ITF - 2013 We	estern C	anadian Championships - April 13th - Regina	a, Sas	katchewan
			1st	Saskatchewan
	PA1	Junior Prearranged Free Sparring 1 Team	2nd 3rd	
TAEKWON-DO CHAMPIONSHIPS APRIL 13th, 2013	_		3rd	
Semi Finals		Final		

1	Hong	Grayson Sorley, Nathan Robins - Saskatchewan	
	Chong	BYE	

ITF - 2013 Western Canadian Championships - April 13th - Regina, S	Sask	latchewan
	1st	British Columbia
WESTERN CANADIAN ITE TAKEWOON DO CHAMPICOLICULAR AND CONTRACT OF CANADIAN AND CONTRACT OF	2nd 3rd	
APRIL 13th, 2013	3rd	

Semi Finals

Final

4	Hong	Mike Blom, Chris Law - British Columbia	
	Chong	BYE	