



Eastern Canadian ITF Championship

Sexton Campus Gymnasium

Halifax, Nova Scotia

Saturday, February 21st, 2009

Dear Masters, Instructors and Students,

We are pleased to invite you and your students to participate in the Eastern Canadian ITF Championship, which will be held on February 21st, 2009 in the beautiful city of Halifax, Nova Scotia at the Sexton Campus Memorial Gymnasium on Barrington Street.

This tournament will include events in both Patterns and Sparring for Color Belts and for Black Belts. This will be a seeding point event for all Junior and Adult Black Belt as a sanctioned CTFI event, meaning the athletes will be seeded into the draws according to their current point status. Seeding points will be earned towards their total points which will be used to seed the trees in 2010. ***All head instructors and coaches should refer to the CTFI Canadian Team Manual for rules and procedures found on the CTFI website at www.ctfi.org.***

It is **very important** that all **competitor information be recapped on the Excel spreadsheet** attached and sent to the tournament director at **kenmackenzie@ns.sympatico.ca** before the deadline of February 11th, 2009

Please find attached the complete details for this event including registration, venue, accommodations, schedule, rules and divisions.

If you need further information, please contact MacKenzie Taekwon-Do at (902) 222-7580 or kenmackenzie@ns.sympatico.ca.

Yours in Taekwon-Do,

Ken MacKenzie

5th Dan

CTFI Tournament Director

www.CTFI.org

kenmackenzie@ns.sympatico.ca

General information

Registration

- All registrations and payments must be received before February 11th, 2009. Individual registration/waiver forms must be mailed with one cheque per club made payable to **Ken MacKenzie** to the address below:

MacKenzie Taekwon-Do
348 Bluewater Road,
Bedford, NS
B4B 2A2

***** IMPORTANT – All competitor information must be recapped on the Excel spreadsheet attached and sent to the tournament director at kenmackenzie@ns.sympatico.ca before the deadline of February 11th, 2009**

➤ **Registration fees are \$50 for Patterns and Sparring**

Venue

Sexton Campus Memorial Gymnasium – Barrington Street in Halifax, Nova Scotia.

Accommodation

The official hotel will be the Delta Halifax – 1990 Barrington Street, Halifax, Nova Scotia (902-425-7009) or (888) 423-3582. Please make reservations as soon as possible to guarantee availability and ask for the CFTI group rate of \$109 per night.

The room for the 7th dan and above will be paid by the host.

Rules and Divisions

- The ITF competition rules for individual patterns and sparring are applied in this championship.
- This championship is sanctioned by the Canadian International Taekwon-Do Federation and will follow the safety rules of the ITF.
- Official meeting for coaches and officials will begin at 8:30 a.m.
- The competition will begin at 9:00 a.m. with color belt patterns followed by color belt sparring. The Black Belt events will follow the color belt competition.
- There will be checking for weights the morning of the competition between 8:00 a.m. to 9:00 a.m. and the Friday evening at the hotel between 7:00 p.m. to 9:00 p.m.
- In this competition, each competitor must wear the ITF dobok. For sparring, approved (Top Ten or Macho style foam dip) protective equipment (safety punch, safety kick, mouth piece, groin cup and safety helmet) must be provided by competitors.
- Four medals will be awarded in each division: gold, silver and two bronzes.
- Division merging may occur if the number of competitor in a division is less than 4.
- The ITF referee official dress is required: blue pants (no jeans), white shirt, blue tie and white shoes. It is **mandatory** for all Black Belts that are competing to be available to umpire.

BLACK BELT PATTERNS

Number	Division	Age	Degree
P1	Mixt pee-wee	13 and under	
P2	Junior boy	14 to 17	1 st
P3	Junior boy	14 to 17	2 nd
P4	Junior boy	14 to 17	3 rd
P5	Junior girl	14 to 17	1 st
P6	Junior girl	14 to 17	2 nd
P7	Junior girl	14 to 17	3 rd
P8	Men	18 to 34	1 st
P9	Men	18 to 34	2 nd
P11	Men	18 to 34	3 rd
P12	Men	18 to 34	4 th
P13	Women	18 to 34	1 st
P14	Women	18 to 34	2 nd
P15	Women	18 to 34	3 rd
P16	Women	18 to 34	4 th
P17	Senior men	35 and above	
P18	Senior women	35 and above	

