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# **CANADIAN TAEKWON-DO FEDERATION INTERNATIONAL**

# Rules of Competition Coloured Belt and Black Belt

Provincial, Regional and National Level Competition

> Version 6.0 2017

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Rules of Competition Coloured Belt and Black Belt Provincial, Regional and National Competition

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**CANADIAN TAEKWON-DO FEDERATION INTERNATIONAL** 

Version 6.0 (2017)

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#### Acknowledgements

We gratefully acknowledge and thank Master Kurt Ottesen of Freedom TaeKwon-Do Schools for the original design and content of this manual.

#### **References:**

INTERNATIONAL TAEKWON-DO FEDERATION - Tournament & Umpire Rules And Regulations (various manuals and competition forms) web site: <u>http://www.taekwondoitf.org/rules/#rules-regulations</u> 2017.



Rules of Competition Coloured Belt and Black Belt Provincial, Regional and National Competition

# SECTION I – GENERAL

#### T 1. PURPOSE

The purpose of these rules is to elevate the quality of Taekwon-Do by scoring and detailing all important facets of competition and to provide an equal opportunity for all participants to show the ultimate of their abilities in friendly competition with one another.

#### T 2. APPLICATION

These are to be applied at every Regional, Provincial, Western Canadian / Eastern Canadian and National Championship, with the exception of the National Championships for Junior and Senior Black Belts which is governed by the ITF Rules of Competition. Except where stated otherwise, these rules apply to:

- o all male and female coloured belts of all ages;
- o all black belts age 13 and under;
- all black belts age 36 and above 35;

#### T 3. OFFICIALS

The Juries, Referees and Judges, will be selected according to the rules of certified Umpires. Officials may be Red Belt or higher, 16 years of age or older.

All Black Belt competitors 16 years of age and older are **required** to officiate, if so requested, as **a condition of their registration**. Any such Black Belt competitor who does not fulfil his/her duties will be disqualified from the event with no refund or compensation of any monies paid, unless prior written arrangement has been approved by the Tournament Committee.

#### T 4. DUTIES

- a. One (1) Jury President will be seated at the Jury table, and will be responsible for decisions as written in the Umpire rules.<sup>1</sup>
  - a. Minimum Class "B" CTFI certification required.<sup>2</sup>
- b. One (1) Centre Referee will be in the square to control the match.
  - a. Minimum Class "B" CTFI certification required.<sup>2</sup>
- c. Five (5) Judges for individual patterns, team patterns and pre-arranged sparring will be seated in a line facing the competition.
  - a. Minimum Class "C" CTFI certification required.<sup>2</sup>
- d. Four (4) Judges for sparring will be seated at the four corners of the square. They will give points in accordance with their judgement.
  - a. Minimum Class "C" CTFI certification required.<sup>2</sup>



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- e. One (1) Jury member will be seated at the Jury table to check time and indicate the beginning, end and continuation of each match.
- f. One (1) Jury member will be seated at the Jury table to keep match records.

**Note**<sup>1</sup>: For regional, provincial and vice national competition, Jury President and Jury Members may be volunteers as trained and appointed by the hosting committee.

In the event the positions of Jury President and/or Jury Member is undertaken by a volunteer, said volunteer will be responsible only for the administration of the results recording, by sheets, recording of fouls and warnings and time keeping. All technical responsibilities, duties and obligations of ensuring that the match is conducted safely, fairly and in accordance to these rules becomes the responsibility of the Centre Referee, who, at such point, will act with the full authority of a Jury President, including such authorities as to disqualify a competitor.

**Note**<sup>2</sup>: Though all attempts to use certified CTFI Officials should be undertaken, in those instances where insufficient numbers of qualified Officials are present, Black Belt members of the appropriate age will be required to fulfill their conditions of registration and assist with the duties of officialing.

#### T 5. COMPETITORS AND EVENTS:

Competitors are divided into the following divisions:

#### Age divisions:

#### **Coloured Belts**

- a. 5-6 years old
- c. 9-10 years old
- e. 13-14 years old
- g. 18-35 years old
- i. 46+

#### **Black Belts**

- a. 8-9 years old
- b. 12 13 years old
- c. 18 35 years old
- f, 46 years and older

- b. 7-8 years old
- d. 11-12 years old
- f. 15-17 years old
- h. 36 45 years old
- b. 10-11 years old
- d. 14 17 years old
- e. 36-45 years old



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#### Colour Belt Divisions:

#### Events:

- a. Individual Pattern
- b. Individual Sparring

#### Individual - Coloured Belt A/B Patterns and Sparring

- a. White Belt Yellow Stripe
- b. Yellow Belt Green Stripe
- c. Green Belt Blue Stripe
- d. Blue Belt Red Stripe
- e. Red Belt Black Stripe

NOTE: Coloured Belt divisions with fewer than 3 competitors may be merged with other groups at the option of the Tournament Director.

