

C.T.F.I.

Rules of Competition

Coloured Belt and Black Belt

Regional, Provincial and Vice-National Competition

**Rules of Competition
Coloured Belt and Black Belt**

**Regional, Provincial,
Vice-National and National
Level Competition**

**Version 5.0
2010**



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Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition
Coloured Belt and Black Belt
Regional, Provincial and Vice-National Competition

January 1, 2008

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Version 5.0
(2010)

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Acknowledgements & References

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Canadian Taekwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

SECTION I – GENERAL

T 1. PURPOSE

The purpose of these rules is to elevate the quality of Taekwon-Do by scoring and detailing all important facets of competition and to provide an equal opportunity for all participants to show the ultimate of their abilities in friendly competition with one another.

T 2. APPLICATION

These are to be applied at every Regional, Provincial, Western Canadian / Eastern Canadian and National Championship, with the exception of the National Championships for Junior and Senior Black Belts which is governed by the ITF Rules of Competition. These rules apply to all male and female coloured belts and all black belts under the age of 15, except where stated otherwise.

T 3. OFFICIALS

The Juries, Referees and Judges, will be selected according to the rules of certified Umpires. Officials may be Red Belt or higher, 16 years of age or older.

All Black Belt competitors 16 years of age and older are **required** to officiate as **a condition of their registration**. Any such Black Belt competitor who does not fulfil his/her duties will be disqualified from the event with no refund or compensation of any monies paid, unless prior written arrangement has been approved by the Tournament Committee.

T 4. DUTIES

- a. One (1) Jury President will be seated at the Jury table, and will be responsible for decisions as written in the Umpire rules.¹
 - a. Minimum Class "B" CTFI certification required.²
- b. One (1) Centre Referee will be in the square to control the match.
 - a. Minimum Class "B" CTFI certification required.²
- c. Five (5) Judges for pattern and pre arranged free sparring will be seated in a line facing the competition.
 - a. Minimum Class "C" CTFI certification required.²
- d. Four (4) Judges for sparring will be seated at the four corners of the square. They will give points in accordance with their judgement.
 - a. Minimum Class "C" CTFI certification required.²
- e. One (1) Jury member will be seated at the Jury table to check time and indicate the beginning, end and continuation of each match.
- f. One (1) Jury member will be seated at the Jury table to keep match records.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

Note¹: For regional, provincial and vice national competition, Jury President and Jury Members may be volunteers as trained and appointed by the hosting committee.

In the event the positions of Jury President and/or Jury Member is undertaken by a volunteer, said volunteer will be responsible only for the administration of the results recording, bye sheets, recording of fouls and warnings and time keeping. All technical responsibilities, duties and obligations of ensuring that the match is conducted safely, fairly and in accordance to these rules becomes the responsibility of the Centre Referee, who, at such point, will act with the full authority of a Jury President, including such authorities as to disqualify a competitor.

Note²: Though all attempts to use certified CTFI Officials should be undertaken, in those instances where insufficient numbers of qualified Officials are present, Black Belt members of the appropriate age will be required to fulfill their conditions of registration and assist with the duties of officiating.

T 5 . COMPETITORS AND EVENTS:

Competitors are divided into the following divisions:

Age divisions:

Coloured Belts

- | | |
|--------------------|----------------------|
| a. 5-6 years old | b. 7-8 years old |
| c. 9-10 years old | d. 11-12 years old |
| e. 13-14 years old | f. 15- 17 years old |
| g. 18-34 years old | h. 35 – 45 years old |
| i. 46+ | |

Black Belts

- | | |
|-----------------------|----------------------|
| a. 8-9 years old | b. 10-11 years old |
| b. 12 – 13 years old | d. 14 – 17 years old |
| c. 18 - 34 years old | e. 35-45 years old |
| f, 46 years and older | |



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

Colour Belt Divisions:

Events:

- a. Individual Pattern
- b. Individual Sparring

Individual - Coloured Belt A/B Patterns and Sparring

- a. White Belt - Yellow Stripe
- b. Yellow Belt – Green Stripe
- c. Green Belt – Blue Stripe
- d. Blue Belt – Red Stripe
- e. Red Belt – Black Stripe

Individual - Black Belt

A. Patterns

- a. 1st Degree
- b. 2nd Degree
- c. 3rd Degree
- d. 4th to 6th Degree

B. Sparring

All Degrees

Competitors shall compete in the divisions laid down in the following rules. All competitors must be healthy and registered with their Provincial Organization.

