



**CTFI
Western
Championships**

April 13, 2013

**University of
Regina**

**3737 Wascana Pkwy
Regina, SK.**

**Open to all belt levels,
age 4 and up.**

Dear Masters and Instructors,

All Coloured Belt and Black Belt members of the Canadian Taekwon-Do Federation International are invited to participate in the 2013 CTFI Western Canadian Championships in the beautiful City of Regina, Saskatchewan.

Competition will be especially hot this year as Junior and Senior Black Belts from the 4 Western provinces will compete to qualify for a position on Team Canada going to the 2013 World Championships in Spain!

The Championships will be held at the University of Regina, 3737 Wascana Parkway, Regina, SK.

For full information and on-line registration, please direct your competitors to the Upcoming Events web page at:

www.ctfi.org

It is our goal to provide an amazing and memorable experience for all participants and their supporters. This will be a well organized event with an excellent level of competition and sportsmanship, demonstrating the true spirit of the original ITF Taekwon-Do.

For the 2013 CTFI Western Championships, we are also pleased to provide the following features to the tournament program:

- *All competitors, upon registration at the event, will be provided with the ring location and estimated time schedule for their events.*
- *All participants will register and make payment directly on-line via the Internet.*

Join us for the Westerns in April 2013!

Hosted By:

*The Saskatchewan Taekwon-Do
Federation Intl.*

Sincerely,

Master Norman (VIII) – President

CANADIAN TAEKWON-DO FEDERATION INTERNATIONAL

For more information: Tel: 604-944-5425 Email: achieve@triumphtkd.com



2013 Western Canadian ITF Taekwon-Do Championships

Event Information

- What:** 2013 CTFI Western Canadian Championships
- Who:** All official CTFI affiliated schools and practitioners in Manitoba, Saskatchewan, Alberta and BC.
- When:** Saturday, April 13, 2013
See web site and following pages for full schedule details.
- Where:** University of Regina – Kinesiology Centre of Health Studies Gym #3
3737 Wascana Parkway, Regina, SK
- Hosted By:** Saskatchewan Taekwon-Do Federation International
- Tournament Director:** Mr. Kevin Reinelt (VI)
Contact: email: achieve@triumphtkd.com
Tel: 604-944-5425

Registration: All registration will be on-line by Internet. Registration closes March 17, 2013 at 11pm Pacific time. See website for details.

Fees:

Coloured Belts (all) Patterns and/or Sparring.....	\$60
Pre-Jr. Black Belts (age 13 and under) Patterns and/or Sparring	\$60
Super Sr. Black Belts (age 35+) Patterns and/or Sparring	\$60
Jr. & Sr. Black Belts (age 14-34) Patterns and/or Sparring.....	\$75
Prearranged Sparring (only Jr. & Sr. Black Belts).....	\$30/team
Team Patterns (only Jr. & Sr. Black Belts).....	\$50/team

Events:

These championships will see the following events:

- Coloured Belt and Black Belt Individual Patterns
- Coloured Belt and Black Belt Individual Free Sparring
- Black Belt Prearranged Sparring (Qualifying for Nationals)
- Black Belt Team Patterns (Qualifying for Nationals)

Important information regarding Registration:

Instructors: All participants in this event must use our online registration system. Please direct all students to the CTFI tournament web site at: www.ctfi.org. From there find the “Upcoming Events” page and click on the link to register. Payment must be made by Visa, MasterCard.

Teams registering for Pre-arranged Sparring or Patterns must also go to the web site and use the appropriate Team link to register for the event.

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This saves you, the Instructor, much time and effort collecting and processing application forms and fees. It also saves many errors as students are responsible for entering their correct weight, height, age, rank and gender or they cannot register.

After close of registration, a report will be sent back to each school for the Instructor to check for correct weight, height, age, rank and gender as well as the assigned division for each of their competitors. Please be accurate with the information you enter in this form. There will be a fee of \$20, paid in advance, for any changes required due to mistakes made entering information.

***** Instructors** are asked to take responsibility for on-line registration of any students who do not have access to the Internet or do not have credit cards. If there are any difficulties, please contact the help line provided on the on-line registration page, or the Tournament Director.

Competitor Check-in and Black Belt Card

Upon arrival at the event, all participants will be required to check-in at the registration desk. All Black Belts must show their ITF Black Belt registration card. A photocopy of the Black Belt certificate showing name, rank and date information is acceptable.

Check-in will be available on Friday April 12/13 at the host hotel from 6pm until 8pm and at the tournament venue on Saturday April 13/13 from 7:30am until 10am. Competitors are encouraged to check in on Friday night so they don't get caught in the crush on Saturday morning

Some Black Belts who were recently promoted may not have their registration cards yet. When registering on-line, competitors with this situation should type "Pending" in the Black Belt Certificate number box.