#### Individual - Black Belt A. Patterns

- a. 1<sup>st</sup> Degree
- b. 2<sup>nd</sup> Degree
- c. 3<sup>rd</sup> Degree
- d.  $4^{th}$  to  $6^{th}$  Degree

#### **B. Sparring**

#### All Degrees

Competitors shall compete in the divisions laid down in the following rules. All competitors must be healthy and registered with their Provincial Organization.

In the event that these rules are deemed to be in conflict with the Official ITF Rules of Competition for Junior and Senior Black Belts, then the current ITF Rules of Competition will be acknowledged and accepted as the final authority, and all such actions will be based upon those rules.

#### T 6. DRESS

a. Officials must wear either the official Umpire's Uniform as laid down in the I.T.F Umpires rules, or an ITF approved Dobok and Belt. No track suits or school/club clothing are allowed. Officials not wearing the appropriate attire, unless expressly permitted by the Tournament Committee, will be removed from service and disqualified from the tournament with no refund of any monies paid.



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- b. Competitors, both Black Belt and Colour Belt, while competing must wear the "official approved" ITF TKD dobok with badges officially approved by the provincial organization. The black belt must be of the official dimensions and must indicate the competitor's degree. Female competitors may wear a white T-shirt under the dobok jacket.
- c. At CTFI events (Eastern and Western Championships and National Championships) Black Belt or Colour Belt competitors may have the addition of the name of their province on the back of the dobok jacket, above the belt line.
- d. At CTFI events, competitors may NOT wear a dobok with "Canada" or any other country name on the back. These doboks are reserved only for competition at International events.
- e. Competitors are allowed, when not performing, to wear normal sportswear such as track suits, dressing gowns, training shoes, etc. however it is at the discretion of the Tournament Committee. For opening and closing ceremonies competitors may wear the official ITF dobok or training suit. No participant in the parade is permitted to carry cameras, flags, banners, etc...other than those authorised, on the field during the opening and closing ceremonies. Any participant committing a breach of the above regulations, will be liable to sanctions.
- f. Drinking of alcoholic beverages or smoking whilst wearing the dobok is prohibited.
- g. Sponsorship is allowed on the right or left sleeve measuring 5 x 8 cm.

#### T 7. SAFETY EQUIPMENT AND PROTECTIVE WEAR

- a. Competitors MUST wear:
  - a. Hand and foot safety equipment of an approved type.
  - b. Head Guard of an approved type.
  - c. Groin guards (male only) must be worn inside the dobok trousers.
  - d. Mouth guards must be of a transparent colour.
- b. Competitors <u>MAY</u>, optionally, wear the following:
  - a. Shin protectors.
  - b. Breast protectors (female only) must be worn INSIDE the dobok jacket.
  - c. Groin guards (Female only) must be worn inside the dobok trousers.
- c. These all being of a CTFI approved type consisting of elasticised material with sponge or rubber type padding and containing no metal, bone or hard plastic or similar hard material whatsoever, nor involving the use of zip, lace or stud fasteners.
- d. No other protective or safety equipment may be worn, except in special circumstances with the approval of the Tournament Committee.
- e. All competitors with injuries which require bandaging or strapping of any kind must satisfy either the Tournament Doctor or the Tournament Committee of their need, and obtain approval of type before performing i.e. no pins or hard material can be worn, neither can bandaging give extra support so that it constitutes an advantage to that competitor.
- f. *No* jewellery, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.



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#### T 8. MEDICAL ATTENTION

Either One (1) Doctor or qualified First Aid personnel in possession of appropriate First Aid Equipment shall be in attendance at all CTFI events. Recommendations given by Medical Staff, with regard to competitors' further participation following injury, must be adhered to. Any athlete or coach attempting to disregard the decision of Medical Care will immediately be disqualified with no refund of any monies paid, and will be recommended to the CTFI Disciplinary Committee for further action.

Qualified First Aid shall be deemed to be anyone certified to the Red Cross or St, John's Ambulance Advanced Level or higher, including though not limited to: Doctors, Physiotherapists, Paramedics, First Responders, Professional First Aid Personnel, and those holding provincially accredited First Aid designations above the mere basic level.

#### T 9. INJURY LIABILITY AND INSURANCE – COMPETITORS

All competitors must be in possession of Personal Liability Insurance coverage for participating in the event as the host nor CTFI are not responsible for any eventuality and/or injury. It is the responsibility of instructors/coaches to provide proof of competitor liability insurance to the CTFI Tournament Director before their members are allowed to compete in any CTFI event.

#### T 10. INSURANCE – FOR EVENT

All hosts must ensure that the event booked has all the necessary competitor, volunteer, director and public liability insurance, fire / health certificates and Government licences that are required to host such events.

#### T 11. SQUARE

For Colour Belt competition, ring or square size will be a minimum of 7x7 metres floor space to a maximum of 8x8 meters.

For black belt competition, all rings must be to the I.T.F. official standard of 8x8 meters for sparring, power and special technique or 10 x10 for patterns and prearranged sparring.

