

**Taekwon- Do ITF**



**European open cup**

**21.- 24. 10 2010 Bratislava  
Slovakia**

## GENERAL INFO

Name of event:

**European open cup – 2010, Bratislava, Slovakia**

Date: 21 – 24. Oktober 2010

Venue:

Sibamac arena

Národné tenisové centrum, a.s.,

Príkopova 6, 831 03 Bratislava, Slovakia

[www.ntc.sk](http://www.ntc.sk)

Promoter:

All Europe Taekwon-Do Federation (A.E.T.F.)

[www.itfeurope.org](http://www.itfeurope.org)

Organizer:

Slovak Union Taekwon-Do ITF [www.sztkd-itf.sk](http://www.sztkd-itf.sk)

Sportovy klub Drako Smolenice Taekwon-Do ITF [www.drakos.sk](http://www.drakos.sk)

Contact:

Slovak Union Taekwon-Do ITF

Lubochnanska str. 5

080 06 Lubotice, Slovakia

Tel: 00421 902 899 320

Email: [euopencup@gmail.com](mailto:euopencup@gmail.com)

[www.euopencup.sk](http://www.euopencup.sk)

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## **Competition:**

**Competition is open ONLY to our ITF affiliated schools, clubs and/or gym members. Any school, club or gym affiliated to the ITF through their National or Allied Association may directly send the application forms to the organizing committee. A copy could be send to their National or Allied Association.**

**Those interested but not being our members must seek permission from our National or Allied members.**

**Visit : [WWW.TKD-ITF.ORG](http://WWW.TKD-ITF.ORG)**

## **Division / Categories:**

**Competition, Divisions and Categories are according to the World Cup Rules and Regulations.**

**Divisions and/or categories must consist of two or more competitors – if there is only one competitor he/she will compete in a lower or higher category or division.**

## **The European Open Cup includes:**

**Individual - Pattern and Sparring Competition**

**Flying high front kick**

**Flying high side kick – attention not long but high !**

**Team Pattern and Sparring Competition**

**Pre Free Arranged Sparring Competition**

**The European Open Cup is open for to all our members and is divided into:**

**Blue/Red belt Division 4<sup>th</sup> to 1<sup>st</sup> kup**

**Black Belt Division 1<sup>st</sup> to 6<sup>th</sup> degree**

**Age classes:**

**(A) 12-14 years old – (1998, 1997, 1996)**

**(B) 15-17 years old – (1995, 1994, 1993, 1992)**

**(C) 18-35 years old – (1992 – 1975)**

**(D) 36-45 years old – (1974 – 1965)**

**(E) 46 years old and above – (1964 .....)**

**Competitors born in 1992 can take part as a junior or as a senior, but they must decide before the tournament in which category they would like to participate.**

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## **Program**

### **Wednesday October 20th, 2010**

**9:00 – 21.00** Arrival of the teams at meeting point the City Hotel Bratislava and Registration.

### **Thursday October 21th, 2010**

**9:00 – 14.00** Arrival of the teams at meeting point the City Hotel Bratislava and Registration.

**16.00 – 17.00** Umpires meeting

**17.30 – 18.30** Coaches Meeting

**19.00 – 21.00** Congress ITF

**21.00 – 22.00** Dinner

### **Friday October 22th, 2010**

**07.00 – 08.30** breakfast

**09.00 – 13.30** competition, medal awarding

**13.30 – 14.30** lunch break

**14.30 – 19.30** competition, medal awarding

**20.00 –** dinner

### **Saturday October 23th, 2010**

**7.00 – 08.30** breakfast

**09.00 – 13.30** competition, medal awarding

**13.30 – 14.30** lunch break

**14.30 - 17.00** competition, medal awarding

**18.00 – 20.00** Final gala Warriors' Night - Final sparring in the chosen categories,  
,Demonstration and artistic performance

**20.30** dinner

### **Sunday October 24th, 2010**

**07.00 – 08.30** breakfast

**09.00 – 13.30** competition, medal awarding

**13.30 – 14.30** lunch break

**15.30 – 19.00** competition, medal awarding

**19.00 – 19.30** closing ceremony

**20.00** dinner

**22.00** Party

### **Monday October 25th, 2010**

**Breakfast and departure or stay for a holiday.**

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## **1. Individual pattern competition**

**Male and Female groups:**

**Divisions:**

- (A) Blue/Red belts 4<sup>th</sup> to 1<sup>st</sup> kup
- (B) Black Belts 1<sup>st</sup> degree
- (C) Black Belts 2<sup>nd</sup> degree
- (D) Black Belts 3<sup>rd</sup> degree
- (E) Black Belts 4<sup>th</sup> to 6<sup>th</sup> degree

**Age Divisions:**

- (A) 12-14 years old – (1998, 1997, 1996)
- (B) 15-17 years old – (1995, 1994, 1993, 1992)
- (C) 18-35 years old – (1992 – 1975)
- (D) 36-45 years old – (1974 – 1965)
- (E) 46 years old and above – (1964 .....