In the event that these rules are deemed to be in conflict with the Official ITF Rules of Competition for Junior and Senior Black Belts, then the current ITF Rules of Competition will be acknowledged and accepted as the final authority, and all such actions will be based upon those rules.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

T 6. DRESS

- a. Officials must wear either the official Umpire's Uniform as laid down in the I.T.F. Umpires rules, or an ITF approved Dobok and Belt. Officials not wearing the appropriate attire, unless expressly permitted by the Tournament Committee, will be removed from service and disqualified from the tournament with no refund of any monies paid.
- b. Competitors, while competing must wear the "official approved" TKD dobok with badges officially approved by the provincial organization. The black belt must be of the official dimensions and must indicate the competitor's degree. Female competitors may wear a white T-shirt under the dobok jacket.
- c. Competitors are allowed, when not performing, to wear normal sportswear such as track suits, dressing gowns, training shoes, etc. however it is at the discretion of the Tournament Committee. For opening and closing ceremonies competitors may wear the official ITF dobok or training suit. No participant in the parade is permitted to carry cameras, flags, banners, etc...other than those authorised, on the field during the opening and closing ceremonies. Any participant committing a breach of the above regulations, will be liable to sanctions.
- d. Drinking of alcoholic beverages or smoking whilst wearing the dobok is prohibited.
- e. Sponsorship is allowed on the right or left sleeve measuring 5 x 8 cm

T 7. SAFETY EQUIPMENT AND PROTECTIVE WEAR

- a. Competitors **MUST** wear:
 - a. Red or blue coloured hand and feet safety equipment of an approved type.
 - b. Groin guards - must be worn inside the dobok trousers – male only.
 - c. Mouth guards
 - d. Head Guard – (14 years of age and younger only)
- b. Competitors **MAY**, optionally, wear the following:
 - a. Shin protectors.
 - b. Breast protectors (must be worn **INSIDE** the dobok jacket) (female only).
 - c. Groin guards must be worn inside the dobok trousers. (female only).
 - d. Head guard (Juniors only)
- c. These all being of a CTFI approved type consisting of elasticised material with sponge or rubber type padding and containing no metal, bone or hard plastic or similar hard material whatsoever, nor involving the use of zip, lace or stud fasteners.
- d. No other protective or safety equipment may be worn, except in special circumstances with the approval of the Tournament Committee.
- e. All competitors with injuries which require bandaging or strapping of any kind must satisfy either the Tournament Doctor or the Tournament Committee of their need, and obtain approval of type before performing i.e. no pins or hard material can be worn, neither can bandaging give extra support so that it constitutes an advantage to that competitor.
- f. No jewellery, watches or other adornments may be worn, hair may be kept in place using a material of a soft elastic nature only, no grips or slides are allowed.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

T 8. MEDICAL ATTENTION

One (1) Doctor(s), qualified First Aid personnel and ambulance shall be in attendance. Doctor's recommendations, with regard to competitors' further participation, following injury, must be adhered to.

Either One (1) Doctor or qualified First Aid personnel in possession of appropriate First Aid Equipment shall be in attendance. Recommendations given by Medical Care, with regard to competitors' further participation following injury, must be adhered to, Any athlete or coach attempting to disregard the decision of Medical Care will immediately be disqualified with no refund of any monies paid, and will be recommended to the CTFI Disciplinary Committee for further action.

Qualified First Aid shall be deemed to be anyone certified to the Red Cross or St, John's Ambulance Advanced Level or higher, including though not limited to: Doctors, Physiotherapists, Paramedics, First Responders, Professional First Aid Personnel, and those holding provincially accredited First Aid designations above the mere basic level.

T 9. INJURY LIABILITY AND INSURANCE – COMPETITORS

All competitors must be in possession of Personal Liability Insurance coverage for participating in the event as the host is not responsible for any eventuality and/or injury

T 10. INSURANCE – FOR EVENT

All hosts must ensure that the event booked has all the necessary competitor, volunteer, director and public liability insurance, fire / health certificates and Government licences that are required to host such events.

T 11. SQUARE

Square size will be a minimum of 7 by 7 metres floor space to a maximum of 9 by 9 meters. All rings for black belt competition must be of the same size, with preference given to the I.T.F. official standard of 9*9 meters.

A jig saw or similarly padded floor must be used at all times. In thee event that said floor is unavailable, the tournament host may make written request (60 days in advance of event) to the C.T.F.I Tournament Director for Authorization to Vary Ring Size. Said authorization may be granted at the Directors discretion and will be provided in writing no later than 30 days prior to the event.

The official Jury table is in front of the square.

