Do