**Competitors born in 1992 can take part as a junior or as a senior, but they must decide before the tournament in which category they would like to participate.**

**Individual Pattern procedure:**

- blue/red belts will compete with blue/red belts with the **DESIGNATED** Pattern being any one from CHON-JI to CHOONG- MOO.
- 1<sup>st</sup> degree will compete with 1<sup>st</sup> degree with the **DESIGNATED** Pattern being any one from CHON-JI to GE-BAEK.
- 2<sup>nd</sup> degree will compete with 2<sup>nd</sup> degree with the **DESIGNATED** Pattern being any one from CHON-JI to JUCHE.
- 3<sup>rd</sup> degree will compete with 3<sup>rd</sup> degree with the **DESIGNATED** Pattern being any one from CHON-JI to CHOI-YONG.
- 4<sup>th</sup> to 6<sup>th</sup> degree will compete with 4<sup>th</sup> to 6<sup>th</sup> degree with the **DESIGNATED** Pattern being any one from CHON-JI to MOON- MOO.

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## **2. Team Pattern Competition**

**Male and Female groups:**

**Divisions:**

- (A) Blue/Red belts 4<sup>th</sup> to 1<sup>st</sup> kup
- (B) Black Belts 1<sup>st</sup> to 6<sup>th</sup> degree

**Age Divisions:**

- (A) 12-14 years old – (1998, 1997, 1996)
- (B) 15-17 years old – (1995, 1994, 1993, 1992)
- (C) 18-35 years old – (1992 – 1975)
- (D) 36-45 years old – (1974 – 1965)
- (E) 46 years old and above – (1964 .....

**DO NOT MIX COLOURED BELTS WITH BLACK BELTS.**

Each Pattern Team must consist of a minimum of 5 and + 1 reserve (optional).

**Team Pattern procedure:**

- blue/red belts will compete with blue/red belts with the **OPTIONAL** Pattern being any one from CHON-JI to CHOONG- MOO.
- black Belts 1<sup>st</sup> to 6<sup>th</sup> degree will compete with Black Belts 1<sup>st</sup> to 6<sup>th</sup> degree with the **OPTIONAL** Pattern being any one from CHON-JI to GE-BAEK.

## **3. Individual Sparring Competition**

**Male and Female groups**

**Divisions:**

- (A) Blue/Red belts 4<sup>th</sup> to 1<sup>st</sup> kup
- (B) Black Belts 1<sup>st</sup> to 6<sup>th</sup> degree

**Age Divisions:**

- (A) 12-14 years old – (1998, 1997, 1996)
- (B) 15-17 years old – (1995, 1994, 1993, 1992)
- (C) 18-35 years old – (1992 – 1975)
- (D) 36-45 years old – (1974 – 1965)
- (E) 46 years old and above – (1964 .....

Individual Sparring categories must consist of at least 2 competitors. In case of only 1 competitor he/she shall be moved to another weight category.

[www.euopencup.sk](http://www.euopencup.sk)



**Age Divisions – Weight Categories / Male – Female**

**12-14 years old**

**Male**

**Weights:**

- up to 45 kg
- over 45 to 52 kg
- over 52 to 60 kg
- over 60 kg

**Female**

**Weights:**

- up to 38 kg
- over 38 to 45 kg
- over 45 kg

**15-17 years old**

**Male**

**Weights:**

- up to 52 kg
- over 52 to 58 kg
- over 58 to 63 kg
- over 63 to 70 kg
- over 70 kg

**Female**

**Weights:**

- up to 45 kg
- over 45 to 50 kg
- over 50 to 55 kg
- over 55 to 60 kg
- over 60 kg

**18-35 years old**

**Male**

**Weights:**

- up to 54 kg
- over 54 to 63 kg
- over 63 to 71 kg
- over 71 to 80 kg
- over 80 kg

**Female**

**Weights:**

- up to 52 kg
- over 52 to 58 kg
- over 58 to 63 kg
- over 63 to 70 kg
- over 70 kg