T 12. RESULT RECORDING

All tournaments will have some form of visual display indicating the warnings, fouls and round numbers, as well as the name of the designated pattern to be performed. These visual displays must be situated at each ring for the benefit of participants and audience.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

T 13. DELEGATES

A delegate of the individual, school and/or team may be any person authorised by the Provincial Association. A delegate registers the competitors, submits the documents, lodges complaints and co-operates with the other officials at the competition.

T 14. COACHES

For individual or team competition there will be only one (1) coach close to the square. During the tournament, coaches must wear a training suit, gymnastic shoes and carry a towel. They will be seated at least one (1) meter away from the square. They must not interfere in the competition by action or words. **Only** officially accredited coaches are permitted to present an official protest.

"No Black Belts are allowed to coach coloured belt athletes under the rank of Red Belt. Family / school encouragement and support is acceptable, however care must be provided to ensure that there is no interference with the athletes or the match, and that no Black Belts are coaching the competitors."

January 1, 2008: This clause of Article T. 14 is currently of no effect and is suspended subject to further review and acceptance.

See CTFI Coaching Policy

Failure to abide by the above mentioned rules may render the coach liable to be disqualified from his advisory position, and asked to leave either the ringside or tournament premises.

T 15. AWARDS (Male and Female)

Individual

1st, 2nd and two (2) 3rd place winners are awarded with medals

Team

1st, 2nd and two (2) 3rd place winners are awarded with medals

T 16. OFFICIAL TERMINOLOGY

(A)	CHA RYOT	ATTENTION
(B)	KYONG YE	BOW
(C)	JUN BI	READY
(D)	SHIJAK	BEGIN
(E)	HAECHYO	SEPARATE
(F)	GAESOK	CONTINUE
(G)	GOMAN	END
(H)	JU UI	WARNING
(I)	GAM JUM	DEDUCTING POINTS
(J)	SIL KYUK	DISQUALIFICATION
(K)	HONG	RED
(L)	CHONG	BLUE
(M)	JUNG JI	TIME STOP
(N)	DONG CHON	DRAW
(O)	IL HUE JONG	FIRST ROUND



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition
Coloured Belt and Black Belt
Regional, Provincial and Vice-National Competition

January 1, 2008

(P) I HUE JONG SECOND ROUND

T 17. DIVISION OF COMPETITION

Competition is divided into INDIVIDUAL and TEAM match. Pattern and Sparring events will be decided by the pyramid tournament system. Pre-arranged free sparring events by the highest point obtained.

N.B.: Individual competitors may enter all items.

TEAM – Black Belt only

Both Junior and Senior Team matches are divided into:
Male Team Patterns Female Team Patterns

T 18. COMPETITORS NUMBERS – INDIVIDUAL AND TEAM

Any number of individual competitors may enter each item.
These competitors may be individuals or team members.

TEAM – Black Belt Only

A minimum of 5 competitors + 1 reserve (optional) must compete in Pattern competition.
Changes of the team competitors are not allowed once they have been indicated for the various team events.

T 19. ORDER OF MATCH

The progression of: Pattern, Sparring and Pre Arranged Free Sparring, should be followed where possible, but is subject to the requirements of the time and schedule of the tournament overall and may be modified upon need by the tournament director, in accordance with the best possible intent and subsequent operational requirements of said event.

T 20. WEIGHT CHECK

Checking the weight of competitors will not be earlier than 24 hours and not later than one hour before the sparring competition. Weight check is for Black Belt athletes over the age of 14 only; however, in the event that any athlete is believed to be over or under the required weight for his/her division, the Tournament Committee may require a spot weight check. Athletes not weighing within the prescribed weight for their **registered** category will be disqualified from competition with no refunds of any monies paid.

T 20a. CLOTHING ALLOWANCE

At the time of weigh in, each competitor shall be given a Clothing Allowance of up to (not to exceed) .5 kg in order to compensate for clothing worn during weigh in, and the subsequent weight of said competitors dobok. This weight is correlated with the average weight of a competitor's dobok.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

T 21. DRAW FOR ORDER OF COMPETING

Byes and draws for competitors and teams will be performed by random computer generation at least one week in advance and will be co-verified by the CTFI Tournament and Umpire Directors for validity.

Once the Draw has been made, a Master Registration List will be provided for coaches/instructors to **verify registered information**. At this time, the **ONLY** modifications accepted will be those of Administrative Exclusion or Error, that is, errors in data entry or assigning divisions made by the Tournaments Administrators.