A jig saw or similarly padded floor must be used at all times. In the event that said floor is unavailable, the tournament host may make written request (60 days in advance of event) to the C.T.F.I Tournament Director for Authorization to Vary Ring Size. Said authorization may be granted at the Directors discretion and will be provided in writing no later than 30 days prior to the event.

The official Jury table is in front of the square.

#### T 12. RESULT RECORDING

All tournaments will have some form of visual display indicating the warnings, fouls and round numbers, as well as the name of the designated pattern to be performed. These visual displays must be situated at each ring for the benefit of participants and audience.



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#### T 13. DELEGATES

A delegate of the individual, school and/or team may be any person authorised by the Provincial Association. A delegate registers the competitors, submits the documents, lodges complaints and co-operates with the other officials at the competition.

#### T 14. COACHES

For individual or team competition there will be only one (1) coach close to the square. During the tournament, coaches must wear a training suit, gymnastic shoes, medical exam gloves and carry a towel.

#### MEDICAL EXAM GLOVES - COACHES

- a. All coaches MUST wear medical exam gloves on both hands at all times while at the ringside. (Silicone, Nitrile, Neoprene, Latex1, or other such medical gloves are permitted. These may be powder-free for those coaches/competitors with allergies).
- b. Coaches MUST supply their own gloves. Absolutely NO GLOVES will be supplied by the Tournament Host, Tournament Committee, or Medical team members.

#### MEDICAL EXAM GLOVES - UMPIRES (REFEREES & EQUIPMENT CHECK)

- a. Referees MAY CHOOSE to wear medical exam gloves on both hands while executing their duties in the ring or while at ringside. (Silicone, Nitrile, Neoprene, Latex1 or other such medical gloves are permitted. These may be powder-free for those officials with allergies).
- b. Equipment Check Umpires MUST wear medical exam gloves on both hands while executing their duties in the ring or while at ringside. (Silicone, Nitrile, Neoprene, Latex1 or other such medical gloves are permitted. These may be powder-free for those officials with allergies).
- c. The Tournament Host must supply appropriate gloves at each ring table for use by Officials.

Coaches will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. **Only** officially accredited coaches are permitted to present an official protest.

Coaches are, at their option, allowed to attend at the square for colour belt free sparring competition. For Black Belt free sparring competition, it is mandatory to have a coach present at the square.

Failure to abide by the above mentioned rules may render the coach liable to be disqualified from his advisory position, and asked to leave either the ringside or tournament premises.

#### T 15. AWARDS (Male and Female)

#### <u>Individual</u>

 $1^{st}$ ,  $2^{nd}$  and two (2)  $3^{rd}$  place winners are awarded with medals

#### <u>Team</u>

 $1^{st}$ ,  $2^{nd}$  and two (2)  $3^{rd}$  place winners are awarded with medals



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#### T 16. OFFICIAL TERMINOLOGY

(A)	CHA RYOT	ATTENTION
(B)	KYONG YE	BOW
(C)	JUN BI	READY
(D)	SHIJAK	BEGIN
(E)	HAECHYO	SEPARATE
(F)	GAESOK	CONTINUE
(G)	GOMAN	END
(H)	IU UI	WARNING
(I)	GAM JUM	DEDUCTING POINTS
(J)	SIL KYUK	DISQUALIFICATION
(K)	HONG	RED
(L)	CHONG	BLUE
(M)	JUNG JI	TIME STOP
(N)	DONG CHON	DRAW
(O)	IL HUE JONG	FIRST ROUND
(P)	I HUE JONG	SECOND ROUND
(Q)	SAM HUE JONG	THIRD ROUND
(R)	SUNG	WINNER

#### T 17. DIVISION OF COMPETITION

Competition is divided into INDIVIDUAL and TEAM match. Pattern and Sparring events will be decided by the pyramid tournament system.

**N.B.:** Individual competitors may enter all items. Members of teams must be registered for individual competition.

#### TEAM – Black Belt only

Both Junior and Senior Team matches are divided into:Male Team PatternsFemale Team PatternsMale Team Free SparringFemale Team Free Sparring

#### T 18. COMPETITORS NUMBERS – INDIVIDUAL AND TEAM

Any number of individual competitors may enter each item. These competitors may be individuals or team members.

#### TEAM – Black Belt Only

A minimum of 5 competitors + 1 reserve (optional) must compete in Team Pattern or Team Free Sparring competition. Changes of the team competitors are not allowed once they have been indicated for the various team events.



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#### T 19. ORDER OF MATCH

The progression of: Pattern, Free Sparring, Special Technique Breaking and then Power Breaking should be followed where possible, but is subject to the requirements of the time and schedule of the tournament overall and may be modified upon need by the tournament director, in accordance with the best possible intent and subsequent operational requirements of said event.

#### T 20. WEIGHT CHECK

Colour Belt competitors are not required to have their weight checked.

