Dear Masters and Instructors,

All Coloured Belt and Black Belt members of the Eastern provinces Canadian Taekwon-Do Federation International are invited to participate in the 2017 CTFI Eastern Canadian ITF Taekwon-Do Championships in the heart of the Nation's capital: Montpetit Hall, University of Ottawa (Ottawa, Ontario).

Competition will be especially hot this year as Junior and Senior Black Belts from the Eastern provinces will compete to qualify for Seeding Points to position themselves to be a member of the National team going to the 2019 ITF Taekwon-Do World Championships in Germany.



Registration links can be found on the CTFI web site at www.ctfi.org

It is our goal to provide an outstanding and memorable experience for all participants and their supporters. This will be a well organized event with an excellent level of competition and sportsmanship, demonstrating the true spirit of the original ITF Taekwon-Do.

Join us for the Easterns on December 2. 2017!

Hosted By: ARCAN Taekwon-Do

Sincerely,

Mr. Diego Cabanas, V Dan info@arcantkd.com
613-407-7766







EVENT INFORMATION

What: 2017 CTFI Eastern Canadian ITF Taekwon-Do Championships

Who: All official CTFI affiliated schools and practitioners in Ontario, Quebec,

Nova Scotia, New Brunswick, Prince Edward Island and Newfoundland

and Labrador.

When: Saturday, December 2, 2017

See web site and following pages for full schedule details

Where: Montpetit Hall, University of Ottawa, 125 University Private, Ottawa,

Ontario K1N 1A2

Hosted By: ARCAN Taekwon-Do – Diego Cabanas V Dan

Tournament Master Kevin Reinelt (VII)

Director: Email: tournamentdirector@ctfi.org

Tel: 604-944-5425

Registration: All registration will be on-line by Internet. Registration closes November

3, 2017 at 11pm Pacific time. See website for details.

Fvents: These championships will see the following events:

Coloured Belt and Black Belt Individual Patterns

Coloured Belt and Black Belt Individual Free Sparring

Fees: • Coloured Belts (all) Patterns and/or Sparring: \$60

• Pre-Jr. Black Belts (age 13 and under) Patterns and/or

Sparring: \$60

• Super Sr. Black Belts (age 36+) Patterns and/or Sparring: \$60

• Jr. & Sr. Black Belts (age 14-35) Patterns and/or Sparring: \$75

• Coach Pass (Black Belt): \$50

• Coach Pass (Colour Belt): \$30

• Photographer Pass (access to all competition areas): \$50

• Tournament T-shirts: \$30 + taxes

SCHEDULE OF EVENTS

Please note that note these times are tentative, and will be confirmed as more details become available. The most up-to-date schedule of events can be found on the web site. A final schedule will be published in the week prior to the event.

Friday December 1, 2017

Competitors and Officials arrive to Ottawa, ON

6:00 p.m. - 8:00 p.m.: Coach Check-in and Black Belt Weigh-in at Event Hotel.

Saturday December 2, 2017

7:30 a.m. - 8:00 a.m.: Competitor Check-in at Venue 7:30 a.m. - 8:00 a.m.: Black Belt weigh-ins at Venue

8:00 a.m. - 8:30 a.m.: Black Belt & Officials meeting - all Black Belts age 16 and up, and

all Officials must be present 8:30 a.m.: Opening Ceremonies

9:00 a.m. - 1:00 p.m.: Coloured Belt competition 1:00 p.m. - 5:00 p.m.: Black Belt competition

Chers Maîtres et Instructeurs,

Tous les adeptes ceintures de couleurs et ceintures noires de la Fédération canadienne de Taekwon-Do International sont invités à participer aux championnats de l'est canadiens 2017 de Taekwon-Do ITF au coeur de la capitale nationale: Pavillon Montpetit, Université d'Ottawa (Ottawa, Ontario) le 2 décembre prochain.

La compétition sera particulièrement chaude puisque les ceintures noires juniors et seniors des provinces de l'est seront en compétition pour se qualifier dans le but d'obtenir des points afin de se gagner une place au sein d'équipe Canada pour les championnats du monde 2019 en Allemagne!



Le lien pour l'inscription en ligne est sur le site Web de la CTFI à : www.ctfi.org .

