

# International Instructors Course

St. John's, Newfoundland and Labrador  
**CANADA**

**June 27,28,29 2014**

Where the mountains meet the sea.

跆拳道

태권도



General Choi Hong Hi: Legendary Founder of Taekwon-Do

Technical Committee: GM Hector Marano, GM Wim  
Bos, and GM Ung Kim Lan





**Dear Grandmasters, Masters, Instructors and students:**

Downey's Taekwon-Do, the International Taekwon-Do Federation of Newfoundland and Labrador (ITFNL), and the Canadian Taekwon-Do Federation International (CTFI) would like to welcome your participation in our International Instructors Course (IIC), which will be held at Memorial University of Newfoundland (MUN) in the **Physical Education Building Gym**, in St. John's, Newfoundland and Labrador (The oldest City in North America) on **June 27,28, 29, 2014**. The course will be conducted by the International Taekwon-Do Federation (ITF) Technical Committee: **Grand Master Hector Marano, Grand Master Wim Bos, and Grandmaster Ung Kim Lan**.

The IIC is open to **Black Belts only**. My wife Cathy and I have been to several IIC's conducted by the above Grandmasters and each time we attend an IIC we always learn something new and come away with great memories and renew and build new friendships with other ITF Taekwon-Do members from around the world. Topics to be covered include patterns, self-defense, sparring, theory of power, and the "Do" or philosophy of Taekwon-Do. This IIC will be the second time that our City has hosted an IIC. The first time was in March 2001 which was conducted by the legendary founder of Taekwon-Do, General Choi Hong Hi. At that time we had 9 countries attend the IIC. We look forward to once again welcoming our Taekwon-Do family from around the world.

For those of you that are not familiar with the City of St. John's you can go to the following web sites for further information including pictures and videos of our lovely City and Province: [City of St. John's web site: www.stjohns.ca](http://www.stjohns.ca). and [Newfoundland and Labrador, Department of Tourism, Culture and Recreation: www.tcr.gov.nl.ca](http://www.tcr.gov.nl.ca) For a map of the venue (MUN Physical Education Building:Gym) and surrounding area: [http://www.mun.ca/campus\\_map/stjohns/](http://www.mun.ca/campus_map/stjohns/) For **updates** on the seminar visit [www.kick.nf.net](http://www.kick.nf.net)

We look forward to welcoming you our beautiful city of St. John's, Newfoundland, where the mountains meet the sea.

**Master Scott Downey and Mrs. Cathy Downey**

## **SEMINAR INFORMATION**

**Seminar Fees:** Completed application form (attached) and seminar fees must be received by **May 1 2014**. No applications will be accepted after that date. Fees must be paid by US Money Order made payable to “**Downey’s Taekwon-Do**”. Space is limited so participants are encouraged to apply ASAP.

1<sup>st</sup> Degree Black Belt to 3<sup>rd</sup> Degree Black Belt: (US \$200)

4<sup>th</sup> to 6<sup>th</sup> Degree Black Belt: (US \$250)

7<sup>th</sup> Degree Black Belt and Up: (US \$150).

**Schedule of Events: No Spectators are allowed.**

**Friday, June 27<sup>th</sup>:** **4:00pm:** Registration begins: All participants must register at the front entrance to the MUN Physical Education Building Gym. Everyone should be in the Gym at **4:30pm Sharp!**

**5:00pm – 9:00pm (4 hours)**

**Saturday, June 28<sup>th</sup>:** Everyone should be in the Gym by **9:00am Sharp!**

**9:30am- 1:30pm: (4 hours)**

**1:30pm-2:30pm** Lunch (on your own) MUN Skywalk Food Court.

**2:30pm- 5:30pm (3 hours)**

**Sunday, June 29<sup>th</sup>:** Everyone should be in the Gym by **8:30am Sharp!**

**9:00am – 1:00pm (4 hours):** (Group A) 1<sup>st</sup> Dan to 3<sup>rd</sup> Dan; (Group B) 4<sup>th</sup> Dan and above. A and B groups will be separated.

**Note:** Black Belt Testing will be done sometime during the Sunday morning session.

**Test for Degree Promotions (4<sup>th</sup> Dan and up only).** Participants must:

- Send the application form through National/Allied Association at least (1) month before promotion date to ITF Administration HQ.

(2) bring 5 wooden boards 30X30X2 cm.

(3) Pay their ITF degree certificate and grading fee one hour before test.