All Black Belts must have their weight checked. Black Belts in the Junior (age 14-17) and Senior (age 18-35) categories must fall into the weight categories as specified by the ITF rules of competition. They must meet the weight category in which they registered to compete at the event taking place. Athletes not weighing within the weight range for their **registered** category will be disqualified from sparring competition with no refunds of any monies paid.

Black Belts in Pre-Junior (age 13 and under), Super Senior (age 36+) or Veteran (age 46+) must weigh within +/-3kg of their **registered** weight of they will be disqualified from sparring competition with no refunds of any monies paid

Weight checks for competitors will take place earlier than 24 hours and not later than one hour before the sparring competition.

#### T 20a. CLOTHING ALLOWANCE

For Black Belt weight checks, the procedure specified in the ITF Rules of Competition will be followed. Competitors must wear standard dobok pants and a t-shirt with short sleeves for their weight check. No shoes or other attire will be allowed.

At the time of weigh-in, each competitor shall be given a Clothing Allowance of up to (not to exceed) 0.5 kg in order to compensate for clothing worn during weigh in.

#### T 21. DRAW FOR ORDER OF COMPETING

Byes and draws for colour belt competitors, pre-junior and super senior black belt competitors and teams will be performed by random computer generation at least one week in advance and will be co-verified by the CTFI Tournament and Umpire Directors for validity.

Once the Draw has been made, a Master Registration List will be provided for coaches/instructors to *verify registered information*. At this time, the **ONLY** modifications accepted will be those of Administrative Exclusion or Error, that is, errors in data entry or assigning divisions made by the Tournaments Administrators.

**NO changes will be allowed** to information originally provided upon the Official Registration form after this date. All athletes and coaches are responsible to ensure that all information indicated on the Official Registration Form is accurate and complete. The tournament Host cannot and will not be held accountable for incomplete Registration Forms or forms indicating incorrect information. All athletes will be required to adhere to the information they provide on their Registration Forms.



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#### T 22. ANNOUNCEMENTS

It will be announced in which square an event will take place and it is the responsibility of the competitors/teams to be close to the square so that they may compete without delay when called upon to do so. They will be called to the red or blue side of the square complete with any equipment (such as safety equipment) which they require. Should they not come forward immediately, they will be given one (1) minute to appear, at which time their name will be called for a second time. Should the individual/team still not come forward to the square within one (1) minute from the second call then they will be disqualified.

#### T 23. EQUIPMENT CHECK

Competitor's dobok and/or equipment check will take place outside of the square to ensure that they are of an officially approved type and that they are not defective. Should any item(s) not be satisfactory then they must be changed. The competitor/team has a maximum of three (**3**) minutes to change what is requested, following which he/she/they will be disqualified and the match points awarded to the opponent where appropriate.

#### T 24. COURTESY

Competitors must at all time bow to the Jury, and also to each other at the beginning and end of each performance / match. Any competitors, coaches, officials or spectators conducting themselves in any manner deemed to be unsportsmanlike, disruptive or disrespectful will be disqualified and asked to leave the tournament site with no refund of any monies paid.

#### T 24. SPECIAL VARIANCES

In the best interest of sportsmanship, fairness, competitor safety and professionalism, there may occur, such rare circumstances outside of, or not addressed by, these rules.

In the event of a circumstance where the application of, or adherence to, these rules is prohibitive or not in the best interest of safety and fairness, a written Application for Variance to these rules may be presented to the Tournament Committee. Written application or variance must cite the rule for which the request applies, the reasoning for such request, and any supporting material necessary to provide full disclosure of the circumstances, and the desired outcome of the request.

In these circumstances, the Tournament Committee will convene to make the best decision in the interests of safety and fairness, without such regard as personal, school or instructor influence. At all times such decisions must be made in accordance with or with regard to the spirit of the ITF Rules of Competition and general principles of sportsmanship and fair play. When approved, written applications for variances are only valid for the current event or specified timeframe as prescribed in writing by the Tournament Committee. Acceptances of a written request for variance does not, nor shall it ever, constitute precedence or accepted common practice.



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# **SECTION II - PATTERN**

#### T 25. GROUPS

Male and Female.

#### T 26. ELIMINATIONS – INDIVIDUAL

#### **Coloured Belts**

The pyramid system of elimination will be used.

Competitors will compete 1 to 1 and will perform simultaneously one (1) optional Pattern which may be the pattern for their rank or for the rank immediately below their current rank.

The Judges will choose the best competitor to go forward to the next round and indicate the winner by show of flag (blue or red).

#### **Black Belts**

The pyramid system of elimination will be used.

Black Belt competitors of all ages will compete 1 to 1 and follow the current ITF World Championships Competition rules unless the CTFI Tournament Director indicates otherwise. Competitors will perform simultaneously <u>one (1) designated Pattern chosen</u> <u>randomly from the patterns applicable to their current rank</u>, followed by one (1) designated pattern drawn randomly from Chon-Ji to the remaining patterns applicable to their current rank.

The Judges will choose the best competitor to go forward to the next round. The system used for scoring will be as determined by the current ITF World Championships. Rules of Competition.