NO changes will be allowed to information originally provided upon the Official Registration form after this date. All athletes and coaches are responsible to ensure that all information indicated on the Official Registration Form is accurate and complete. The tournament Host cannot and will not be held accountable for incomplete Registration Forms or forms indicating incorrect information. All athletes will be required to adhere to the information they provide on their Registration Forms.

T 22. ANNOUNCEMENTS

It will be announced in which square an event will take place and it is the responsibility of the competitors/teams to be close to the square so that they may compete without delay when called upon to do so. They will be called to the red or blue side of the square complete with any equipment (such as safety equipment) which they require. Should they not come forward immediately, they will be given one (1) minute to appear, at which time their name will be called for a second time. Should the individual/team still not come forward to the square within one (1) minute from the second call then they will be disqualified.

T 23. EQUIPMENT CHECK

Competitor's dobok and/or equipment check will take place outside of the square to ensure that they are of an officially approved type and that they are not defective. Should any item(s) not be satisfactory then they must be changed. The competitor/team has a maximum of three (3) minutes to change what is requested, following which he/she/they will be disqualified and the match points awarded to the opponent where appropriate.

T 24. COURTESY

Competitors must at all time bow to the Jury and also to each other at the beginning and end of each performance / match. Any competitor, coach, official or spectator conducting themselves in any manner deemed to be unsportsmanlike, disruptive or disrespectful will be disqualified and asked to leave the tournament site with no refund of any monies paid.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition
Coloured Belt and Black Belt
Regional, Provincial and Vice-National Competition

January 1, 2008

T 24. SPECIAL VARIANCES

In the best interest of sportsmanship, fairness, competitor safety and professionalism, there may occur, such rare circumstances outside of, or not addressed by, these rules.

In the event of a circumstance where the application of, or adherence to, these rules is prohibitive or not in the best interest of safety and fairness, a written Application for Variance to these rules may be presented to the Tournament Committee. Written application or variance must cite the rule for which the request applies, the reasoning for such request, and any supporting material necessary to provide full disclosure of the circumstances, and the desired outcome of the request.

In these circumstances, the Tournament Committee will convene to make the best decision in the interests of safety and fairness, without such regard as personal, school or instructor influence. At all times such decisions must be made in accordance with or with regard to the spirit of the ITF Rules of Competition and general principles of sportsmanship and fair play. When approved, written applications for variances are only valid for the current event or specified timeframe as prescribed in writing by the Tournament Committee. Acceptances of a written request for variance does not, nor shall it ever, constitute precedence or accepted common practice.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition
Coloured Belt and Black Belt
Regional, Provincial and Vice-National Competition

January 1, 2008

SECTION II - PATTERN

T 25. GROUPS

Male and Female.

T 26. ELIMINATIONS – INDIVIDUAL

Coloured Belts

The pyramid system of elimination will be used.

Competitors will compete 1 to 1 and will perform simultaneously one (1) optional Pattern.
The Judges will choose the best competitor to go forward to the next round.

Black Belts

The pyramid system of elimination will be used.

Black Belt competitors over the age of 14 will compete 1 to 1 and will perform simultaneously one (1) optional Pattern, followed by one (1) designated pattern.

Those Black Belt competitors under the age of 14 will compete 1 to 1 and will perform simultaneously one (1) optional Pattern.

The Judges will choose the best competitor to go forward to the next round.

T 27. PERFORMANCE AND DECISIONS – INDIVIDUAL

Coloured Belts

Each category (Belt and Stripe) shall compete with like rank. Optional pattern being any pattern from Chon-Ji up to the pattern of their rank. It is prohibited to perform a pattern of a rank higher than that possessed by the competitor;

Black Belts

- 1st degree will compete with 1st degree with the optional and designated Pattern being any one from CHON-JI to GE-BAEK.
- 2nd degree will compete with 2nd degree with the optional and designated Pattern being any one from CHON-JI to JUCHE.
- 3rd degree will compete with 3rd degree with the optional and designated Pattern being any one from CHON-JI to CHOI-YONG.
- 4th, 5th and 6th degree will compete with 4th, 5th and 6th degree with the optional and designated Pattern being any one from CHON-JI to MOON-MOO.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

In individual matches the following decisions will apply:

- i. When three (3) or more judges give a decision in favour of one competitor then that competitor is the winner.
- ii. When three (3) judges give a draw and two (2) judges give a decision in favour of one competitor then that competitor is the winner.
- iii. When two (2) judges give a decision in favour of one competitor and one (1) judge gives a decision for the other and two (2) judges give a draw, then the competitor with two (2) judges in favour is the winner.
- iv. When two (2) judges give a decision in favour of one competitor and the other two (2) judges give a decision in favour for the other, and one (1) judge gives a draw, then another designated Pattern (randomly selected from the remaining patterns allowable for the division) must be performed until the winner is decided.
- v. When one (1) judge gives a decision in favour of one competitor and four (4) judges give a draw, then another designated Pattern (randomly selected from the remaining patterns allowable for the division) must be performed until the winner is decided.

