



Dear masters and instructors,

We are very excited to invite you to participate in the 2013 CTFI National Championships in Quebec City. All CTFI members, coloured belts and black belts, are invited to participate in this amazing and memorable event.

Coloured belts will have the opportunity to compete in a friendly way to win medals in patterns and free sparring. Also, power breaking and specialty technique will be open for blue and red belts, age 15 and up.

Black Belts will battle for a position on Team Canada going to the World Championships in Spain in October 2013! Patterns, free sparring, power breaking and specialty technique, prearranged sparring, team sparring and patterns are all events you'll have the opportunity to see during this competition.

New this year : Two special categories (ages 35-49 and 50 +) will allow older adults to perform and show their skills. Coloured and black belts in these age groups are invited to join us.

Our goal is to provide a professional championship with an excellent level of competition and sportsmanship, demonstrating the true spirit of the original ITF Taekwon-do.

We invite you to read carefully the following pages so you'll get information on the schedule and the website. We also include a letter for your students so it will be easier for instructors to inform their students.

For more information on **registration**, rules, banquet, clothing, hotel, we invite you to go on our website :

www.ctfi-nationals.com

We hope to see you on May 18th and 19th, 2013 !

Valérie Gingras-Précourt
Directrice technique de l'École de taekwon-do ITF de la Citadelle
Responsable du comité organisateur

CHAMPIONNAT CANADIEN DE TAEKWON-DO ITF 2013

TANGUAY

www.ctfi-nationals.com
ctfinationals2013@gmail.com
418-353-2410

Bureau de
la Capitale-Nationale
Québec 



Dear students and parents,

We are very excited to invite you to participate in the 2013 CTFI National Championships in Quebec City. All CTFI members are invited to participate in this amazing and memorable event.

Coloured belts will have the opportunity to compete in patterns and free sparring. These Nationals are also a good way for them to make new friends and meet taekwon-do students from across Canada. Blue and Red belts, age 15 and up are also invited to participate in the power breaking and specialty technique events.

Black Belts will battle for a position on Team Canada going to the World Championships in Spain in October 2013! Patterns, free sparring, power breaking and specialty technique, prearranged sparring, team sparring and patterns are all events you'll have the opportunity to see during this competition. Also, we offer a new category for patterns...black belts age 50 and up are invited to show their skills !

Events will take place at the Cégep Limoilou (Quebec city) on May 18th and 19th , 2013. Here is the schedule :

Saturday May 18th	9 AM :	Opening ceremony
	9:30 AM	Coloured belts (patterns and free sparring)
	2 PM :	Black belts (patterns, prearranged sparring and team patterns) and Coloured belts (power breaking and specialty technique)
Sunday May 19th	9 AM :	Black belts (free sparring, power breaking and specialty technique)
	2 PM	Black belts (team sparring)
	6:30 PM	Banquet at l'Observatoire de la Capitale (<i>open to black belts, coloured belts (age 18 and up), parents and supporters</i>)

Our goal is to provide a professional championship with an excellent level of competition and sportsmanship, demonstrating the true spirit of the original ITF Taekwon-do.

For more details, to REGISTER, to buy banquet tickets, t-shirts or hoodies, go to :

www.ctfi-nationals.com

Join us in Quebec city for 2013 Nationals !

*Valérie Gingras-Précourt
Host of the event*

CHAMPIONNAT CANADIEN DE TAEKWON-DO ITF 2013

TANGUAY

www.ctfi-nationals.com
ctfinationals2013@gmail.com
418-353-2410

Bureau de
la Capitale-Nationale
Québec

SCHEDULE

Friday May 17th, 2013

Arrival of athletes staying at Château Laurier

3pm – 5pm CTFI Annual General Meeting

6pm – 8pm Coach Check-in at Château Laurier

Saturday May 18th, 2013 (Family day)

7:30am – 12pm Black Belt Weigh-ins at Venue

8:30am Black belt officials meeting (all Black belts age 16+ and all officials must be present)

9am Opening ceremonies

9:30am – 2pm Coloured belt competition (patterns and sparring)

2pm Black belt competition (patterns, prearranged sparring and team patterns)

Coloured belts Jr. and Sr. (age 14-34) - breaking ring opens

8pm Competition ends for the day

Sunday May 19th, 2013

7:30-8am Black Belt Weigh-ins at Venue

9am Black belt competition (sparring and breaking)

14pm Black belt competition (Team sparring)

17pm Competition Complete

6:30pm Banquet and Black Belt Awards at l'Observatoire de la Capitale

Please note that these times are tentative, and will be confirmed as more details become finalized.

CHAMPIONNAT CANADIEN DE TAEKWON-DO ITF 2013

TANGUAY

www.ctfi-nationals.com
ctfinationals2013@gmail.com
418-353-2410

Bureau de
la Capitale-Nationale
Québec 

Umpires

It is our mission to provide a safe, fair, exciting and efficient competition for all students.