BLACK BELT SPARRING

Number	Division	Age	Weight	
S1	Mixt pee-wee	13 and under	Light	48Kg and under
S2	Mixt pee-wee	13 and under	Heavy	48.1Kg and above
S3	Junior boy	14 to 17	Micro	52Kg and under
S4	Junior boy	14 to 17	Light	52.1Kg to 58Kg
S5	Junior boy	14 to 17	Middle	58.1Kg to 63Kg
S6	Junior boy	14 to 17	Heavy	63.1Kg to 70Kg
S7	Junior boy	14 to 17	Hyper	70.1Kg and above
S8	Junior girl	14 to 17	Micro	45Kg and under
S9	Junior girl	14 to 17	Light	45.1Kg to 50Kg
S10	Junior girl	14 to 17	Middle	50.1Kg to 55Kg
S11	Junior girl	14 to 17	Heavy	55.1Kg to 60Kg
S12	Junior girl	14 to 17	Hyper	60.1Kg and above
S13	Men	18 to 34	Micro	54Kg and under
S14	Men	18 to 34	Light	54.1Kg to 63Kg
S15	Men	18 to 34	Middle	63.1Kg to 71Kg
S16	Men	18 to 34	Heavy	71.1Kg to 80Kg
S17	Men	18 to 34	Hyper	80.1Kg and above
S18	Women	18 to 34	Micro	52Kg and under
S19	Women	18 to 34	Light	52.1Kg to 58Kg
S20	Women	18 to 34	Middle	58.1Kg to 63Kg
S21	Women	18 to 34	Heavy	63.1Kg to 70Kg
S22	Women	18 to 34	Hyper	70.1Kg and above
S23	Senior men	35 and above	Light	71Kg and under
S24	Senior men	35 and above	Heavy	71.1Kg and above
S25	Senior women	35 and above	Light	63Kg and under
S26	Senior women	35 and above	Heavy	63.1Kg and above

COLOUR BELT PATTERNS

Number	Division	Age	Level
P20	Mixt mini pee-wee	6 to 8	White to yellow II
P21	Mixt mini pee-wee	6 to 8	Green to green II
P22	Mixt mini pee-wee	6 to 8	Blue to blue II
P23	Mixt mini pee-wee	6 to 8	Red to red II
P24	Mixt pee-wee	9 to 11	White to yellow II
P26	Mixt pee-wee	9 to 11	Green to green II
P27	Mixt pee-wee	9 to 11	Blue to blue II
P28	Mixt pee-wee	9 to 11	Red to red II
P29	Pre-junior girl	12 to 14	White to yellow I
P30	Pre-junior girl	12 to 14	Green to green I
P31	Pre-junior girl	12 to 14	Blue to blue I
P32	Pre-junior girl	12 to 14	Red to red I
P33	Pre-junior boy	12 to 14	White to yellow I
P34	Pre-junior boy	12 to 14	Green to green I
P35	Pre-junior boy	12 to 14	Blue to blue I
P36	Pre-junior boy	12 to 14	Red to red I
P37	Junior girl	15 to 17	White to yellow I
P38	Junior girl	15 to 17	Green to green I
P39	Junior girl	15 to 17	Blue to blue I
P40	Junior girl	15 to 17	Red to red I
P41	Junior boy	15 to 17	White to yellow I
P42	Junior boy	15 to 17	Green to green I
P43	Junior boy	15 to 17	Blue to blue I
P44	Junior boy	15 to 17	Red to red I
P45	Women	18 to 34	White to yellow I
P46	Women	18 to 34	Green to green I
P47	Women	18 to 34	Blue to blue I
P48	Women	18 to 34	Red to red I
P49	Men	18 to 34	White to yellow I
P50	Men	18 to 34	Green to green I
P51	Men	18 to 34	Blue to blue I
P52	Men	18 to 34	Red to red I
P53	Senior Women	35 and above	White to green I
P54	Senior Women	35 and above	Blue to red I
P55	Senior men	35 and above	White to green I
P56	Senior men	35 and above	Blue to red I