T 28. ELIMINATION – JUNIOR AND SENIOR – TEAM

The pyramid system of elimination will be used. Draw will decide which team performs first. From the second round of the draw a coin will be tossed to decide which team goes first. The winning coach of the toss decides which team performs as first. The judges will choose the better one to go forward to the next round.

T 29. PERFORMANCE AND DECISIONS – TEAM

Each Team (five (5) competitors) must perform together one (1) optional Pattern.
The optional and designated Pattern being any from CHON-JI to GE-BAEK.

They may line up in any format they choose and team members may perform movements individually, or together, as they choose, but it must be seen to be teamwork. For example: one team member may not perform moves of the Pattern on his own without the other team members following in unison.

In team matches the following decisions will apply

- i. When three (3) or more judges give a decision in favour of one team then that team is the winner.
- ii. When three (3) judges give a draw and two (2) judges give a decision in favour of one team then that team is the winner.
- iii. When two (2) judges give a decision in favour of one team and one (1) judge gives a decision for the other and two (2) judges give a draw, then the team with two (2) judges in favour is the winner.
- iv. When two (2) judges give a decision in favour of one (1) team and the other two (2) judges give a decision in favour for the other, and one (1) judge gives a draw, then another designated Pattern must be performed, until the winner is decided.
- v. When one (1) judge gives a decision in favour of one competitor and four (4) judges give a draw, then another designated Pattern must be performed, until the winner is decided.

T 30. OFFICIALS FOR PATTERN DIVISION

One (1) Jury President, two (2) Jury Members and five (5) Referees.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition
Coloured Belt and Black Belt
Regional, Provincial and Vice-National Competition

January 1, 2008

SECTION III - SPARRING

T 31. DIVISIONS

INDIVIDUAL

Male	Female	Male	Female
<u>4-5 years old</u> up to 21 kg over 21	up to 21 kg over 21kg	<u>14-17 years old</u> up to 52 kg over 52 to 58 kg over 58 to 63 kg over 63 to 70 kg over 70 kg	up to 45 kg over 45 to 50 kg over 50 to 55 kg over 55 to 60kg over 60 kg
<u>6 - 7 years old</u> up to 25 kg over 25	up to 25 kg over 25		
<u>8 - 9 years old</u> up to 32 kg over 32	up to 32 kg over 32	<u>18-34 years old</u> up to 54 kg over 54 to 63 kg over 63 to 71 kg over 71 to 80 kg over 80 kg	to 52 kg over 52 to 58 kg over 58 to 63 kg over 63 to 70 k over 70 kg
<u>10 - 11 years old</u> up to 40 kg over 40	up to 40 kg over 40		
<u>12- 13 years old</u> up to 40 kg over 40 to 45 kg over 45 to 52 kg over 52 kg to 60kg over 60kg	up to 40 kg over 40 to 45 kg over 45 kg to 52 kg over 52 kg to 60kg over 60kg	<u>35-45 years old</u> up to 68 kg over 68 to 78 kg over 78 kg	up to 55 kg over 55 kg
		<u>46 years and older</u> up to 75 kg over 75 kg	up to 55 kg over 55 kg

Individual Sparring categories must consist of at least three (3) competitors. In case of only one or two (1 or 2) competitors in either a weight or belt rank category, he/she/they shall be given the option of competing in another weight category and or belt category, as suggested by the Tournament Committee. If the athlete chooses not to compete in the offered division, he/she has the option to withdraw from the competition.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition
Coloured Belt and Black Belt
Regional, Provincial and Vice-National Competition

January 1, 2008

T 32. DURATION OF BOUTS & DECISIONS

Individual elimination and final bouts will be for:

- a. Coloured Belts - (1) round of two minutes (2 min)
- b. Black Belts - Elimination. One (1) round of two minutes (2 min)
- Finals. Two (2) rounds of two (2) minutes with a one-minute break between rounds. (2*2 min)

In individual matches the following decisions will apply:

- i. When three (3) or four (4) corner referees give a decision in favour of one competitor then that competitor is the winner.
- ii. When three (3) or four (4) corner referees say that it is a draw then a further one (1) minute round will take place.
- iii. if this results in a further draw then the first scored point will decide who is the winner.
- iv. When two (2) corner referees give a decision in favour of one competitor (two (2) for one competitor + one (1) for the other + one (1) given it as a draw or two (2) for one competitor + two (2) giving it as a draw) then that competitor is the winner.
- v. When two (2) corner referees give a decision in favour of one competitor and the other two (2) corner referees give a decision in favour of the other competitor then a one (1) minute extension will follow.
- vi. If at this time it results in a further draw then the first scored point will decide who is the winner.
- vi. When three (3) corner referees give a decision in favour of one competitor in case of the first scored point bout then that competitor is the winner.