#### T 27. PERFORMANCE AND DECISIONS – INDIVIDUAL

#### **Coloured Belts**

Each category (Belt and Stripe) shall compete with like rank. The optional pattern selected by the competitor must be the pattern for their rank or the pattern for the rank immediately below their current rank. It is prohibited to perform a pattern of a rank higher than that possessed by the competitor.

The system for scoring of Colour Belt patterns will be by the judges show of hands or of flags.



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#### **Black Belts**

- 1<sup>st</sup> degree will compete with 1<sup>st</sup> degree with the designated Patterns being any one from CHON-JI to GE-BAEK.
- 2<sup>nd</sup> degree will compete with 2<sup>nd</sup> degree with the designated Patterns being any one from CHON-JI to JUCHE.
- 3<sup>rd</sup> degree will compete with 3<sup>rd</sup> degree with designated Patterns being any one from CHON-JI to CHOI-YONG.
- 4<sup>th</sup>,5th and 6th degree will compete with 4<sup>th</sup>,5th and 6th degree with the designated Patterns being any one from CHON-JI to MOON-MOO.

The system of scoring for Black Belt individual patterns will be the system prescribed by the current ITF Competition Rules.

#### In individual matches the following decisions will apply:

- i. To be declared the winner, a competitor must have a minimum of 2 decisions in their favour, AND they must have more votes from the judges than their opponent.
- ii. The following table details the situations for winners and draws between the competitors. Note that this table only illustrates for Red as winner. The reverse situation will apply to Blue.

Judge 1	Judge 2	Judge 3	Judge 4	Winner
Red	Red	Red	Red	Red
Red	Red	Red	Blue	Red
Red	Red	Blue	Draw	Red
Red	Red	Draw	Draw	Red
Red	Red	Blue	Blue	Draw
Red	Blue	Draw	Draw	Draw
Red	Draw	Draw	Draw	Draw

iii. If the decision of the judges results in a draw, then another designated Pattern (randomly selected from the remaining patterns allowable for the division) must be performed until the winner is decided.

#### T 28. ELIMINATION – JUNIOR AND SENIOR – TEAM

The pyramid system of elimination will be used. Draw will decide which team performs first. The winning coach of the toss decides which team performs as first. The judges will choose the better one to go forward to the next round.

#### T 29. PERFORMANCE AND DECISIONS – TEAM

Both teams shall perform both one (1) optional and one (1) designated randomly selected pattern in the following order:

i. Team 1 – Optional pattern.

ii. Team 2 – Optional pattern.

- iii. Team 1 Designated pattern.
- iv. Team 2 Designated pattern.

The optional and designated Pattern being any from <u>CHON-JI to GE-BAEK</u>.

They may line up in any format they choose and team members may perform movements individually, or together, as they choose, but it must be seen to be teamwork. For example: one team member may not perform moves of the Pattern on his own without the other team members following in unison.



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The system of scoring for Black Belt Team patterns will be the system prescribed by the current ITF Competition Rules.

#### In team matches the following decisions will apply

- i. To be declared the winner, a team must have a minimum of 2 decisions in their favour, AND they must have more votes from the judges than their opposing team.
- ii. The following table details the situations for winners and draws between the competing teams. Note that this table only illustrates for Red as winner. The reverse situation will apply to Blue.

Judge 1	Judge 2	Judge 3	Judge 4	Winner
Red	Red	Red	Red	Red
Red	Red	Red	Blue	Red
Red	Red	Blue	Draw	Red
Red	Red	Draw	Draw	Red
Red	Red	Blue	Blue	Draw
Red	Blue	Draw	Draw	Draw
Red	Draw	Draw	Draw	Draw

iii. If the decision of the judges results in a draw, then another designated Pattern (randomly selected from the remaining patterns allowable for the division) must be performed until the winner is decided.

#### T 30. OFFICIALS FOR ALL PATTERN DIVISIONS

One (1) Jury President, two (2) Jury Members and five (5) Referees.



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# **SECTION III - SPARRING**

#### T 31. Individual Sparring DIVISIONS – Colour Belt and Black Belts Pre-Junior and Age 36+:

Following are recommended Weight Categories. *NOTE: Depending on the number and distribution of the competitors, the Tournament Director responsible for creating the categories and draws may modify the weight categories listed below.* 