All Black Belts (age 16 +) are required to assist with the umpire duties at this tournament. In the event of an umpire shortage, Black Stripes age 16+ and Black Belts age 14+ may also be asked to assist with umpire duties for coloured belts.

All Officials will receive a complimentary lunch on the day of competition.

All officials must attend the Black Belt meetings to be held at the beginning of the tournament at the time noted in the schedule above.

All referees and judges must wear official ITF dress: White Shirt, Blue Tie, Blue Pants (no jeans), white athletic shoes. Casual clothing will not be permitted on the floor.

Black Belts who do not participate in umpiring as assigned not be allowed to compete.

****INSTRUCTORS: It is your responsibility to ensure that your Black Belts understand that they must report for umpire duty as required.**

Registrations of Black Belts and Black Stripes will be used to create the Umpires list.

****INSTRUCTORS: Please indicate on the list below any Black Belts who will be attending but are not competing and available to act as umpires.**

Please return the list below to us before May 5, 2013 by fax (604-941-0052) or email (tournamentdirector@ctfi.org).

CHAMPIONNAT CANADIEN DE TAEKWON-DO ITF 2013

TANGUAY

www.ctfi-nationals.com
ctfinationals2013@gmail.com
418-353-2410

Bureau de
la Capitale-Nationale
Québec 

Non-Competing Umpire List

Instructors, please list information for all Black Belts and Black Stripes, aged 16 years and up who will attend the event, but are not competing and will act as umpires.

Individuals of correct age and rank that apply as competitors will be automatically listed as Umpires. They must act as umpires unless special arrangements are made with the Tournament Director before January 12, 2013.

Please return this list to us before May 5, 2013 by fax (604-941-0052) or email (tournamentdirector@ctfi.org).

	Name	Age	Rank	School	Umpire certification level.
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					

CHAMPIONNAT CANADIEN DE TAEKWON-DO ITF 2013



www.ctfi-nationals.com
ctfinationals2013@gmail.com
 418-353-2410



Coaches and Club Photographers

At this event, coaches will be allowed for both Coloured Belts and Black Belt competition.

Coloured Belt Coaches

Coaches for Coloured Belts will help them have a more positive experience and ensure they get to the proper location on time. Coaches for Coloured Belts also offer a safety factor during a sparring match.

Because all Black Belts age 16 and older are required to officiate during the Coloured Belt competition, only other coloured belts or Black Belts aged 15 and under will be allowed to coach Coloured Belts. There is no limit to the number of this type of coaches.

Instructors, it is very important that any of your students acting as coaches must be aware of and follow the correct protocol for interaction with officials. Before the Championships, please train any of your members who will be coaching.

Black Belt Coaches

Black Belt Coaches may be any person regardless of rank. Please note that Black Belt Coaches may be asked to judge for Colour Belt competition or for Black Belt patterns, especially Coaches with rank of 5th degree or higher. Coaches will not be asked to judge for Black Belt Sparring. Please make sure to fill out the coach registration form for Black Belt Referees not attending that you may have in your Club.

Each school or club will be allowed to have 1 coach for every 4 Black Belts registered to compete.

For individual or team competition there will be only one (1) Colour Belt or Black Belt coach close to the square. During the tournament, coaches must wear a training suit, gymnastic shoes and carry a towel. They will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. They are the only ones allowed to present an official protest.

Failure to abide by the above mentioned rules may render the coach liable to be disqualified from his/her advisory position.

Club Photographers

Any school or club may apply to purchase a pass for photographers to have access to the competition floor to take photos of their participants.

For safety and efficiency, only competitors, officials, volunteers, designated coaches and designated club photographers will be allowed to enter the competition floor. Security passes will be required by all.

All Coaches and Photographers must register on-line and pay the registration fee to receive a security pass. See the event web site for the on-line registration link for Coach and Photographer at www.ctfi-nationals.com Look under the registration tab.

Deadline for registering Coaches and Photographers is May 5th, 2013.

CHAMPIONNAT CANADIEN DE TAEKWON-DO ITF 2013

TANGUAY

www.ctfi-nationals.com
ctfinationals2013@gmail.com
418-353-2410

Bureau de
la Capitale-Nationale
Québec 

For more information on :

- Venue;
- Rules;
- REGISTRATION (for students and coaches);
 - Hotel;
 - Sponsors...

Or to buy clothing and tickets for the banquet,

Visit us at :

www.ctfi-nationals.com

Mme. Valérie Gingras-Précourt
Hôte de l'événement
Ctfinationals2013@gmail.com
418-353-2410

Mr. Kevin Reinelt
Tournament director
tournamentdirector@ctfi.org
604-944-5425

CHAMPIONNAT CANADIEN DE TAEKWON-DO ITF 2013

TANGUAY

www.ctfi-nationals.com
ctfinationals2013@gmail.com
418-353-2410

Bureau de
la Capitale-Nationale
Québec 