T 33. TARGET AREA

- a. Head at the front and sides but not at the back.
- b. Trunk of the body from shoulder to navel vertically and from a line drawn from the armpit vertically down to the waist on each side (that is frontal area only, excluding the back). Legal Targets do not include the neck and/or throat.

T 34. POINT AWARDS

- a. One (1) point will be awarded for:
Any hand attack directed to appropriate target
- b. Two (2) points will be awarded for:
Any foot attack directed to mid section.
- c. Three (3) points will be awarded for:
Any foot attack directed to high section.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

T 35. SCORING PROCEDURE

In competition a technique is valid when:

- a. it is executed correctly.
- b. it is dynamic, that is to say it is delivered with strength, purpose, rapidity and precision.
- c. it is controlled on the target.

T 36. DISQUALIFICATION

- a. Misconduct against officials or ignoring instructions.
- b. Heavy contact.
- c. Committing three (3) fouls.
- d. Any competitor being under influence of alcoholic beverages or drugs.

T 37. FOULS

One point will be deducted for the following offences:

- a. Loss of temper.
- b. Insulting an opponent in any way.
- c. Biting, scratching.
- d. Attacking with the knee, elbow or forehead.
- e. Attacking a fallen opponent.
- f. Attack to an illegal target with contact.
- g. Contact.

T 38. WARNINGS

Warnings will be assigned for the following offences:

- a. Attack to an illegal target.
- b. Stepping completely out of the ring (both feet).
- c. Falling down, whether intentional or not (this means any part of the body, other than the feet, touching the ground).
- d. Holding/grabbing/pushing.
- e. Leg sweeping.
- f. Faking a blow, pretending to be injured to gain an advantage.
- g. Intentionally avoiding sparring.
- h. Pretending to have scored a point by raising the arm, or making consistent and inappropriate noises

N.B.: The sum of three (3) warnings automatically means deducting one (1) point.

If an athlete is pushed out of the ring with intent (without undergoing a technique or making any overt defensive or offensive movement) then he will not receive a warning.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

T 39. INJURY

- a. When a competitor is injured, the Centre Referee must stop the match and call the Doctor. At the moment the doctor is in front of the injured competitor, he has a maximum of two (2) minutes to diagnose, treat the wounds and decide about the match and competition continuation.
- b. When a competitor cannot fight on because of Doctor's decision:
 - i. he/she is the winner if his opponent is responsible;
 - ii. he/she is the loser if his opponent is not responsible.
- c. An injured competitor that is unfit to fight, cannot continue for the time/day(s) set according to the Doctor's decision.
- d. A competitor that refuses to accept the Doctor's decision will be disqualified and taken out of the competition.
- e. If two competitors injure themselves at the same time and both are unfit to fight, according to the Doctor's decision, the winner is the contender that has more scored points at that moment. If the competitors are even, the Ring Council will decide about the bout.

T 40. BOUT PROCEDURE - INDIVIDUAL

Competitors will commence the bout on the start positions each with a red or blue pair of hand and feet equipment to differentiate between them. At the command of the Centre Referee the competitors bow in turn to the Jury table and then to each other.

The Centre Referee will then start the Sparring with the command "SHI-JAK" and the competitors continue to spar until the Referee issues the command "HAECHYO". At this point the competitors cease to spar and remain where they are until restarted. On completion of time an audible signal will warn the Centre Referee, but the bout only ends on the final comment "GOMAN" by the Centre Referee. The reverse for bowing will ensure and the result will be declared.

In a draw situation warnings and/or minus points are not carried forward. If a competitor leaves the square they must re-start one (1) metre inside the square.

T 41. TIMING

On the first "Shi-Jak" (Start) command from the Centre Referee the timekeeper starts the clock until full time, unless the Centre Referee calls for a "time out" by saying "Jung-Ji". At this time the timekeeper stops the clock until the next "Gae-sok" (Continue) command is given.

T 42. OFFICIALS FOR SPARRING COMPETITION

One (1) Jury President, two (2) Jury Members, one (1) Centre Referee and four (4) Corner Referees.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

SECTION IV – POWER

T 43. DIVISIONS

Male and Female Groups.