INDIVIDUAL	I		
Male	Female	Male	Female
<u>5-6 years old</u>		15-17 years old	
up to 21 kg	up to 21 kg	up to 52 kg	up to 45 kg
over 21	over 21kg	over 52 to 58 kg	over 45 to 50 kg
		over 58 to 63 kg	over 50 to 55 kg
		over 63 to 70 kg	over 55 to 60kg
7-8 years old		over 70 kg	over 60 kg
up to 25 kg	up to 25 kg	J. J	U
over 25	over 25		
0.40		40.04	
9-10 years old	un ta 22 ha	<u>18-34 years old</u>	
up to 32 kg	up to 32 kg	up to 54 kg	to 52 kg
over 32	over 32	over 54 to 63 kg	over 52 to 58 kg
		over 63 to 71 kg	over 58 to 63 kg
		over 71 to 80 kg	over 63 to 70 k
<u>11-12 years old</u>		over 80 kg	over 70 kg
up to 40 kg	up to 40 kg		
over 40	over 40		
<u>13-14 years old</u>		<u>35-45 years old</u>	
up to 40 kg	up to 40 kg	up to 68 kg	up to 55 kg
over 40 to 45 kg	over 40 to 45 kg	over 68 to 78 kg	over 55 kg
over 45 to 52 kg	over 45 kg to 52 kg	over 78 kg	
over 52 kg to 60kg	over 52 kg to 60kg		
over 60kg	over 60kg		
		46 years and older	
		up to 75 kg	up to 55 kg
		over 75 kg	over 55 kg

Individual Sparring categories must consist of at least three (3) competitors. In case of only one or two (1 or 2) competitors in either a weight or belt rank category, he/she/they shall be given the option of competing in another weight category and or belt category, as suggested by the Tournament Commitee. If the athlete chooses not to compete in the offered division, he/she has the option to withdraw from the competition.

<u>Black Belt Junior and Senior Weight categories</u> will follow the categories determined by the current ITF World Championships Rules of Competition.



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#### T 32. DURATION OF BOUTS & DECISIONS

#### Individual elimination and final bouts will be as follows:

- a. Coloured Belts: Elimination and Finals bouts will be (1) round of two minutes (2 min)
- b. Black Belts Junior and Senior age categories: Elimination and Finals bouts will be two (2) rounds of two minutes (2 min) each with a one minute break between rounds.
- c. Black Belts Pre-Junior and Age 36+: Elimination and Finals will be two (2) rounds of one and one-half minutes (1.5 min) each with a one minute break between rounds.
- d. For all categories, in the case of a draw, a further one (1) minute round will take place with no break. If this results in a further draw then the first scored point assigned by at least two (2) Referees at the same split second will decide who the winner is.

In individual matches the following decisions will apply:

- i. To be declared the winner, a competitor must have a minimum of 2 decisions in their favour, AND they must have more votes from the judges than their opponent.
- ii. The following table details the situations for winners and draws between the competitors. Note that this table only illustrates for Red as winner. The reverse situation will apply to Blue.

Judge 1	Judge 2	Judge 3	Judge 4	Winner
Red	Red	Red	Red	Red
Red	Red	Red	Blue	Red
Red	Red	Blue	Draw	Red
Red	Red	Draw	Draw	Red
Red	Red	Blue	Blue	Draw
Red	Blue	Draw	Draw	Draw
Red	Draw	Draw	Draw	Draw

iii. See Item T40 below for the action if the judges decisions result in a draw.

#### Team

- a. Black Belts Junior, Senior and Age 36+ categories only are allowed.
- b. Each team bout will be one (1) round of two (2) minutes.
- c. In team matches all of the judges decisions from the five (5) bouts shall be counted. However when all five (5) bouts are finished if the result is a draw then each coach will select one (1) competitor to spar an extra bout of two (2) minutes. The team whose competitor wins this bout will be the winner.
- d. If at this time it results in a further draw then the first scored point assigned by at least two (2) Referees at the same split of a second will decide who the winner is.

N.B.: All five (5) bouts must take place and be completed. If one of the competitors withdraws in the event of an injury or to gain an advantage the opponent will be declared the winner. They will then be awarded 15 points to their total team score.

#### T 33. TARGET AREA

- a. Head at the front and sides but not at the back.
- b. Trunk of the body from shoulder to navel vertically and from a line drawn from the armpit vertically down to the waist on each side (that is frontal area only, excluding the back). Legal Targets do not include the neck and/or throat.



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#### T 34. POINT AWARDS

- a. <u>One (1) point will be awarded for</u>: Any hand attack directed to appropriate target
- <u>Two (2) points will be awarded for</u>: Any foot attack directed to mid section.
- c. Three (3) points will be awarded for: Any foot attack directed to high section.

#### T 35. SCORING PROCEDURE

In competition a technique is valid when:

- a. it is executed correctly.
- b. it is dynamic, that is to say it is delivered with strength, purpose, rapidity and precision.
- c. it is controlled on the target.

#### T 36. FOULS/MINUS PIONTS

One point will be deducted for the following offences:

- a. Heavy Contact.
- b. Attacking a fallen opponent.
- c. Leg sweeping.
- d. Holding/grabbing.
- e. Intentional attack to an illegal target.
- f. Unsportsmanlike Conduct\*

\* To include any action taken by a competitor that shows disrespect, lack of following directions or other unacceptable behaviours towards umpires, officials, or other competitors, including though not limited to: Failure or refusal to follow referee's directions, intentionally leaving ring/manipulation of time, inappropriate behaviour/language....)