NEW Black Belt Weight Divisions

Instructors, please note that ITF introduced a new weight division called "Light Heavy". As a result, the boundaries of the existing weight divisions have changed as shown in the table below.

JUNIOR WEIGHT DIVISIONS

Male:

- | | |
|-----------------|------------------|
| (a) MICRO | Up to 50 kg |
| (b) LIGHT | Over 50 to 56 kg |
| (c) MIDDLE | Over 56 to 62 kg |
| (d) LIGHT HEAVY | Over 62 to 68 kg |
| (e) HEAVY | Over 68 to 75 kg |
| (f) HYPER | Over 75 kg |

Female:

- | | |
|-----------------|------------------|
| (a) MICRO | Up to 45 kg |
| (b) LIGHT | Over 45 to 50 kg |
| (c) MIDDLE | Over 50 to 55 kg |
| (d) LIGHT HEAVY | Over 55 to 60 kg |
| (e) HEAVY | Over 60 to 65 kg |
| (f) HYPER | Over 65 kg |

SENIOR WEIGHT DIVISIONS

Male:

- | | |
|-----------------|------------------|
| (a) MICRO | Up to 57 kg |
| (b) LIGHT | Over 57 to 63 kg |
| (c) MIDDLE | Over 63 to 70 kg |
| (d) LIGHT HEAVY | Over 70 to 78 kg |
| (e) HEAVY | Over 78 to 85 kg |
| (f) HYPER | Over 85 kg |

Female:

- | | |
|-----------------|------------------|
| (a) MICRO | Up to 50 kg |
| (b) LIGHT | Over 50 to 56 kg |
| (c) MIDDLE | Over 56 to 62 kg |
| (d) LIGHT HEAVY | Over 62 to 68 kg |
| (e) HEAVY | Over 68 to 75 kg |
| (f) HYPER | Over 75 kg |

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This new rule came into effect on January 1, 2013 and will be followed in all CTFI events from now on. The Black Belt weight divisions on the on-line registration will include the new divisions. Please ensure that your competitors are aware of this new rule and select the correct weight class.

Weight Verification

All Black Belts (all ages) must have their weight category verified at the weigh-ins. Weigh-in procedure will follow ITF World Junior/Senior Championships rules.

Pre-Junior Black Belts (age 13 and under) and Super Senior (age 35+) must be within +/- 3kg of their stated weight or they will be disqualified. Junior and Senior Black Belts (age 14-34) must fall within their selected weight divisions or they will be disqualified.

Weight checks will be available on Friday April 12/13 at the host hotel from 6pm until 8pm and at the tournament venue on Saturday April 13/13 from 7:30am until 10am. Competitors are encouraged to weigh-in on Friday night so they don't get caught in the crush on Saturday morning.

Black Belt Qualification for 2013 Nationals and 2013 Worlds

This event is an important qualifier for Team Patterns divisions and Pre-arranged Sparring divisions. First place teams from each division at Westerns and Easterns will go on to Nationals to compete for a place on the Canadian National Delegation going to the 2013 World Championships in Spain.

Individual competitors in the Junior and Senior Black Belt patterns and sparring divisions will be competing for seeding points in the CTFI points system. For Junior divisions, the top 4 competitors in the seeding point standings in each division (patterns and sparring) will automatically qualify for the finals at Nationals. For Senior age divisions, the top 3 competitors in the seeding point standings will automatically qualify for the finals at Nationals.

To determine current standings, please check the CTFI Web Site (<http://www.ctfi.org/wp-content/uploads/2007/11/Seeding-Points-post-2012-Panams.pdf>).

Competing Up

Junior Black Belt divisions are age 14-17. Senior divisions are 18+. According to the ITF and CTFI rules, the qualifying age for a division and an event is dependant on the age of the competitor on the first day of the competition. The 2013 World Championships is slated to begin on **October 23, 2013**.

This means that someone who is currently 13 but has their 14th birthday on or before October 23/13 may be able to move up to the Junior Patterns Division, or that someone who is currently 17 may move up to the Senior age divisions in Westerns and Nationals in order try out for World Championships or to collect seeding points for future events. This applies to Patterns competition only. Competing up will not be allowed for Free Sparring.

Exact circumstances under which this is allowed are detailed in the current CTFI Team Manual, which is available on the "Resources and Downloads" page of the CTFI web site (refer to the very last pages).

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ACTION: Instructors who have students that they are considering moving up one division are asked to review the Team Manual in detail and consult with the CTFI Tournament Director, Mr. Kevin Reinelt (achieve@triumphtkd.com 604-944-5425) prior to advising their students which age division to select in the on-line registration.