It is optional for each competitor to attempt each item listed, for his/her group.

JUNIOR AND SENIOR

MALE

- a.- Ap-Joomuk Jirugi
- b.- Sonkal Taerigi
- c.- Yopcha Jirugi
- d.- Dollyo Chagi
- e.- Bandae Dollyo Chagi

FEMALE

- b.- Sonkal Taerigi
- c.- Yopcha Jirugi
- d.- Dollyo Chagi

T 44. PROCEDURE

- a. A machine designed for the specific test will be used. The number of plastic boards for each item will be communicated in the Championships Official Invitation.
- b. In power breaking it is permitted to make one step forward, to slide, skip and or jump, an L-Stance forearm guarding block ready posture must be adopted before and after each attempt to break the board(s).
 - a. For Sonkal the strike may be either inward or outward.
- c. Breaking Procedure:
 - a. Competitor must go to each machine to indicate their preferred height for the boards and confirm adjustment.
 - b. Competitor bows to Centre Referee
 - c. Competitor adopts L-Stance Guarding Block posture.
 - d. Referee raises red flag to indicate the attempt may begin and the timer is starting. The competitor has Fifty (50) seconds in which to complete their judgement and attempt.
 - e. Competitor must prejudge the distance. Touching the board to measure is allowed but not required. However, only one measurement and one touch is allowed.
 - f. Competitor attempts the technique using proper attacking tool in the correct manner.
 - g. Competitor adopts L-Stance Guarding Block posture.
- d. Referees may disallow an attempt for failure to maintain the following:
 - a. Correct balance and posture throughout technique.
 - b. Correct attacking tool in the correct manner.
 - c. Violation of Breaking Procedure as indicated in these rules
- e. Referees must examine each board before each attempt.
- f. Each separated board will count as two (2) points and each bent board will count as one (1) point.
- g. The four highest scores will set 1st, 2nd and two (2) 3rd place winners.
- h. In the event of a tie the Jury President will select by drawing one item to be the "Tie-breaker". He will decide how many boards are to be used. The tied competitors will then carry on until the places are decided. The tied competitors will then carry on until the places are decided.

T 45. OFFICIALS FOR POWER BREAKING

One (1) Jury President, two (2) Jury Members and five (5) Referees.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition
Coloured Belt and Black Belt
Regional, Provincial and Vice-National Competition

January 1, 2008

SECTION V – SPECIAL TECHNIQUE

T 46. DIVISIONS

Male and Female Groups.

It is facultative for each competitor to attempt each item listed for his/her group.

JUNIOR AND SENIOR

MALE

- a.- Twimyo Nopi Ap Cha Busigi
- b.- Twimyo Nomo Yop Cha Jirugi
- c.- Twio Dolmyo Yop Cha Jirugi
- d.- Twimyo Dollyo Chagi
- e.- Twimyo Banae Dollyo Chagi

FEMALE

- a.- Twimyo Nopi Ap Cha Busigi
- b.- Twimyo Nomo Yop Cha Jirugi
- d.- Twimyo Dollyo Chagi

T 47. PROCEDURE

INDIVIDUAL

- a. A machine designed for the specific test will be used. Heights/length will be communicated in the Championships Official Invitation.
- b. Breaking Procedure:
 - a. Competitor bows to Centre Referee
 - b. Competitor adopts L-Stance Guarding Block posture.
 - c. Referee raises red flag to indicate the attempt may begin and the timer is starting. The competitor has Sixty (60) seconds in which to complete their judgment and attempt.
 - d. Competitor must prejudge the distance. Touching the board to measure is **NOT** allowed. Only one measurement is allowed.
 - e. Competitor attempts the technique using proper attacking tool in the correct manner.
 - f. Competitor adopts L-Stance Guarding Block posture.
- c. Referees may disallow a break for failure to maintain the following:
 - i. Correct balance and posture throughout technique.
 - ii. Correct attacking tool in the correct manner.
 - iii. Knocking over any or all of the hurdles.
 - iv. Touching the board at any time other than the actual break
- d. Referees must examine each board before each attempt.
- e. Each fully moved board will count as two (2) points and each half moved board will count as one (1) point.
- f. The four highest scores will set 1st, 2nd, and two (2) 3rd place winners.
- g. In the event of a tie the Jury President will select by drawing one (1) item to be the "Tie-breaker". He will decide how high/long the jump will be. The tied competitors will then carry on until the places are decided.