#### T 37. WARNINGS

Warnings will be assigned for the following offences:

- a. Pretending to have scored a point by raising the arm, or making consistent and inappropriate noises
- b. Stepping completely out of the ring (both feet).
- c. Falling down, whether intentional or not (this means any part of the body, other than the feet, touching the ground).
- d. Faking a blow, pretending to be injured to gain an advantage.
- e. Intentionally avoiding sparring.
- f. Adjusting equipment during the bout without the consent of the Centre Referee.
- g. Unintentional attack to an illegal target.
- h. Pushing with the hands, shoulders or body.
- N.B.: The sum of three (3) warnings automatically means deducting one (1) point.

If an athlete is pushed out of the ring with intent (without undergoing a technique) then he will not receive a warning. The athlete who pushed shall receive a warning.



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#### T 38. DISQUALIFICATION

- a. Misconduct against officials or ignoring instructions.
- b. Uncontrolled or excessive contact.
- c. Committing three (3) fouls.
- d. Any competitor being under influence of alcoholic beverages or drugs.
- e. Loss of temper.
- f. Insulting an opponent, coach or official.
- g. Biting or scratching.
- h. Attacking with the knee, elbow, or forehead or any other illegal attacking tool.
- i. Being negatively responsible for causing a loss of consciousness (See article T. 39).
- N.B.: A competitor who insults an opponent, coach or official will be disqualified from the rest of the competition.

#### T 39. INJURY

a. When a competitor is injured, the Centre Referee must stop the match and call the Doctor. There will be a total of three
 (3) Minutes of time allowed per MATCH, for the doctor to diagnose, treat the wound and decide about the match and competitor continuation.

Note: The three-minute injury time will begin at the moment the doctor is in front of the injured competitor, and will end when the doctor departs. This amount of time will be recorded, and if the doctor is called again to the same match, the injury clock will resume counting down from the last point. Any competitor requiring more than three (3) minutes total accumulated time of medical attention during a match will not be allowed to continue and will forfeit the match.

- b. When a competitor cannot compete anymore because of the Doctor's decision the Jury President must call a member from the Umpire Committee to <u>supervise</u> the "Due Process" and according to the decision of the Ring Council (Jury President, Centre Referee and Corner referees)
  - i. he/she is the winner if his/her opponent is responsible.
  - ii. he/she is the loser if his/her opponent is not responsible.
- c. An injured competitor that is unfit to fight cannot continue for the time/day(s) set according to the Doctor's decision.
- d. A competitor that refuses to accept the Doctor's and/or the Ring Council decision will be disqualified and taken out of the competition. If two competitors injure themselves at the same time and both are unfit to fight according to the Doctor's decision, the winner is the contender that has more scored points at that moment. If the competitors are even, the Ring Council will decide about the bout.

N.B.: A competitor who is negatively responsible for causing a loss of consciousness or causing a concussion in sparring competition may be disqualified. The unconscious or concussed competitor shall not be able to compete again during the whole event, and as such will forfeit any remaining matches or events.

#### T 40. BOUT PROCEDURE

#### INDIVIDUAL

Competitors will commence the bout on the start positions each with a red or blue pair of hand and feet equipment or a blue/red flag tied to the back of their belt to differentiate between them. At the command of the Centre Referee the competitors bow in turn to the Jury table, then to the Centre Referee and then to each other.

The Centre Referee will then start the Sparring with the command "SHI-JAK" and the competitors continue to spar until the Referee issues the command "HAECHYO". At this point the competitors cease to spar and remain where they are until restarted. On completion of time an audible signal will warn the Centre Referee, but the bout only ends on the final comment "GOMAN" by the Centre Referee. The reverse for bowing will ensure and the result will be declared.

If a competitor leaves the square they must re-start one (1) metre inside the square.



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In a draw situation, the competitors bow to each other and immediately begin the first overtime match which will last for 1 minute. There will be no rest break. Warnings and/or minus points from the initial bout(s) are not carried forward.

If a further draw occurs, the competitors immediately begin the second overtime "First Point Scored" bout. Warnings and fouls are not carried forward. There will be no time limit on the second overtime bout. A minimum of 2 judges must recognize a point for a competitor to win.

#### TEAM

TEAM Bout procedure will be as individual. A coin will be tossed between the two (2) coaches. The winning coach of the toss decides which team sends its first competitor into the ring. The teams must then alternate until all 5 competitors have sparred.

#### T 41. TIMING

On the first "Shi-Jak" (Start) command from the Centre Referee the timekeeper starts the clock until full time, unless the Centre Referee calls for a "time out" by saying "Jung-Ji. At this time the timekeeper stops the clock until the next "Gae-sok" (Continue) command is given.

#### T 42. OFFICIALS FOR SPARRING COMPETITION

One (1) Jury President, two (2) Jury Members, one (1) Centre Referee and four (4) Corner Referees.

# **SECTION IV – POWER BREAKING**

#### T 43. DIVISIONS

Black Belts only, age 14+, Male and Female may compete in Power Breaking.