(4) No spectators are allowed. Instructor may accompany the candidate.

(5) For testing applications go to [www.ctfi.org](http://www.ctfi.org) and go to the link

“Resources and Downloads”. There you will find the application form.

## **Hotel Information:**

Participants are responsible for their own accommodations. Below is a list of some of accommodations (from least to most expensive) in the area and their contact information:

**MUN Residence:** 2 minute walk to venue. (A) Older Residence: \$39.00 Single Room (one twin bed); \$59.00 Double Room (two single beds). (B) Brand New Residence: Built in 2013. This new Residence will be slightly more expensive and the exact rates will be made available in October 2013. Both the old and new residence have FREE Wi-Fi. E-mail them in October 2013 for rates. E-mail: [conferences@mun.ca](mailto:conferences@mun.ca) Phone: (709)864-7933 web site: [http://www.mun.ca/hfcs/summer\\_accommodations](http://www.mun.ca/hfcs/summer_accommodations) While staying at the MUN Residence you can eat in their main dining hall and/or the MUN Skywalk Food court. 50 rooms in the Old Residence and 50 in the “New” residence have been reserved for “**Downey’s Taekwon-Do**”. The Avalon Mall (food court, clothing stores, theatre) is approximately 15-20 minute walk from MUN. The Downtown area (George Street) is about 10 minute drive.

**Super 8 Hotel:** 10 minute drive to venue:

175 Higgins Line (709) 739-8888

[www.super8stjohns.com](http://www.super8stjohns.com)

**Holiday Inn St. John’s – Govt Center:** 10 minute drive to venue. 180 Portugal Cove Road (709) 722-0506

[www.ihg.com](http://www.ihg.com)

**Delta Hotel St. John’s:** 10 minute Drive to Venue and located in Downtown St. John’s and close to our famous “George Street” with more bars per area than anywhere in the world ! 30 plus. Located at 120 New Gower Street (709)739-6404 [www.deltahotels.com](http://www.deltahotels.com)

## **Transportation:**

The venue, MUN Physical Education Building (GYM) is located on Prince Philip Drive, and is only a 10-15 minute drive from the St. John's Newfoundland and Labrador "International" Airport. Make sure you do not make the mistake of flying into St. John, New Brunswick, which is in a different province. Participants are responsible for their own transportation to and from the airport and to and from the venue.

**Contact Information: Please send completed application form with payment (US Money order only made payable to "Downey's Taekwon-Do") by May 1<sup>st</sup> 2014 to:**

Master Scott Downey  
25 Baker Street  
St. John's, Newfoundland and Labrador  
CANADA  
A1A 5C3

E-mail: [scott.downey@nl.rogers.com](mailto:scott.downey@nl.rogers.com)

Cell Number: **709-690-4753 or 4754**

# International Instructors Course: **Registration Form**

St. John's, Newfoundland: June 27, 28, 29, 2014



Registration form and payment (US money order made payable to "**Downey's Taekwon-Do**") must be received by **May 1<sup>st</sup> 2014**

Send payment and registration form to: **Master Scott Downey, 25 Baker Street, St. John's, Newfoundland and Labrador, CANADA, A1A 5C3**

Name (print): \_\_\_\_\_ Rank: \_\_\_\_\_

Age: \_\_\_\_\_

Province or State: \_\_\_\_\_ City: \_\_\_\_\_

Country: \_\_\_\_\_

E-mail: \_\_\_\_\_

Home Number: \_\_\_\_\_

Cell Number: \_\_\_\_\_

Taekwon-Do School Name: \_\_\_\_\_

Instructor: \_\_\_\_\_

Payment: Red to 3<sup>rd</sup> Dan: \$200 US \_\_\_\_\_ 4<sup>th</sup> – 6<sup>th</sup> Dan: \$250 US \_\_\_\_\_

7<sup>th</sup> Dan and up: \$150 US \_\_\_\_\_

## WAIVER

The participant realizes that there is risk of injury involved in Taekwon-Do. They assume the risk of accident, injury, damage, loss or harm of any kind to the participant's person or property as a result of participating in the IIC. Taekwon-Do officers, master instructors, fellow members or guests, shall not be in any way liable for any claims, liability, demands, suits, actions, or any other proceedings of any kind on account of accident, injury, damage, loss or harm of any kind sustained by the member/participant or to the member/participant's property.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(parent or legal guardian must sign if participant is under 18 years of age)