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TAEKWON-DO ITF
VIKING CUP
INTERNATIONAL
2011



**ARENA SKÖVDE
SWEDEN**
16th-17th of April 2011

Invitation

Place and time of event

Viking Cup International 2011 will take place on the 16th and 17th of April 2011 in Skövde, Sweden.

The sports hall of the competition will be ARENA SKÖVDE located on Egnellsvägen 1, Skövde.

The competition will start: Saturday the 16th of April at 08.30.

The end of the competition is planned to: Sunday the 17th of April at approximately 20.00.

The exact schedule of the competition will be published after the deadline for sending the entry forms.

Divisions and classes

The competitors will be divided into the following divisions and groups:

ADULT (sparring and pattern)

Name of division	MEDIUM LEVEL	HIGH LEVEL	TOP LEVEL
Grades	5-3 Kup	2-1 Kup	I-VI Dan
Age of the competitors SENIORS	18 years old and above	18 years old and above	18 years old and above
Age of the competitors JUNIORS	15-17 years old	15-17 years old	15-17 years old

YOUTH (pattern only)

Name of division	BEGINNER LEVEL	HIGH LEVEL
Grades	8-5 Kup	4-1 Kup
Age of the competitors CADETS	12-14 years old	12-14 years old
Age of the competitors MINIORS	8-11 years old	8-11 years old

Attention!

Age for the competitors is based on the date of birth, not the year.

For example, you become a senior on the day you turn 18 years old.

Sparring

Weight classes for the sparring competition (Seniors and Juniors only) will be as follows:

SENIORS

Female: -52 kg, -58 kg, -63 kg, -70 kg, +70 kg

Male: -54 kg, -63 kg, -71 kg, -80 kg, +80 kg

JUNIORS

Female: -45 kg, -50 kg, -55 kg, -60kg, +60 kg

Male: -52 kg, -58 kg, -63kg, -70 kg, +70 kg

We reserve the right to mix classes if the number of competitors in a weight class is less than three persons.

Pattern

In each division the competitors will perform one designated pattern chosen by the judges according to the participant with the lowest grade. In the semifinals and finals the competitors will perform two patterns, optional and designated. The pattern range in each division will be as follows:

ADULT

SENIORS (18 years and above)

Top Level group A (3 Dan - 6 Dan)

from Chon Ji to Moon Moo

Top Level group B (1 Dan - 2 Dan)

from Chon Ji to Juche

High Level (2 Kup - 1 Kup)

from Chon Ji to Choong Moo

Medium Level (5 Kup - 3 Kup)

from Chon Ji to Toi Gye

JUNIORS (15-17 years)

Top Level (1 Dan - 3 Dan)

from Chon Ji to Choi Yong

High Level (2 Kup - 1 Kup)

from Chon Ji to Choong Moo

Medium Level (5 Kup - 3 Kup)

from Chon Ji to Toi Gye

YOUTH

CADETS (12-14 years)

High Level (4 Kup - 1 Kup)

from Chon Ji to Choong Moo

Beginner Level (8 Kup - 5 Kup)

from Chon Ji to Yul Gok

MINIORS (8-11 years)

High Level (4 Kup - 1 Kup)

from Chon Ji to Choong Moo

Beginner Level (8 Kup - 5 Kup)

from Chon Ji to Yul Gok

Cadets and Miniors will complete in a mixed class boys and girls together.

Entry fees

The entry fee is as follows:

SENIOR and JUNIOR: **75** EUR/person

CADET and MINIOR: **35** EUR/person

Accommodation

Hotel

The hotels are of high quality with a toilet, a shower and a TV in each room. The price includes accommodation and breakfast. The hotels are situated near the centre of the town.

The price for accommodation is:

Place in a double room: **55** EUR/person/night

Place in a single room: **70** EUR/person/night

Supporters who stay in the hotel booked by the organizing committee will have free entrance to the competition both Saturday and Sunday.

Booking

All bookings of accommodation, and changes in the reservations, are made **ONLY** by the organizing committee.

Please state the accommodation details in the Entry Form package (xls-document).

The Entry Form package should have reached the organizing committee at the latest the **23rd of March 2011**.

Changes in the accommodation reservation

It is possible to make **small changes** in the reservations until the **4th of April 2011**. After this date there will not be possible to change the reservations and the entry form will be used as the base of calculating the cost of accommodation that the club/organization should pay.

Entry and Payment requirements

To enter the Viking Cup 2011 follow these steps:

STEP 1

Fill in and send the "Entry Form" package to the Organizing Committee.

After this the Organizing Committee will get in touch with the contact person for each organization/club to confirm the preliminary booking of accommodation.

Important! The Entry Form, should have reached the organizing committee at the latest the **23rd of March 2011**. After this date we can not guarantee places in the hotels or the above mentioned prices.

STEP 2

When the preliminary booking for accommodation has been confirmed every organization/club should pay 50% of the whole amount to the following account:

Name of account: Skövde TKD Club
SWIFT (BIC): NDEASESS
IBAN: SE2595000099604247534599

Please note that the reservation of accommodation will not be accepted until the requested amount has reached the organizers account. Deadline for payment is the **4th of April 2011**.