#### T 44. PROCEDURE

The rules for the Power Test will be the current rules specified by the ITF Black Belt competition rules. The Tournament Director may specify either the World Championships Rules (5 breaks for males, 3 for females) or the World Cup Rules (one hand and one foot technique of choice).

The rules in effect for the specific event, including board counts, will be published in advance of the tournament to ensure that competitors are aware.

#### T 45. OFFICIALS FOR POWER BREAKING

One (1) Jury President, one (1) Jury Member and three (3) Referees.



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# **SECTION V – SPECIAL TECHNIQUE BREAKING**

#### T 46. DIVISIONS

Black Belts only, age 14+, Male and Female may compete in Special Technique breaking.

#### T 47. PROCEDURE

The rules for Special Technique will be the current rules specified by the ITF Black Belt competition rules. The Tournament Director may specify either the World Championships Rules (5 breaks for males, 3 for females) or the World Cup Rules (Flying high front kick and Flying high side kick).

The rules in effect for the specific event, including heights, will be published in advance of the tournament to ensure that competitors are aware.

#### T 48. OFFICIALS FOR SPECIAL TECHNIQUES

One (1) Jury President, one (1) Jury Member and three (3) Referees.

# **SECTION VI – PRE ARRANGED SPARRING**

#### T 49. DIVISIONS.

Black Belts only are allowed in this event. There will be a Male division and Female in both Junior and Senior Black Belt age groups. There will be no mixed Male/Female teams allowed.

Note: All teams must consist of athletes in the appropriate age division. Specifically, no team may contain both and adult and a junior athlete.

#### T 50. Procedure

Each Team shall consist of two (2) participants that follow a prepared scenario, which enables them to skilfully exhibit a wide variety of techniques without fear of injury.

The rules and procedures for competition will be the ITF World Championships Tournament Rules current at the time of the competition.

#### T 51. OFFICIALS FOR PRE ARRANGED FREE SPARRING

One (1) Jury President, two (2) Jury Members and five (5) Referees.



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# SECTION VII – DISPUTE PROCEDURE

#### T 52. PROTEST

- a. <u>Only a Coach can present a protest when a decision seems to violate the rules.</u>
- Each protest must be written in the English language on the official protest form and presented to the Chairman of the Umpire Committee within five (5) minutes from the end of the match. The protest must be precise and circumstantial and must be accompanied by a tax that will be fixed by the Tournament Committee at the beginning of each tournament, in order to limit such protests to cases where decisions are really questionable.
  Only in cases where the Umpire Committee protects the tax will be returned to the coach.
- Only in cases where the Umpire Committee positively accepts the protest the tax will be returned to the coach.
- c. The Umpire Committee will then examine the circumstances of the protest and will decide:
  - i. to validate the match;
  - ii. to repeat the match;
  - iii. to assign the victory of the match to the loser;
  - iv. to disqualify both competitors.
- d. In case of a protest the winner cannot compete again before the decision of the Umpire Committee has been made.

#### T 53. DECISIONS

- i. In order to give a decision the Umpire Committee may call on anyone else they desire to give evidence concerning the protest.
- ii. On reaching a decision the Umpire Committee will notify all parties concerned of this decision.
- iii. The Umpire Committee will at all times base their decision on the rules laid down in this document and their decision cannot conflict with the rules of this document.
- iv. Video recording, audio recording and photographic recording are not permitted as evidence and as such, will not be considered nor viewed.

#### T 54. DISQUALIFICATION

The Tournament Committee, at their discretion, may remove from all further events at the championship any Team Managers/Representatives or Individuals who persist in arguing against decisions made by the Umpire and/or Tournament Committee.

The Tournament Committee will consider the matter at a later date with a view to further action being taken.

#### T 55. TEAM/COMPETITOR WITHDRAWAL

In case of teams or individuals withdrawing from the championship as a protest then the following will result:

- a. automatic disqualification from that event which means no placing for that event, and therefore no medals.
- b. automatic disqualification from all further events at the championship.
- c. further disqualification from further events as decided by the C.T.F.I. Disciplinary Committee and the Directing Board of the C.T.F.I.



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#### <u>T 56. ITF ANTI – DOPING CONTROL</u>

Doping control will be in accordance with ITF Anti Doping Rules and WADA Anti Doping Policy.

#### T 57. UNEXPECTED EVENTS

The Tournament Committee shall make a decision in the case of a problem that may appear that is not mentioned in the Tournament rules.

#### T 58. C.T.F.I. TOURNAMENT AND UMPIRE COMMITTEE

The C.T.F.I. Tournament Committee consists of:

- a. C.T.F.I. President
- b. C.T.F.I. Technical Director
- c. C.T.F.I. Director of Tournaments
- d. C.T.F.I. Director of Umpires

#### T 57. COPIES OF RULES

A copy of both the C.T.F.I and I.T.F. Tournament Rules must be present and be accessible to all competitors and officials at all events governed by these rules.