Notre but est d'offrir une expérience exceptionnelle et mémorable à tous les participants et à leurs supporters. Ce sera un événement bien organisé avec un excellent niveau de compétition et d'esprit sportif, démontrant le véritable esprit du Taekwon-Do ITF.

Joignez-vous à nous pour les Championnats de l'Est le 2 décembre 2017!

Hôte: ARCAN Taekwon-Do

Sincèrement,,

Mr. Diego Cabanas, V Dan info@arcantkd.com
613-407-7766

INFORMATION SUR L'ÉVÉNEMENT

Quoi: Championnats de l'est canadiens 2017 de Taekwon-Do ITF

Qui: Toutes les écoles et clubs officiellement affiliés via CTFI des provinces de

l'est du Canada: Ontario, Québec, Nouveau-Brunswick, Île du Prince

Édouard, Nouvelle-Écosse et Terre-Neuve et Labrador.

Quand: Le samedi 2 décembre 2017

Voir le site Internet de la CTFI et les pages suivantes pour les détails

complets.

Où: Pavillon Montpetit, Université d'Ottawa, 125 University Private, Ottawa,

Ontario K1N 1A2

Organisé par: ARCAN Taekwon-Do – Diego Cabanas V Dan

Courriel: <u>info@arcantkd.com</u>

Tél: 613-407-7766

Directeur du Maître Kevin Reinelt (VII)

tournoi: Courriel: tournamentdirector@ctfi.org

Tél: 604-944-5425

Inscription: En ligne via les formulaires CTFI. L'inscription des participants se

terminera le 3 novembre 2017 à 23h hre pacifique. Voir site Internet pour

plus de détails.

Épreuves: Ces championnats offriront les épreuves suivantes:

• Formes individuelles, ceintures de couleurs et ceintures noires

• Combats individuels, ceintures de couleurs et ceintures noires

Ceintures de couleurs (tous), formes et/ou combats individuels:

\$60

Tarifs:

Pré-Junior, ceintures noires (13 ans et moins), formes et/ou

combats individuels: \$60

• Super Senior, ceintures noires (âge 36+), formes et/ou combats

individuels: \$60

• Ceintures noires (14-35 ans), formes et/ou combats individuels:

\$75

• Laissez passer, ceintures noires en tant qu'entraîneur: \$50

• Laissez passer, ceintures de couleurs en tant qu'entraîneur: \$30

• Laissez passer, photographe (accès à tous les plateaux de

compétition): \$50

• T-shirt officiel: \$30 + taxes

HORAIRE ESTIMATIF

Notez que cet horaire est provisoire et sera confirmé avant l'événement. De plus amples détails seront partagés une fois disponibles. L'horaire le plus à jour de l'événement peut être trouvé sur le site Web CTFI. Un horaire final sera publié dans la semaine précédant l'événement.

Vendredi 1er décembre 2017

Arrivée des participants & des officiels à Ottawa, ON 18h00 à 20h00: Accueil des entraîneurs et pesée ceintures noires à l'hôtel officiel.

Samedi 2 décembre 2017

7h30 - 8h00: Arrivée des participants au site de l'événement

7h30 - 8h00: Pesée finale ceintures noires au site de l'événement

8h00 - 8h30: Réunion & formation d'appoint des officiels. Tous les officiels « à temps

plein » et les participants ceintures noires désignés comme arbitres.

8h30: Cérémonie d'ouverture

9h00 - 13h00: Compétition ceintures de couleur 13h00 - 17h00 : Compétition ceintures noires

IMPORTANT INFORMATION ABOUT REGISTRATION

Instructors: All participants in this event must use our online registration system.

The registration links for the 2017 CTFI Eastern Canadian ITF Taekwon-Do Championships will be posted on the CTFI website (www.ctfi.org). Remind your members to read carefully and select the correct links.

Payment must be made by Visa or MasterCard.

Coaches or photographers and full time umpires must also go to the website and use the appropriate Team, Coach or Umpire link to register for their respective events.

This saves you, the Instructor, much time and effort collecting and processing application forms and fees. It also reduces the likelihood of errors as students are responsible for entering their correct weight, height, age, rank and gender during the registration process.