Age Divisions

Minimum age is 4 years old. As per CTFI competition rules, the appropriate age division for all competitors will be determined based on the age of the person on the day of the Tournament (April 13, 2013). Please note that age divisions with less than 3 people may be merged with other groups.

Insurance

The Organizing Committee and CTFI are not responsible for any injuries. Participants must have full third party liability insurance cover for any injuries they may cause to others.

ACTION: Instructors must provide Proof of Insurance to the Tournament Director by March 23, 2013, or their competitors will not be allowed to participate.

Accommodations:

The official event host hotel is the **Travelodge Hotel**, located at 4177 Albert St S, Regina, SK. S4S 3R6

Competitor check-in and Black Belt weigh-ins and will be available at this hotel on Friday April 12, 2013 from 6pm until 8pm.

This is a well-rated hotel within 10 minute drive of the tournament venue and walking distance to many restaurants, grocery store and convenience stores.

Room rates are \$125 per night for single to quadruple occupancy.

Parking is free for all vehicles.

Cut off for booking host hotel rooms at this rate is March 12, 2013. Please be sure to book your rooms before this date! After that date, rooms may or may not be available at this rate.

When booking a room, please use Block Code: “CGTKDC” and Block ID # 1187282.

Reservations can be made via:

- email at groupsales@travelodge.com
- local phone number (306-586-3443)

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Second Hotel Option:

Executive Royal Hotel Regina, (formerly West Harvest Inn) located at 4025 Albert St S, Regina, SK. S4S 3R6

This is a well-rated hotel within 10 minute drive of the tournament venue and walking distance to many restaurants, grocery store and convenience stores.

Room rates are \$125 per night for single to quadruple occupancy.

Cutoff for booking host hotel rooms at this rate is March 25, 2013. Please be sure to book your rooms before this date! After that date, rooms may or may not be available at this rate.

When booking a room, please use Block Code: “TAEKWO”

Reservations can be made via:

- email at groupsales@travelodge.com
- Toll free number (1-800-853-1181)

Schedule of Events

Please note that these times are tentative, and will be confirmed as more details become available. The most up-to-date schedule of events can be found on the web site. A final schedule will be published in the week prior to the event.

Friday April 12, 2013	Competitors and Officials arrive Regina, SK
6pm-8pm	Competitor Check-in and Black Belt Weigh-in at Event Hotel.
Saturday April 13, 2013	7:30am-12pm Competitor Check-in at Venue
8am	Black Belt & Officials meeting – all Black Belts age 16 and up, and all Officials must be present
8:30am	Opening Ceremonies
7:30-10am	Black Belt weigh-ins at Venue
9am-1pm	Coloured Belt competition
1pm-5pm	Black Belt competition
5pm	Tournament ends.



WEB SITE FOR INFORMATION AND REGISTRATION

INSTRUCTORS, TO HELP YOUR STUDENTS GET ORGANIZED, READ ABOUT AND REGISTER FOR THE EVENT, PRINT THIS PAGE, CUT OUT THE SQUARES AND HAND THEM OUT!

<p>CTFI Westerns Championships – Regina 2013 April 13, 2013 Information and register at: www.ctfi.org Upcoming events page</p>	<p>CTFI Westerns Championships – Regina 2013 April 13, 2013 Information and register at: www.ctfi.org Upcoming events page</p>
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Tournament Rules

All events at this tournament will follow the Canadian Taekwon-Do Federation International (CTFI) Rules for Coloured Belt Competition and the International Taekwon-Do Federation (ITF) Rules for Black Belt Competition. Copies of these rules are available on the CTFI web site in the "Download" section: http://www.ctfi.org/?page_id=11

Special additions to these rules are as listed below.

Patterns:

Coloured Belt Patterns

competitors may perform the pattern of their rank or the pattern immediately below their current rank to accommodate recently promoted students. Coloured Belts may not perform any pattern above that of their current rank.

Individual Black Belt Patterns

Competitors will compete 1 to 1 and will perform simultaneously two (2) Designated Patterns appropriate to their degree. The first designated pattern will be one of the last three patterns regarding the level of degree. The second designated pattern is from pattern Chon-Ji to the level of degree.

Team Patterns

Both teams shall perform one (1) optional and one (1) designated Pattern in the following order:

Team 1 – 1st optional pattern

Team 2 – 1st optional pattern

Team 1 – 2nd designated pattern

Team 2 – 2nd designated pattern

Free Sparring

DURATION OF MATCHES

Coloured Belts ----- 1 round of 2 minutes.

Black Belts under 14 ----- 1 round of 2 minutes (finals 2 rounds)

Black Belts 14+ ----- 2 rounds of 2 minutes.