**36-45 years old**

**Male**

**Weights:**

- up to 68 kg
- over 68 to 78 kg
- over 78 kg

**Female**

**Weights:**

- up to 55 kg
- over 55 kg

**46 years and older**

**Male**

**Weights:**

- up to 68 kg
- over 68 to 78 kg
- over 78 kg

**Female**

**Weights:**

- up to 55 kg
- over 55 kg

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#### **4. Team Sparring Competition**

Male and Female groups

**Divisions:**

- (A) Blue/Red belts 4<sup>th</sup> to 1<sup>st</sup> kup
- (B) Black Belts 1<sup>st</sup> to 6<sup>th</sup> degree

**Age Divisions:**

- (A) 12-14 years old – (1998, 1997, 1996)
- (B) 15-17 years old – (1995, 1994, 1993, 1992)
- (C) 18-35 years old – (1992 – 1975)
- (D) 36-45 years old – (1974 – 1965)
- (E) 46 years old and above – (1964 .....

**Duration of Bouts:**

- (A) Blue/Red Belts -1 round of 2 minutes
- (B) Black Belts - 1 round of 2 minutes

#### **DO NOT MIX COLOURED BELTS WITH BLACK BELTS**

Each Sparring Team (Male and/or Female of any degree and weight) must consist of a minimum of 3 and a maximum of 5 competitors and 1 reserve (optional).

#### **5. Pre Arranged Free Sparring**

##### **Black Belts ONLY**

Male, Female and/or Mixed Couples

**Age Divisions:**

- (A) 15-17 years old – (1995, 1994, 1993, 1992)
- (B) 18-35 years old – (1992 – 1975)
- (C) 36-45 years old – (1974 – 1965)

Pre free arranged sparring according to the pyramid system of elimination.

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## **6. High Jumping Competition**

**Male and Female groups**

**Divisions:**

- (A) Blue/Red belts 4<sup>th</sup> to 1<sup>st</sup> kup
- (B) Black Belts 1<sup>st</sup> to 6<sup>th</sup> degree

**Age Divisions:**

- (A) 12-14 years old – (1998, 1997, 1996)
- (B) 15-17 years old – (1995, 1994, 1993, 1992)
- (C) 18-35 years old – (1992 – 1975)
- (D) 36-45 years old – (1974 – 1965)
- (E) 46 years old and above – (1964 .....

**It is facultative for each competitor to attempt each item listed for his/her group**

**Items:**

- (A) Individual Flying high front kick
- (B) Individual Flying high side kick – **attention not long but high over obstacle**

**High jumping procedure:**

- A machine designed for the specific test will be used.
- After a red flag signal of the referee, each competitor and/or team member has sixty (60) seconds for each item in order to pre-judge the distance – compulsory and no touch allowed, followed by the attempt to move the board.
- An L-Stand forearm guarding block ready posture must be adopted before and after the attempt to move the board.
- Referees may disallow a break for failure to maintain the following:
  - Correct balance and posture throughout technique.
  - Correct attacking tool in the correct manner.
- Referees must examine each board before each attempt.
- Each fully moved board will count as two (2) points and each half moved board will count as one (1) point.
- The four highest scores will set 1<sup>st</sup>, 2<sup>nd</sup>, and two (2) 3<sup>rd</sup> place winners.

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## **7. Accommodation and catering**

The participants will be accommodated in three hotels (the price includes full board – breakfast, lunch and dinner):

### **1. Hotel Holiday Inn Bratislava \*\*\*\***

<b>PACKAGE PER PERSON</b>	<b>SINGLE ROOM 75 EURO/NIGHT</b>	<b>DOUBLE ROOM 58 EURO/NIGHT</b>
<b>4 DAYS/3 NIGHTS</b>	<b>225,00 EURO</b>	<b>174,00 EURO</b>
<b>5 DAYS/4 NIGHTS</b>	<b>300,00 EURO</b>	<b>232,00 EURO</b>
<b>6 DAYS/5 NIGHTS</b>	<b>375,00EURO</b>	<b>290,00 EURO</b>
<b>7 DAYS/6 NIGHTS</b>	<b>450,00 EURO</b>	<b>348,00 EURO</b>

### **2. City Hotel Bratislava \*\*\***

<b>PACKAGE PER PERSON</b>	<b>SINGLE ROOM 70 EURO/NIGHT</b>	<b>DOUBLE ROOM 48 EURO/NIGHT</b>
<b>4 DAYS/3 NIGHTS</b>	<b>210,00 EURO</b>	<b>144,00 EURO</b>
<b>5 DAYS/4 NIGHTS</b>	<b>280,00 EURO</b>	<b>192,00 EURO</b>
<b>6 DAYS/5 NIGHTS</b>	<b>350,00EURO</b>	<b>240,00 EURO</b>
<b>7 DAYS/6 NIGHTS</b>	<b>420,00 EURO</b>	<b>288,00 EURO</b>