COLOUR BELT SPARRING

Number	Division	Age	Level	Weight	
S30	Mixt mini pee-wee	6 to 8	White I to green I	Light	28.2Kg and under
S31	Mixt mini pee-wee	6 to 8	White I to green I	Middle	28.3Kg to 35Kg
S32	Mixt mini pee-wee	6 to 8	White I to green I	Heavy	35.1Kg and above
S33	Mixt mini pee-wee	6 to 8	Blue to red I	Light	28.2Kg and under
S34	Mixt mini pee-wee	6 to 8	Blue to red I	Middle	28.3Kg to 35Kg
S35	Mixt mini pee-wee	6 to 8	Blue to red I	Heavy	35.1Kg and above
S36	Mixt pee-wee	9 to 11	White I to green I	Light	39Kg and under
S37	Mixt pee-wee	9 to 11	White I to green I	Middle	39.1Kg to 46Kg
S38	Mixt pee-wee	9 to 11	White I to green I	Heavy	46.1Kg and above
S39	Mixt pee-wee	9 to 11	Blue to red I	Light	39Kg and under
S40	Mixt pee-wee	9 to 11	Blue to red I	Middle	39.1Kg to 46Kg
S41	Mixt pee-wee	9 to 11	Blue to red I	Heavy	46.1Kg and above
S42	Pre-junior boy	12 to 14	White I to green I	Light	46Kg and under
S43	Pre-junior boy	12 to 14	White I to green I	Middle	46.1Kg to 54Kg
S44	Pre-junior boy	12 to 14	White I to green I	Heavy	54.1Kg and above
S45	Pre-junior boy	12 to 14	Blue to red I	Light	46Kg and under
S46	Pre-junior boy	12 to 14	Blue to red I	Middle	46.1Kg to 54Kg
S47	Pre-junior boy	12 to 14	Blue to red I	Heavy	54.1Kg and above
S48	Pre-junior girl	12 to 14	White I to green I	Light	46Kg and under
S49	Pre-junior girl	12 to 14	White I to green I	Middle	46.1Kg to 54Kg
S50	Pre-junior girl	12 to 14	White I to green I	Heavy	54.1Kg and above
S51	Pre-junior girl	12 to 14	Blue to red I	Light	46Kg and under
S52	Pre-junior girl	12 to 14	Blue to red I	Middle	46.1Kg to 54Kg
S53	Pre-junior girl	12 to 14	Blue to red I	Heavy	54.1Kg and above

COLOUR BELT SPARRING (Cont')

Number	Division	Age	Level	Weight	
S54	Junior boy	15 to 17	White I to green I	Light	58Kg and under
S55	Junior boy	15 to 17	White I to green I	Middle	58.1Kg to 65Kg
S56	Junior boy	15 to 17	White I to green I	Heavy	65.1Kg and above
S57	Junior boy	15 to 17	Blue to red I	Light	58Kg and under
S58	Junior boy	15 to 17	Blue to red I	Middle	58.1Kg to 65Kg
S59	Junior boy	15 to 17	Blue to red I	Heavy	65.1Kg and above
S60	Junior girl	15 to 17	White I to green I	Light	48Kg and under
S61	Junior girl	15 to 17	White I to green I	Middle	48.1Kg to 55Kg
S62	Junior girl	15 to 17	White I to green I	Heavy	55.1Kg and above
S63	Junior girl	15 to 17	Blue to red I	Light	48Kg and under
S64	Junior girl	15 to 17	Blue to red I	Middle	48.1Kg to 55Kg
S65	Junior girl	15 to 17	Blue to red I	Heavy	55.1Kg and above
S66	Women	18 to 34	White I to green I	Light	52Kg and under
S67	Women	18 to 34	White I to green I	Middle	52.1Kg to 60Kg
S68	Women	18 to 34	White I to green I	Heavy	60.1Kg and above
S69	Women	18 to 34	Blue to red I	Light	52Kg and under
S70	Women	18 to 34	Blue to red I	Middle	52.1Kg to 60Kg
S71	Women	18 to 34	Blue to red I	Heavy	60.1Kg and above
S72	Men	18 to 34	White I to green I	Light	63Kg and under
S73	Men	18 to 34	White I to green I	Middle	63.1Kg to 72Kg
S74	Men	18 to 34	White I to green I	Heavy	72.1Kg and above
S75	Men	18 to 34	Blue to red I	Light	63Kg and under
S76	Men	18 to 34	Blue to red I	Middle	63.1Kg to 72Kg
S77	Men	18 to 34	Blue to red I	Heavy	72.1Kg and above
S78	Senior women	35 and above	White I to green I	Light	71Kg and under
S79	Senior women	35 and above	White I to green I	Heavy	71.1 Kg and above
S80	Senior women	35 and above	Blue to red I	Light	71Kg and under
S81	Senior women	35 and above	Blue to red I	Heavy	71.1 Kg and above
S82	Senior men	35 and above	White I to green I	Light	71Kg and under
S83	Senior men	35 and above	White I to green I	Heavy	71.1 Kg and above
S84	Senior men	35 and above	Blue to red I	Light	71Kg and under
S85	Senior men	35 and above	Blue to red I	Heavy	71.1 Kg and above