After close of registration, a report will be sent back to each school for the Instructor to review the weight, height, age, rank and gender as well as the assigned division for each of their competitors. Please ask your members to be accurate with the information you enter in the form and be careful checking it over after registration closes. There will be a fee of \$20, paid in advance, for any changes required for any mistakes discovered after the final check by Instructors.

*** **Instructors** are asked to take responsibility for online registration of any students who do not have access to the Internet or do not have credit cards. If there are any difficulties, please contact the help line provided on the online registration page, or the Tournament Director.

Instructor Check-in

All instructors or coaches must report to the tournament check-in and pick up the competitor IDs. Instructors are responsible for making sure competitors have their identification with them at all times as proof that they are registered competitors.

Instructor Check-in will be available on Friday December 1, 2017 at the host hotel from 6:00 p.m. until 8:00 p.m. and at the tournament venue on Saturday December 2, 2017 from 7:30 a.m. until 8:00 a.m.

Black Belt Card

All Black Belts, all ages, must be certified with ITF headquarters in Benidorm, Spain. When using the online registration process, there will be a space for providing the Black Belt

certificate number (e.g. C-2-3425, A-5-232, etc) and ITF ID number (ITF ID number is found on your ITF wallet card). Black Belts who were recently promoted may not have their certification cards yet. When registering on-line, competitors with this situation should enter "Pending" in the Black Belt Certificate number box. Pending black belt applications will be confirmed with ITF HQ. Black Belts who have a card from a previous rank will have the same ITF ID number and can get that number from their old card.

All Black Belts must show their ITF Black Belt registration card at the Weight Verification (see below). A photocopy of the Black Belt certificate showing name, rank and date information as well as the signature of the ITF President is acceptable. Any Black Belt without appropriate proof of certification in the ITF will be disqualified without refund of event fees.

Weight Verification

All Black Belts, all ages, must have their weight category verified at the weigh-ins. Weigh-in procedure will follow ITF World Junior/Senior Championships rules. Black Belts must present their Black Belt certification card at the weight verification.

Pre-Junior Black Belts (age 13 and under) and Super Senior (age 35+) must be within +/-3 kg of their stated weight or they will be disqualified. Junior and Senior Black Belts (age 14-34) must fall within their selected weight divisions or they will be disqualified.

Weight verification will be available on Friday December 1, 2017 at the host hotel from 6:00 p.m. until 8:00 p.m. and at the tournament venue on Saturday December 2, 2017 from 7:30am until 8:00 am. Black belt competitors are encouraged to weigh-in on Friday evening to avoid the rush on Saturday morning.

Senior and Junior Black Belt Sparring Weight Divisions

The following are the current ITF Black Belt weight categories for Individual Junior and Senior free sparring competition.

ITF International Black Belt Weight Divisions

JUNIOR WEIGHT DIVISIONS

MALE			FEMALE			
(a)	MICRO	Up to 50 kg	(a)	MICRO	Up to 45 kg	
(b)	LIGHT	50.1 to 56 kg	(b)	LIGHT	45.1 to 50 kg	
(c)	MIDDLE	56.1 to 62 kg	(c)	MIDDLE	50.1 to 55 kg	
(d)	LIGHT HEAVY	62.1 to 68 kg	(d)	LIGHT HEAVY	55.1 to 60 kg	
(e)	HEAVY	68.1 to 75 kg	(e)	HEAVY	60.1 to 65 kg	
(f)	HYPER	Over 75 kg	(f)	HYPER	Over 65 kg	

SENIOR WEIGHT DIVISIONS

MALE			FEMALE			
(a)	MICRO	Up to 57 kg	(a)	MICRO	Up to 50 kg	
(b)	LIGHT	57.1 to 63 kg	(b)	LIGHT	50.1 to 56 kg	
(c)	MIDDLE	63.1 to 70 kg	(c)	MIDDLE	56.1 to 62 kg	
(d)	LIGHT HEAVY	70.1 to 78 kg	(d)	LIGHT HEAVY	62.1 to 68 kg	
(e)	HEAVY	78.1 to 85 kg	(e)	HEAVY	68.1 to 75 kg	
(f)	HYPER	Over 85 kg	(f)	HYPER	Over 75 kg	

Please instruct your competitors carefully so that they select the correct weight division when registering.