T 48. OFFICIALS FOR SPECIAL TECHNIQUES

One (1) Jury President, two (2) Jury Members and five (5) Referees.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition
Coloured Belt and Black Belt
Regional, Provincial and Vice-National Competition

January 1, 2008

SECTION VI – PRE ARRANGED FREE SPARRING

T 49. DIVISIONS.

Male, Female and/or Mixed Couples (Black Belts ONLY)

Note: All teams must consist of athletes in the appropriate age division. Specifically, no team may contain both an adult and a junior athlete.

JUNIOR AND SENIOR

T 50. Procedure

Two (2) participants follow a prepared scenario that enables them to skilfully exhibit a wide variety of techniques without fear of injury.

They shall participate according to the following rules and regulations:

- a. Competitors may be black belts from 1st to 6th degree.
- b. Competitors may be Male, Female and/or Mixed Couples.
- c. Duration of one (1) round: minimum 50 seconds – maximum 60 seconds.
- d. Pre arranged free sparring shall consist of movements as shown in the ITF Encyclopaedia, Manuals, CD Rom or as taught in the International Instructor Courses
- e. No protection may be worn.
- f. Teams shall compete once at a time collecting the scores from the five (5) referees.
- g. The eight (8) highest scored teams will set for the finals taking with them the scores obtained in the previous bout.
- h. The four highest scores out of the eight (8) teams will set 1st, 2nd and two (2) 3rd place winners.
- i. In the event of a tie teams will compete once more until the places are decided.

T 51. OFFICIALS FOR PRE ARRANGED FREE SPARRING

One (1) Jury President, two (2) Jury Members and five (5) Referees.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition Coloured Belt and Black Belt Regional, Provincial and Vice-National Competition

January 1, 2008

SECTION VII – DISPUTE PROCEDURE

T 52. PROTEST

- a. Only a Coach or Delegate can present a protest when a decision seems to violate the rules.
- b. Each protest must be written in the English language on the official protest form and presented to the Chairman of the Umpire Committee within five (5) minutes from the end of the match.
- c. The protest must be precise and circumstantial and must be accompanied by a tax that will be fixed by the Tournament Committee at the beginning of each tournament, in order to limit such protests to cases where decisions are really questionable.
- d. Only in cases where the Umpire Committee positively accepts the protest the tax will be returned to the coach.
- e. The Umpire Committee will then examine the circumstances of the protest and will decide:
 - a. to validate the match;
 - b. to repeat the match;
 - c. to assign the victory of the match to the loser;
 - d. to disqualify both competitors.
- f. In case of a protest the winner cannot compete again before the decision of the Umpire Committee has been made.

T 53. DECISIONS

- a. In order to give a decision the Umpire Committee may call on anyone else they desire to give evidence concerning the protest.
- b. On reaching a decision the Umpire Committee will notify all parties concerned of this decision.
- c. The Umpire Committee will at all times base their decision on the rules laid down in this document and their decision cannot conflict with the rules of this document.
- d. Video recording, audio recording and photographic recording are not permitted as evidence and as such, will not be considered nor viewed.

T 54. DISQUALIFICATION

Team Managers/Representatives or Individuals who persist in arguing against decisions made by the Tournament Committee may receive sanctions from the Tournament Committee. The Tournament Committee may, at their discretion, have the whole team, school or club or the individual, disqualified from and or all further events at the championship, with no refund of any monies paid. The Tournament Committee will consider the matter at a later date with a view to further action being taken.

T 55. TEAM/COMPETITOR WITHDRAWAL

In case of teams or individuals withdrawing from the championship as a protest then the following will result:

- a. automatic disqualification from that event which means no placing for that event, and therefore no medals.
- b. automatic disqualification from all further events at the championship.
- c. further disqualification from further events as decided by the C.T.F.I. Disciplinary Committee and the Directing Board of the C.T.F.I.



Canadian TaeKwon-Do Federation International C.T.F.I.

Rules of Competition
Coloured Belt and Black Belt
Regional, Provincial and Vice-National Competition

January 1, 2008

T 56. C.T.F.I. TOURNAMENT COMMITTEE

The C.T.F.I. Tournament Committee consists of:

- a. C.T.F.I. President,
- b. C.T.F.I. Technical Director,
- c. C.T.F.I. Director of Tournaments,
- d. C.T.F.I. Director of Umpires
- e. One (1) appointed member.

The Chairmen and members are appointed by the Directing Committee of the I.T.F.

T 57. COPIES OF RULES

A copy of both the C.T.F.I and I.T.F. Tournament Rules must be present and be accessible to all competitors and officials at all events governed by these rules.