Conceivable fees for making the payment should be paid by the delegations and not by the organizer.

STEP 3

After that the amount has reached the organizers account your booking will be officially accepted. This will be confirmed to the contact person for each organization/club.

STEP 4

The remaining 50% of the amount for accommodation will be paid **ONLY IN EURO and CASH** at arrival during the teams registration. Attention! Credit cards or other payments than cash will not be accepted during registration.

Of course, if you wish to pay more than 50% to the bank account in advance, it's not a problem.

Swedish currency

N.B. The currency used in Sweden is Swedish Crowns SEK. EUROS are not accepted in stores or restaurants. Make sure that you have exchanged your currency before arriving to Skövde as there are limited possibilities to exchange money during the week-end.

Participation conditions

To be able to take part in Viking Cup International 2011 the Entry Form package must have reached the organizing committee at the **latest the 23rd of March 2011**.

The document should be sent by e-mail to: info@viking-cup.se

The next condition for participating in Viking Cup International 2011 is that all fees, entry fee and accommodation fee, are paid according to the requirements stated above.

Additional fee for changes

As there has been too many last minute changes in the entries the last years, which has caused problems for the organizing committee, the decision to introduce an additional fee for changes has been made.

Every change from one competition group to another (weight category or division) made on the arrival day, the 15th of April, will result in an additional fee of **20 EURO/change**.

This additional fee should be paid during registration or weigh-in.

Insurance

All competitors must have full insurance coverage for eventualities by their own club. The Organizer will not be financial responsible for possible injuries caused during the competition.

Registration and Weigh-In

The registration and weigh-in will take place on **Friday the 15th of April between 12.00-20.00** in Hotel PRISMA, Ekedalsgatan 2, Skövde.

All competitors must during the weigh-in show their passport or other identification document.

Rules

The rules for the competition will be the official rules of the International Taekwon-Do Federation with adaption according to the Swedish regulations.

Equipment regulations

According to Swedish regulations all colour belts and all juniors **must wear head protection** during the sparring event. Head protection is optional for senior black belts.

All participants should be in possession of their own protection gear.

System of competition

The competition in sparring will be performed in a pool-system which means that all participants will be divided into pools up to five persons where everybody fights everybody. The competitors with the highest score will advance to the next pool.

In pattern the competition will be according to a traditional pyramid system.

Umpires

The organizer will pay accommodation for 2 umpires with "A" or "B" class from each club/ organization who will be present and take part in the whole competition. However, to make this competition fair and efficient, we welcome umpires from as many schools as possible.

Lunch will be served to the umpires during the competition.

The **umpire meeting** will take place on Friday the 15th of April. Information about time and location will be given during registration. All umpires must take part in the official umpire meeting.

Coaches

All coaches must wear training suite and indoor shoes during the competition.

The **coach meeting** will take place on Friday the 15th of April. Information about time and location will be given during registration.

Prizes

Each competitor will be competing for his/her Taekwon-Do school and country.

- 1st, 2nd and two 3rd places in each category and division will receive the official Viking Cup International medal.
- The top 3 countries of the competition according to total medal statistic in all divisions together will receive a special prize.
- The best club of the competition according to total medal statistic in all divisions together will receive the main prize: the Viking Cup. A 2nd and 3rd prize will also be awarded.
- All competitors, coaches and umpires will receive a Participation Certificate.
- All Cadets and Miniors, independent of their result, will receive a Viking Cup souvenir.

How to get to Skövde

You can get to Skövde in many different ways:

By air plane

The best way is to first fly to Gothenburg and from there take the bus or train which travels directly to Skövde. The train ride takes approximately 1 hour.

Transfer

We are also able to arrange transportation from the airport in Gothenburg to the hotel in Skövde. Please contact the organizing committee for details and prices concerning this.

By train

Skövde has good connections by railway with most Swedish cities. However, the fastest connections are with Stockholm and Gothenburg where you can choose between X2000 train (express) or ordinary train.

By car

There are no problems to travel comfortable by car in Sweden. Most of the roads are of very good standard, no matter how the weather conditions are.

Food

There are many restaurants in Skövde so there will be no problem with finding a place for lunch or dinner. During the competition Restaurant Valle, which is located about 100 meters from the Arena, will be open for lunch. In the city centre, which is about 500 meters from the Arena, many restaurants are open during daytime and in the evenings.

Should your team be interested in the possibility to make arrangements for dinner at the hotel please contact the Organizing Committee for details and costs.

Important dates

23rd of March

Deadline for sending the entry forms.

4th of April

Deadline for prepayment and the last date to make small changes in accommodation.

15th of April

Arrival and registration (12.00-20.00).

Welcome to Viking Cup International 2011!

Master Swavek Dydiszko,
Head of the Organizing Committee

**Deadline for entry forms:
23rd of March 2011**