Black Belt Qualification for 2018 Nationals and 2019 Worlds

Individual competitors in the Junior and Senior Black Belt patterns and sparring divisions will be competing for seeding points in the CTFI points system. For Junior and Senior divisions, the top 3 competitors in the seeding point standings in each division (patterns and sparring) will automatically qualify for the finals at 2018 Nationals.

To determine current standings, please check the CTFI website at www.ctfi.org

Competing Up

Junior Black Belt divisions are age 14-17. Senior divisions are age 18+. According to the ITF and CTFI rules, the qualifying age for a division and an event is dependant on the age of the competitor on the first day of the competition. The 2019 ITF Taekwon-Do World Championships is slated to begin approximately April 24th - 28th 2019.

This means that someone who is currently 13 but has their 14th birthday on or before April 24th 2019 may be able to move up to the Junior Patterns Division. Similarly, someone who turns age 18 by December 31, 2018 may move up to the Senior age divisions in Westerns and Easterns in order try out for World Championships or to collect seeding points for future events. This applies to Individual Patterns, Team Patterns and Breaking competitions only. Competing up will not be allowed for Free Sparring.

Exact circumstances under which "Competing Up" is allowed are detailed in the current CTFI Team Manual, which is available on the "Resources and Downloads" page of the CTFI web site (refer to Appendix A).

ACTION: Instructors who have students that they are considering moving up one division are asked to review the Team Manual in detail and consult with the CTFI Tournament Director, Master Kevin Reinelt (tournamentdirector@ctfi.org 604-944-5425) prior to advising their students which age division to select in the online registration.

Colour Belt Age Divisions

Minimum age is 5 years old. As per CTFI competition rules, the appropriate age division for all competitors will be determined based on the age of the person on the day of the Tournament (December 2, 2017). Please note that Colour Belt age divisions with less than 3 people may be merged with other groups.

Insurance

The Organizing Committee and CTFI are not responsible for any injuries. Participants must have full third party liability insurance cover for any injuries they may cause to others.

ACTION: Instructors must provide Proof of Insurance to the Tournament Director by November 3, 2017, or their competitors will <u>not</u> be allowed to participate. Many Instructors have already done this. If you have not yet, please do so.

TRANSPORTATION

Competitors, coaches and supporters travelling by air will arrive at the Ottawa International Airport. The tournament host will help in providing transportation for participants from the airport to the host hotel and back again.

Anyone requiring transportation from and to the Ottawa airport must indicate in the online registration their requirements. You must then send to the tournament host complete arrival and departure information.

Note: there will be a cost for transportation.

Deadline for submitting full details for transportation is November 3, 2017.

ACCOMMODATION

The official event host hotel is the Holiday Inn, 1199 Joseph Cyr St, Ottawa, ON K1J 7T4

The Holiday Inn Ottawa East is conveniently located off Highway 417 across from Ottawa's largest shopping centre, just a five minute drive from the Tournament venue, Parliament Hill, Byward Market, and other tourist attractions. The full service property offers 261 newly renovated guestrooms and suites, complimentary parking, onsite restaurant and pub, indoor atrium style swimming pool, sauna and fitness facility.

Coach check-in and Black Belt weigh-ins will be available at this hotel on Friday December 1, 2017 in the Meeting Room from 6:00 p.m. until 8:00 p.m.

Pricing:

Single rooms (1 Queen Bed + pull out couch) \$129.00 + taxes Double rooms (2 Queens Beds) \$139.00 + taxes

When booking a room, please use Block Code: "ARCAN Taekwon-Do"

Reservations can be made via:

Email: reservations@hiottawaeast.com

Phone: 1-800-387-9779

<u>Cut-off for booking host hotel rooms at this rate is November 1, 2017</u>. Please be sure to book your rooms before this date. After that date, rooms may or may not be available at this rate.

TOURNAMENT RULES

All events at this tournament will follow the Canadian Taekwon-Do Federation International (CTFI) Rules for Coloured Belt Competition and the International Taekwon-Do Federation (ITF) Rules for Black Belt Competition. Copies of these rules are available on the CTFI web site in the "Download" section: http://www.ctfi.org/?page_id=11

Special additions to these rules are as listed below.