Black Belts 35+ ----- 1 round of 2 minutes (finals 2 rounds)

SAFETY EQUIPMENT

Mandatory Safety equipment:

- Hand, Foot and Head guards of an approved type (see below);
- Mouth guard;
- Groin protection for all males (must be worn inside the trousers);

Optional Safety equipment:

- Shin protectors of an approved type (no hard materials);
- Groin protection or chest protection for females (must be worn inside the dobok)

Approved types of sparring safety equipment:

Black Belts competing in the Junior and Senior divisions must have hand, foot and head protectors approved by ITF for international competition. This is specifically Top Ten,

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Fujimae and Granmark brands. Black Belts will be required to wear either red or blue hand/foot/head protectors depending on their position in the draws. Black Belts must have sets of both colours available.

Coloured Belts, Pre-Junior Black Belt (Age 13 and under) and Super Senior Black Belts (age 35+) may wear ITF approved gear or the standard foam safety gear such as Macho or Century. Any colour is allowed for this group, but we recommend red or blue (if you have it) to help the umpires.

No jewellery, piercings, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only. Hard materials (e.g. plastic, wood or metal) are not allowed.

Students must compete with required safety equipment. Students without required equipment may be disqualified. Competitors sharing equipment is welcomed.

Awards:

Four medals will be awarded for each division: gold, silver and two bronzes.

Division merging may occur if the number of competitors in a division is less than 3. This does not apply to Junior and Senior black belt categories.

Protests:

Only the Coach for a competitor in a Black Belt match can present a protest when a decision or procedure seems to violate the rules. The protest tax for this event is fixed at CN\$100.

Umpires

It is our mission to provide a safe, fair, exciting and efficient competition for all students.

All Black Belts (age 16 +) are required to assist with the umpire duties at this tournament. In the event of an umpire shortage, Black Stripes (age 16+) may also be asked to assist with umpire duties for coloured belts.

All Officials will receive a complimentary lunch on the day of competition.

All officials must attend the Black Belt meetings to be held at the beginning of the tournament at the time noted in the schedule above.

All referees and judges must wear official ITF dress:
White Shirt, Blue Tie, Blue Pants (no jeans), white athletic shoes.

Casual clothing will not be permitted on the floor.

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Black Belts who do not participate in umpiring as assigned will not be allowed to compete.

****INSTRUCTORS:** It is your responsibility to ensure that your Black Belts understand that they must report for umpire duty as required.

Registrations of Black Belts and Black Stripes will be used to create the Umpires list.

FULL TIME UMPIRES

****INSTRUCTORS:** Please indicate on the list below any **Black Belts who will be attending but are not competing** and available to act as full time umpires.

Please return the list below to us before March 17, 2013 by fax (604-941-0052) or email (achieve@triumphtkd.com).

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Full Time Umpire List

Instructors, please list information for all Black Belts and Black Stripes, aged 16 years and up who will attend the event, but are not competing and will act as umpires.

Individuals of correct age and rank that apply as competitors will be automatically listed as Umpires. They must act as umpires unless special arrangements are made with the Tournament Director before April 1, 2013.

Please return this list to us before March 15, 2013 by fax (604-941-0052) or email (achieve@triumphtkd.com).

	Name	Age	Rank	School	Umpire certification level.
1.					
2.					
3.					
4.					
5.					
6.					
7.					
8.					
9.					
10.					
11.					
12.					
13.					
14.					
15.					
16.					

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Coaches and School Coordinators

For safety and efficiency, only competitors, officials, volunteers, designated coaches and “school coordinators” will be allowed to enter the competition floor. Security passes will be required by all.

School Coordinators are individuals who help to manage competitors while on the floor. They may be parent volunteers or coloured belts, but not Black Belts (who must be prepared to officiate when required). Each school will be allowed to have 1 school coordinator for every 10 students registered to compete. Additional special arrangements may be made depending on circumstances. Please contact the tournament host.

As specified by the CTFI Rules for Coloured Belt Competition, coaches are only allowed to coach Black Belt competitors during their matches. They may not coach coloured belts. Each school or club will be allowed to have 1 coach for every 4 Black Belts registered to compete.

Coaches for Black Belts must be dressed in the attire specified by the rules of competition. Please note that this includes a towel.

Please send a list of your coaches or school coordinators on the following. Only coaches with these passes will be allowed to coach. All other Black Belts will be assigned to umpire duty.

Please return this list to us before March 15, 2013 by fax (604-941-0052) or email (achieve@triumphtkd.com).

	School	Name	Role (Coach or Coordinator)
1.			
2.			
3.			
4.			
5.			
6.			
7.			
8.			
9.			
10.			