### **3. Chopin Hotel Bratislava \*\*\***

<b>PACKAGE PER PERSON</b>	<b>SINGLE ROOM 70 EURO/NIGHT</b>	<b>DOUBLE ROOM 48 EURO/NIGHT</b>
<b>4 DAYS/3 NIGHTS</b>	<b>210,00 EURO</b>	<b>144,00 EURO</b>
<b>5 DAYS/4 NIGHTS</b>	<b>280,00 EURO</b>	<b>192,00 EURO</b>
<b>6 DAYS/5 NIGHTS</b>	<b>350,00EURO</b>	<b>240,00 EURO</b>
<b>7 DAYS/6 NIGHTS</b>	<b>420,00 EURO</b>	<b>288,00 EURO</b>

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## **8. Competitors – Team Competition Entrance fees:**

- Individuals: Euro 60,00
- Teams: Euro 50,00
- Team Pre Free Arranged Sparring: free of charge

## **9. Changes**

### **Entry Changes**

Please note that changes to entries made after the 3th deadline will incur a charge of **20 Euros** each. Once a competitor has entered an event(s) no refunds will be given if the competitor decides to withdraw from an event(s).

### **Weigh-In**

At registration on Wednesday October 20th 2010 and Thursday October 21th 2010, if any competitor has not made their weight they will be disqualified from that event.

## **10. Coaches**

Must wear either a training suit or a T-shirt and pants and running shoes while coaching.

Only one (1) coach of a country is allowed entering the coaching zone at the same time. Only a coach can present an official protest.

## **11. Umpires**

The organization committee shall cover a 6 days/5 nights hotel accommodation from Wednesday October 20<sup>th</sup> ,2010 to Monday October 25<sup>th</sup> ,2010 to ITF Qualified Umpires - 4<sup>th</sup> degree and above.

Umpires shall be accommodated in the Umpire hotel.

Each club will ensure at least one referee, otherwise it must pay a fee of 100 Euro.

### **Attention:**

- Extra days are to be paid by the indicated Umpires.
- Umpires shall share a double room accommodation.
- Those wishing a single room accommodation shall pay the difference of Euro 25,00 per day.

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## **12. Insurance**

The Organizer Committee is not responsible for any injuries. All participants should have full insurance coverage for accident.

## **13. Visa**

The organizing Committee will inform the Slovak Embassies and Consulates about the European open Cup. If you need a visa you must contact the Slovak Embassy or Consulate in your country. In case of any problems please contact the Organizing Committee.

## **14. Arrivals**

Arrivals on: Wednesday October 20<sup>th</sup>, 2010- 9.00- 21.00

Thursday October 21<sup>th</sup>, 2010- 9.00- 14.00

Attention !! ID Cards shall NOT be issued after Thursday therefore make sure that your arrival is on Thursday October 21<sup>th</sup> , 2010 or before.

All participants, supporters, coaches, umpires and others must proceed to the meeting point:

- City hotel Bratislava,
- Seberíniho 9
- 821 03 Bratislava
- Slovakia

At the meeting point payments of competition entrance fee and hotel accommodation shall take place and you shall receive the hotel voucher and the Championships ID Card.

After this procedure we shall take you to your designated hotel.

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## **15. Deadlines**

### **ACCOMMODATION:**

The 1st deadline is **20th August 2010** – up to this date we have to know exact number of participants.

The 2nd deadline is **5th of September 2010** – up to this date it is necessary to pay 60 % of total amount of accommodation to the account

**No.: 2755509656/0200**

**SWIFT code: SUBASKBX**

**IBAN code: SK13 0200 0000 0027 5550 9656**

**VÚB Bank**

**Mlynské nivy 1**

**829 90 Bratislava, Slovakia**

### **COMPETITORS APPLICATION:**

The 3th deadline is **5th October** – we have to know all details concerning competitors. E-mail: : [euopencup@gmail.com](mailto:euopencup@gmail.com)

Please complete the forms available at [www.euopencup.sk](http://www.euopencup.sk) or

[www.itfeurope.org](http://www.itfeurope.org).

Please ensure that the forms are filled out correctly, as mistakes will incur a further charge or result in disqualification.

Please note that changes to entries made after the 3th deadline will incur a charge of **20 Euro** each.