Patterns

Coloured Belt Patterns

Competitors may perform the pattern of their rank or the pattern immediately below their current rank to accommodate recently promoted students. Coloured Belts may not perform any pattern above that of their current rank.

Individual Black Belt Patterns

Competitors will compete 1 to 1 and will perform simultaneously two (2) Designated Patterns appropriate to their degree. The first designated pattern will be one of the last three patterns regarding the level of degree. The second designated pattern is from pattern Chon-Ji to the level of degree. This applies to all Black Belts, all ages including Pre-Junior and Super Senior.

Free Sparring

Duration of matches

Coloured Belts 1 round of 2 minutes.

Black Belts under 14 2 rounds of 1.5 minutes (all rounds)

Black Belts 14-35 2 rounds of 2 minutes.

Black Belts 36+ 2 round of 1.5 minutes (all rounds)

Safety Equipment

Mandatory Safety equipment:

- Hand, Foot and Head guards of an approved type (see below);
- Mouth guard;
- Groin protection for all males (must be worn inside the trousers)

Optional Safety equipment:

- Shin protectors of an approved type (no hard materials);
- Groin protection or chest protection for females (must be worn inside the dobok)

Approved types of sparring safety equipment

Black Belts competing in the Junior and Senior divisions must have hand, foot and head protectors approved by ITF for international competition. Full details of approved equipment are available at:

http://approved.tkd-itf.org/ext/approved-itf/?department=safety-equipment

Black Belts will be required to wear either red or blue hand/foot/head protectors depending on their position in the draws. Black Belts must have sets of both colours available.

<u>Coloured Belts, Pre-Junior Black Belt (Age 13 and under) and Super Senior Black Belts (age 36+)</u> may wear ITF approved gear or the standard foam safety gear such as Macho or Century. Any colour is allowed for this group, but we recommend red or blue (if you have it) to help the umpires.

No jewellery, piercings, watches or other adornments may be worn; hair may be kept in place using a material of a soft elastic nature only. Hard materials (e.g. plastic, wood or metal) are not allowed.

Students must compete with required safety equipment. Students without required equipment may be disqualified. Competitors sharing equipment is welcomed.

Awards

Four medals will be awarded for each division: gold, silver and two bronzes.

Medals for Coloured Belt and Black Belt competitors will be presented immediately after completion of their events at an award podium set up at the competition venue. It will be arranged so that supporters can get close to take good photographs.

In addition to medals for individual, trophy awards will be presented for the following categories based on performance across all events:

- Top school trophy (based on competition wins)
- Most supporting school trophy (most competitors registered except from the HOST School)

Division merging may occur if the number of competitors in a division is less than 3. This does not apply to Junior and Senior black belt categories.

Protests

Only the Coach for a competitor in a Black Belt match can present a protest when a decision or procedure seems to violate the rules. The protest tax for this event is fixed at CN\$100.

UMPIRES

"It is our mission to provide a safe, fair, fun and efficient competition for all students."

Full Time Umpires

The organizing committee and the CTFI are working very hard to produce a great event with a high caliber of competition that will be safe, fair and enjoyable for all participants.

To have a successful event, it is critical that we have a strong team of full-time umpires and officials. We ask all qualified individuals who are planning to attend this event as full-time umpires to register your attendance with the online system.

Full time umpires will not be allowed to compete or coach.

All full-time umpires who register on-line will be provided with lunch at the venue on competition day.

In addition, after the event is complete, full-time umpires will be paid a cash honorarium based on rank and umpire certification level. Umpires with no current certification may be accepted, however, minimum level C is required for the honorarium payment.

To help reduce costs for officials, the event organizer will offer a service to arrange for room shares for Full Time Umpires. When you register on-line, indicate if you would like to share a room and if you have any preference who with so we can set it up for you.

FULL-TIME UMPIRE APPLICATION CUT-OFF DATE: November 3, 2017 at 11:00pm Pacific Time

Officials Dress

All Full Time Umpires must wear ITF standard Umpire dress:

- White Shirt
- Blue Tie
- Blue Pants (no jeans)
- Blue suit jacket
- White athletic shoes.

Competitor/Umpires

In the event of a shortage of qualified full-time umpires, registered Black Belts competitors age 16 + may be required to assist with the umpire duties for the Coloured Belt competition at this tournament.

Persons accredited as Head Coaches and Colour Belt Coaches will not be required to officiate for the Colour Belt competition. However, persons accredited as Head Coaches and Black Belt Coaches may be required to judge Black Belt Patterns if they have rank of 4th degree or above. Anyone of that rank should bring their umpire suit and be prepared to judge Black Belt Patterns and Pre-arranged Sparring.

We will do our best to let you know several days before the event if you will be required to work as an umpire for Colour Belt competition or for Black Belt Patterns competition.

All Black Belt competitors acting as Officials will receive a complimentary lunch on the day they work at the competition.

Black Belt competitors who do not participate in umpiring as assigned will not be allowed to compete.

**INSTRUCTORS: It is your responsibility to ensure that your Black Belts understand that they must report for umpire duty as required.

Officials Meetings

All Full Time Umpires and Competitor/Umpires must attend the Black Belt meetings to be held at the beginning of the day of the tournament at the time noted in the schedule above.

Officials Dress

All Competitor/Umpires must wear either:

- ITF standard Umpire dress: White Shirt, Blue Tie, Blue Pants (no jeans), white athletic shoes, or
- Full ITF Dobok (no track jackets).

Casual clothing will not be permitted on the floor.

COACHES AND CLUB PHOTOGRAPHERS

At this event, <u>coaches</u> <u>will</u> <u>be</u> <u>allowed</u> <u>for</u> <u>both</u> <u>Coloured</u> <u>Belts</u> <u>and</u> <u>Black</u> <u>Belt</u> <u>competition</u>.

Senior Head Coach

Each School will be allowed one senior Black Belt eligible to coach Colour Belts or Black Belts. This person is the designated "Head Coach" for each school. *Please note that the Head Coach will likely be asked to judge for the Black Belt patterns competition*, especially Head Coaches with rank of 4th degree or higher. Head Coaches will not be asked to officiate for Coloured Belt competition nor for Black Belt sparring competition. The fee for the "Head Coach" is \$50.

Coloured Belt Coaches

Coaches for Coloured Belts will help them have a more positive experience and ensure they get to the proper location on time. Coaches for Coloured Belts also offer a safety factor during a sparring match.

Because all Black Belts age 16 and older may be required to officiate during the Coloured Belt competition, only other coloured belts or Black Belts aged 15 and under will be allowed to coach Coloured Belts. There is no limit to the number of this type of coaches. The fee for a Colour Belt coach is \$30.

<u>Instructors</u>, it is very important that any of your students acting as coaches must be aware of and follow the correct protocol for interaction with officials. Before the Championships, please train any of your members who will be coaching.

Black Belt Coaches

Black Belt Coaches may be any person regardless of rank. <u>Please note that Black Belt Coaches may be asked to judge for Colour Belt competition or for Black Belt patterns,</u>

<u>especially Black Belt Coaches with rank of 4th degree or higher.</u> Black Belt Coaches will not be asked to judge for Black Belt Sparring. The fee for Black Belt coaches is \$50.

Coaching Rules

For the competition there will be only one (1) Head Coach, Colour Belt Coach or Black Belt coach close to the square. During the tournament, coaches must wear an athletic training suit, gymnastic shoes and carry a towel and protective gloves. They will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. They are the only ones allowed to present an official protest.

Failure to abide by the above mentioned rules may render the coach liable to be disqualified from his/her advisory position.

Photographers

Any school or club may apply for accreditation for photographers to have access to the competition floor to take photos of their participants.

For safety and efficiency, only competitors, officials, volunteers, accredited coaches and accredited photographers will be allowed to enter the competition floor. Accreditation passes will be required by all.

All Coaches and Photographers must register on-line and pay the registration fee to receive a security pass. See the CTFI web site for the on-line registration link for Coach and Photographer at www.ctfi.org.

Deadline for registering Coaches and Photographers is November 3, 2017.